**RHE Reception Long Term Plan**

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| **Half term and Topic Title** | **Topic** | **In this unit of work, pupils may learn…** |
| **Autumn 1**Me and My Relationships | **Relationships** | **Nursery**Marvellous me!I'm special People who are special to me | **Reception** All about meWhat makes me specialMe and my special peopleWho can help me?My feelings |
| **Autumn 2**Value Difference  | **Relationships** | **Nursery**Me and my friendsFriends and familyIncluding everyone | **Reception**I'm special, you're special Same and differentSame and different familiesSame and different homesI am caring (formerly Kind and caring -1)I am a friend (formerly Kind and caring, 2) |
| **Spring 1**Keeping Myself Safe | **Health and Wellbeing** | **Nursery**People who help to keep me safeSafety Indoors and OutdoorsWhat's safe to go into my body | **Reception**What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines)Safe indoors and outdoorsListening to my feelingsKeeping safe onlinePeople who help to keep me safe |
| **Spring 2**Right and Responsibilities | **Living in the wider world** | **Nursery** Looking after myselfLooking after othersLooking after my environment | **Reception**Looking after my special people Looking after my friendsBeing helpful at home and caring for our classroomCaring for our world Looking after money (1): recognising, spending, usingLooking after money (2): saving money and keeping it safe |
| **Summer 1**Being My Best | **Health and wellbeing** | **Nursery**What does my body need?I can keep tryingI can do it! | **Reception**Bouncing back when things go wrong Yes, I can! Healthy eatingMy healthy mindMove your bodyA good night's sleep |
| **Summer 2**Growing and Changing  | **Health and wellbeing**  | **Nursery**Growing and changing in natureWhen I was a babyGirls, boys and families | **Reception**Seasons Life stages - plants, animals, humansLife Stages: Human life stage - who will I be?Where do babies come from?Getting biggerMe and my body - girls and boys |