**RHE Reception Long Term Plan**

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| **Half term and Topic Title** | **Topic** | **In this unit of work, pupils may learn…** | |
| **Autumn 1**  Me and My Relationships | **Relationships** | **Nursery**  Marvellous me!  I'm special  People who are special to me | **Reception**  All about me  What makes me special  Me and my special people  Who can help me?  My feelings |
| **Autumn 2**  Value Difference | **Relationships** | **Nursery**  Me and my friends  Friends and family  Including everyone | **Reception**  I'm special, you're special Same and different  Same and different families  Same and different homes  I am caring (formerly Kind and caring -1)  I am a friend (formerly Kind and caring, 2) |
| **Spring 1**  Keeping Myself Safe | **Health and Wellbeing** | **Nursery**  People who help to keep me safe  Safety Indoors and Outdoors  What's safe to go into my body | **Reception**  What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines)  Safe indoors and outdoors  Listening to my feelings  Keeping safe online  People who help to keep me safe |
| **Spring 2**  Right and Responsibilities | **Living in the wider world** | **Nursery**  Looking after myself  Looking after others  Looking after my environment | **Reception**  Looking after my special people Looking after my friends  Being helpful at home and caring for our classroom  Caring for our world  Looking after money (1): recognising, spending, using  Looking after money (2): saving money and keeping it safe |
| **Summer 1**  Being My Best | **Health and wellbeing** | **Nursery**  What does my body need?  I can keep trying  I can do it! | **Reception**  Bouncing back when things go wrong Yes, I can!  Healthy eating  My healthy mind  Move your body  A good night's sleep |
| **Summer 2**  Growing and Changing | **Health and wellbeing** | **Nursery**  Growing and changing in nature  When I was a baby  Girls, boys and families | **Reception**  Seasons Life stages - plants, animals, humans  Life Stages: Human life stage - who will I be?  Where do babies come from?  Getting bigger  Me and my body - girls and boys |