

## Old Hutton CE Primary School

## **PE Curriculum Intent Statement**

Through accessing our PE curriculum from EYFS to Y6, our pupils will progressively build the knowledge and skills which will give them the **essential characteristics of being a physically capable, active and healthy child**:

- The ability to acquire new knowledge and skills exceptionally well and develop an in-depth understanding of PE.
- The willingness to practise skills in a wide range of different activities and situations, alone, in small groups and in teams and to apply these skills in chosen activities to achieve exceptionally high levels of performance.
- High levels of physical fitness.
- A healthy lifestyle, achieved by eating sensibly, avoiding smoking, drugs and alcohol and exercising regularly, as well as being aware of how to look after mental health.
- The ability to remain physically active for sustained periods of time and an understanding of the importance of this in promoting long-term health and well-being.
- The ability to take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others.
- Exceptional levels of originality, imagination and creativity in their techniques, tactics and choreography, knowledge of how to improve their own and others' performance and the ability to work independently for extended periods of time without the need of guidance or support.
- The ability to swim at least 25 metres before the end of Year 6 and knowledge of how to remain safe in and around water.
- A keen interest in PE. A willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extra-curricular sport.
- A passion for PE, fostered by our curriculum through learning from experienced teachers, experts and coaches and opportunities to directly engage in a wide range of PE/sports and healthy-lifestyle-promoting activities, events and competitions, including extra-curricular.

Set in the context of our Old Hutton School Whole Curriculum Intent Overview Statement and Guarantee to Learners, the detail of our own Old Hutton School PE Curriculum and how learning for our pupils progresses from EYFS to Y6 is described in the following documents:

- PE in EYFS
- PE Long Term Planning and Assessment KS1 & KS2 (Y1-Y6)

These documents include the EYFS Framework 2021 and National Curriculum (2013 & updates) statutory requirements and are informed by the Chris Quigley Essentials Curriculum. Progression is shown and assessed through KS1 and KS2 via the Milestones of learning to be reached (Milestone 1 = Y1/2, Milestone 2 = Y3/4, Milestone 3 = Y5/6); these Milestones are ambitious and aspire towards acquisition of mastery and depth of learning in each aspect of the subject. The EYFS and Long Term Planning and Assessment documents clearly set out the content of teaching and learning in the subject; are used by teachers to plan lessons to progressively build knowledge and skills; and used by teachers and learners to assess the depth of learning acquired.

For more information about our curriculum, examples of the implementation of our planning and demonstration of its impact through pupils' work, please get touch with us in school via: <a href="mailto:admin@oldhutton.cumrbia.sch.uk">admin@oldhutton.cumrbia.sch.uk</a>