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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Half term 1** | | **Half Term 2** | | **Half term 3** | | **Half term 4** | | **Half term 5** | | **Half term 6** | |
|  | Lesson  1 | Lesson  2 | Lesson  1 | Lesson  2 | Lesson  1 | Lesson  2 | Lesson  1 | Lesson  2 | Lesson  1 | Lesson  2 | Lesson  1 | Lesson  2 |
| **Y1** | Fundamentals  Movement  Run, jump, balance, agility | | Fundamentals  Ball skills  Throw, catch | | Gymnastics | | Dance | | Fundamentals  Running, jumping, throwing | | Fundamentals  Hitting | |
| **Y2** | Fundamentals  Movement  Run, jump, balance, agility | | Fundamentals  Ball skills  Throw, catch | | Gymnastics | | Dance | | Fundamentals  Running, jumping, throwing | | Fundamentals  Hitting | |
| **Y3** | Fundamentals  Speed Agility  Co-ordination  Balance | Att v Def | Playing by the rules | Gymnastics | Swimming | Healthy lifestyle | Swimming | Dance | Swimming | Athletics Develop skills/ competing | Swimming | Strike  field |
| **Y4** | Fundamentals  Speed Agility  Co-ordination  Balance | Swimming | Playing by the rules | Swimming | Dance | Healthy lifestyle | Dance | Healthy lifestyle | Team building  Orienteering | Athletics  Develop skills/competing | Strike  field | Net wall  Racket |
| **Y5** | Fundamentals  Speed Agility  Co-ordination  Balance | Tag rugby | Officiating  Games  leadership | Gymnastics | Dance/fitness | Healthy lifestyle | Dance  Fitness | Healthy lifestyle | Team building  Orienteering | Athletics  Develop skills/competing | Strike  field | Net wall  Volleyball |
| **Y6** | Fundamentals  Speed Agility  Co-ordination  Balance | Tag Rugby | Officiating  Games  leadership | Gymnastics | Dance/fitness | Healthy lifestyle | Dance  Fitness | Healthy lifestyle | Team building  Orienteering | Athletics  Develop skills/competing | Strike  Field | Net wall  Volleyball |

**Oakfield Primary School Physical Education – we aim to develop the pupils to be a positive sports pupil by:**

|  |  |  |
| --- | --- | --- |
| OAA-Team building | Health | Striking games  Net games  Invasion games |
| Athletics | Playing fairly |
| Dance | Leadership | Swimming |
| Gymnastics | Officiating | Fundamentals |

* Enjoy PE, experiencing a range of activities
* Playing fairly by the rules and be able to apply rules in different activities
* Leading our friends in different activities
* Developing in a broad range of physical activities
* Being physically active for sustained periods of time
* Engage in competitive sports and activities
* Understand how to be healthier and how to lead an healthy, active life outside of school
* Take part in after school clubs to help with my healthier lifestyle