

	TERM 1		TERM 2		TERM 3	
	HT1: Health & Wellbeing	HT2: Living in the Wider World	HT3: Relationships	HT4: Health & Wellbeing	HT5: Relationships	HT6: Living in the Wider World
Year 7	Transition to secondary school Diet, dental hygiene, exercise and how to make healthy choices	Enterprise skills and introduction to careers Challenging career stereotypes and raising aspirations	Diversity, prejudice and bullying including cyber bullying Managing on- and off-line friendships	The risks of alcohol, tobacco and other substances Managing puberty and the issues of unwanted contact and FGM	Self-esteem, romance and friendships Exploring family life	Making ethical financial decisions Saving, spending and budgeting our money
	HT1: Health & Wellbeing	HT2: Living in the Wider World	HT3: Relationships	HT4: Health & Wellbeing	HT5: Relationships	HT6: Living in the Wider World
Year 8	First aid and personal safety, focusing on road safety Alcohol and drug misuse and managing peer influence	Rights and responsibilities in the community Tackling age and disability discrimination	Tackling racism and religious discrimination, promoting human rights Online safety and digital literacy	Mental health and emotional wellbeing, including body image Managing change and loss Miscarriage	Introduction to sexuality and consent Introduction to contraception including condom and the pill Miscarriage	Evaluating value for money in services Risks and consequences making financial decisions
	HT1: Health & Wellbeing	HT2: Living in the Wider World	HT3: Relationships	HT4: Health & Wellbeing	HT5: Relationships	HT6: Living in the Wider World
Year 9	Peer pressure, assertiveness and risk, gang crime Dieting, lifestyle balance and unhealthy coping strategies	Understanding careers and future aspirations Identifying learning strengths and setting goals as part of the GCSE options process	Managing conflict at home and the dangers of running away from home Tackling homophobia, transphobia and sexism	Diet, exercise, lifestyle balance and healthy choices, and first aid	Relationships and sex education including healthy relationships and consent The risks of STIs, sexting and pornography	Planning and carrying out an enterprise project Reflecting on learning skills development in key stage 3
	HT1: Health & Wellbeing	HT2: Living in the Wider World	HT3: Relationships	HT4: Health & Wellbeing	HT5: Relationships	HT6: Living in the Wider World
Year 10	Transition to key stage 4 and developing study habits Mental health and ill health, tackling stigma	Understanding the causes and effects of debt Understanding the risks associated with gambling	Tackling relationship myths and expectations Managing romantic relationship challenges including break ups	Exploring the influence of role models Evaluating the social and emotional risks of drug use	Understanding different families and learning parenting skills Managing change, grief and bereavement Miscarriage	Preparation for work experience Evaluation of work experience and readiness for work
	HT1: Health & Wellbeing	HT2: Living in the Wider World	HT3: Relationships	HT4: Health & Wellbeing	HT5: Relationships	HT6: Living in the Wider World
Year 11	Promoting self-esteem and coping with stress Learning and revision skills to maximise potential	Understanding the college application process and plans beyond school Skills for employment and career progression	Personal values and assertive communication in relationships Tackling domestic abuse and forced marriage	Health and safety in independent contexts Taking responsibility for health choices	British values, human rights and community cohesion Challenging extremism and radicalisation	
	KS5					
	HT1: Health & Wellbeing	HT2: H and W Relationships	HT3: Health and Wellbeing	HT4: Living in the wider world	HT5: Living in the wider world	HT6: Living in the wider world
Year 12	Transition to KS5 L6-Understand radicalisation R2-Accepting feedback H4- Work Life Balance H5-Manage new places/fitting in H7-H12 addressing mental health	H16-STI's Rel' H17-Online S H18-A and Drugs H19-Online Dat' R3- P/pressure R1- Healthy R4-Ending Rel' R6-R9 Consent R13-Delaying P/h R14-17-Contra'	H1-Physical Health and wellbeing H2-Healthy Diet H3-First Aid H13-15-B/image/enhancement H19/L1-Safety in travel R11- Managing Pressure	L5-Online data (links to UCAS) L17-Careers and Personal Interests L18- Life and Work Enterprise L19-Accessing Further/Higher Ed' L24-Skill development (UNIFROG) L2/L3-Gap Year and travelling abroad	L5-Online data (links to UCAS) L17-Careers and Personal Interests L18- Life and Work Enterprise L19-Accessing Further/Higher Ed' L24-Skill development (UNIFROG) L3-Gap Year	L20-Workplace Health/Safety L21-Dataprotection L22-Bullying in the workplace L23-Human Resources L24-Skill development R19-Workplace Professionalism
	HT1: Living in the wider World	HT2: H and W Relationships	HT3: Relationships	HT4: Living in the wider world	HT5: Health and Well Being	

Year 13	L5-Online data (links to UCAS) L17-Careers and Personal Interests L18- Life and Work Enterprise L19-Acessing Further/Higher Ed' L24-Skill development (UNIFROG)	H16-STI's Rel' H17-Online S H18-A and Drugs H19-Online Dat' R3-P/pressure	R1 Healthy R4-Ending Rel' R6-R9 Consent R13-Delaying P/h R14-17-Contra'	R5-Physical and emotional abuse R12-Harassment R18-Relationships and aggressive R20-Carrying weapons R21-Forced marriages R22-FGM	L10-Renting and Accommodation L11-Plan a budget L12-Tax and N/I L14-Savings L15-Managing Debt H6-Registering with health service	H4-Worklife balance R11-Managing Pressure Learning and revision skills to maximize potential	
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