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| --- | --- | --- | --- | --- | --- | --- |
|  | **Half term 1** | **Half Term 2** | **Half term 3** | **Half term 4** | **Half term 5** | **Half term 6** |
|  | Lesson1 | Lesson2 | Lesson1 | Lesson2 | Lesson1 | Lesson2 | Lesson1 | Lesson2 | Lesson1 | Lesson2 | Lesson1 | Lesson2 |
| **Y1** | FundamentalsMovementRun, jump, balance, agility | FundamentalsBall skillsThrow, catch | Gymnastics | Dance | FundamentalsRunning, jumping, throwing | FundamentalsHitting |
| **Y2** | FundamentalsMovementRun, jump, balance, agility | FundamentalsBall skillsThrow, catch | Gymnastics | Dance | FundamentalsRunning, jumping, throwing | FundamentalsHitting |
| **Y3** | FundamentalsSpeed AgilityCo-ordinationBalance | Att v Def | Playing by the rules | Gymnastics | Swimming | Healthy lifestyle | Swimming | Dance | Swimming | Athletics Develop skills/ competing | Swimming | Strikefield |
| **Y4** | FundamentalsSpeed AgilityCo-ordinationBalance | Swimming | Playing by the rules | Swimming | Dance | Healthy lifestyle | Dance | Healthy lifestyle | Team buildingOrienteering | AthleticsDevelop skills/competing | Strikefield | Net wallRacket |
| **Y5** | FundamentalsSpeed AgilityCo-ordinationBalance | Tag rugby | OfficiatingGamesleadership | Gymnastics | Dance/fitness | Healthy lifestyle | DanceFitness | Healthy lifestyle | Team buildingOrienteering | AthleticsDevelop skills/competing | Strike field | Net wallVolleyball |
| **Y6** | FundamentalsSpeed AgilityCo-ordinationBalance | Tag Rugby | OfficiatingGamesleadership | Gymnastics | Dance/fitness | Healthy lifestyle | DanceFitness | Healthy lifestyle | Team buildingOrienteering | AthleticsDevelop skills/competing | StrikeField | Net wallVolleyball |

**Oakfield Primary School Physical Education – we aim to develop the pupils to be a positive sports pupil by:**

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| --- | --- | --- |
| OAA-Team building | Health | Striking gamesNet gamesInvasion games |
| Athletics | Playing fairly |
| Dance | Leadership | Swimming |
| Gymnastics | Officiating | Fundamentals |

* Enjoy PE, experiencing a range of activities
* Playing fairly by the rules and be able to apply rules in different activities
* Leading our friends in different activities
* Developing in a broad range of physical activities
* Being physically active for sustained periods of time
* Engage in competitive sports and activities
* Understand how to be healthier and how to lead an healthy, active life outside of school
* Take part in after school clubs to help with my healthier lifestyle