



PSHE Ground Rules



- Have respect for who people are and what they say.
- Listen when anyone is talking.
- Try to use the correct words for naming body parts and sexual activities.
- No personal questions.
- Don't name names: if you want to ask about or share a personal story or experience, you can speak in the third person about 'someone I know', 'a friend', 'a situation I've heard about/read about'.
- The 'right to pass', or not say anything if someone doesn't want to.
- Confidentiality: suggest that 'what is said in the room, stays in the room' and is not for discussion outside the lesson.

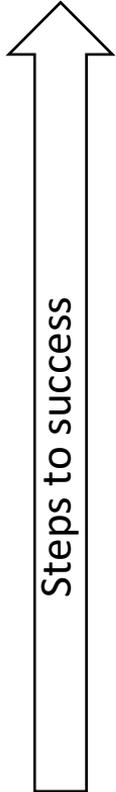
Today we will be learning about a sensitive issue: Female Genital Mutilation (FGM)

This is an important topic to learn about as it can harm young people, where they can be put in dangerous situations.

Remind yourself of our PSHE ground rules before we start...



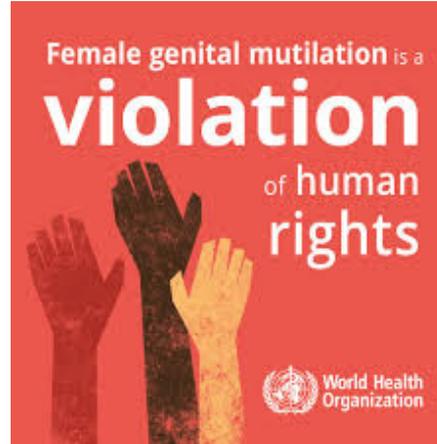
27th April 2021
Today I will learn about FGM



I can explain where and how somebody could get help and support about FGM

I can explain that FGM is illegal in the UK and why

I can understand what FGM is



S4S:

- Decision making
- Developing and maintaining a healthy self-concept
- Identifying and accessing help and support



Today I will learn about FGM



What is FGM?

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Female Genital Mutilation (FGM) - Female genital mutilation comprises all procedures involving partial or total removal of the external female genitalia or other injury to the female genital organs for non-medical reasons. It has no health benefits and harms girls and women in many ways - from the World Health Organization, 2011

Female Genitalia - The genital organs of the female. The female external genitalia comprise the pudendum, the clitoris, and the female urethra. The female internal genitalia comprise the ovaries, the Fallopian tubes, the uterus (womb), the cervix, and the vagina. It is parts of the external genitalia that is removed during FGM.

Circumcision - Circumcision is the surgical removal of the skin covering the tip of the penis. The procedure is fairly common for newborn boys in certain parts of the world, including the United States. FGM is sometimes referred to as “female circumcision”, but this does not account for the dangers around the practice.

Today we will learn about why this medical procedure is dangerous, why it is illegal, how to spot signs of concern and what can be done to help.

Steps to success



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Case study: Desert flower

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READING TASK:

Read through the extract in your booklet from a true story about a young woman called Waris

The practice of FGM was and is common in a number of countries across the world, and in communities of a range of different faiths. It is also most common with young girls in infancy to the age of 15.

- What was Waris going to have done?
 - What is female circumcision?
- Why do you think Waris was so keen to be circumcised?



Steps to success



What are the health risks of FGM?

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- loss of blood
- pain or shock
- difficulties in passing urine
- difficulties during menstruation
- infections
- increased risk of HIV infection
- complications in pregnancy and childbirth
- problems during sex
- psychological difficulties/problems

Not all girls or women who have undergone FGM experience health problems, in particular women who have had one of the less severe types of FGM.

FGM is illegal in this country but in other countries it is performed legally, or people turn a blind eye to what is going on. The procedures can be unhygienic and dangerous, as for Aman in the desert, who was circumcised by an old woman with a rusty razor blade.

Girls with more affluent families can be circumcised in a more hygienic medical setting, which reduces the risk of infection but still creates problems with the normal functioning of urination, having periods and having a baby.

It is performed in 28 African countries and in parts of the Middle East and Asia. Every year about three million girls are at risk of FGM in Africa alone. It can take place when the girl is a baby, during childhood, at puberty or at the time of a girl's marriage



What is the origin of FGM?

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- Nobody knows the real origin of FGM.
- It pre-dates Christianity and Islam. It may have begun in the time of the Pharaohs in Egypt and it was performed on some women in England before the 19th century as a way of stopping them having sex outside marriage.
- It can be done to prevent women from being unfaithful and/or enjoying sex

What has religion got to do with it?

- Nothing!
- Although FGM is practised by some Muslims and Christians in some parts of the world and many people believe it has a religious basis it is not required by Islam, Christianity or Judaism and is not in the Bible or Qur'an.
- Although Judaism considers circumcision essential to males, it does not require it for females.



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Religious views...

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Some religious views about female genital mutilation

“FGM is a harmful practice and a clear case of child abuse. It is a form of reverse racism not to protect these girls from barbaric practices that take from them for a lifetime their God-given right to an intact natural body.”

Dr Yunes Teinaz, the Islamic Cultural Centre

“Throughout the whole bible you will never find an example of female genital mutilation... [it] has neither biblical nor scientific proof of acceptance, rather it has harmful consequences... it is a non biblical ritual to practise FGM... I am beseeching the whole world to outlaw this practice once and for all.”

Pastor O Kifle, Eritrean Bethel Church UK



RETRIEVAL: KNOWLEDGE CHECK!



Questions:

1. Give two changes that happens during puberty for both boys and girls
2. What is FGM?
3. Give two examples of health risks around FGM

Answers:

1. Growth, Extra body hair, spots on the skin/face, changes to glands in the brain. Did you get anything else?
1. A medical procedures which removes parts of the external female genitalia for non-medical reasons.
1. Loss of blood, pain/shock, infections, complications with future pregnancies. Did you get anything else?



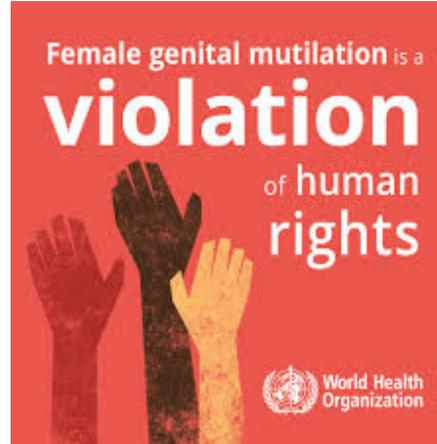
29th January 2021
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S4S:

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Think again: Short film

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You are going to watch a film about a young girl in this country who knows that her family want to take her back to their country of origin to be circumcised.

In your booklets, note down the arguments that seem to support the procedure and the arguments against.



Steps to success



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Think again: Feedback

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Suggestions:

Reasons given by people for performing FGMt:

Tradition; removing something 'dirty'; stop women 'sleeping around'; becoming a woman; bringing shame on the family if they don't have it done; no one would want to marry you; won't go to heaven; preservation of virginity; family honour; sense of belonging to a community; increased sexual pleasure for men; enhanced fertility; the clitoris will harm the husband during intercourse; a woman will become infertile without circumcision; her genitals will smell; the clitoris will continue to grow if not cut off

Reasons against FGM:

Reasons against FGM Illegal in the UK (and many countries); a human violation and loss of human rights for a young person; people can die from this procedure – severe loss of blood/severe pain and shock/infections/gangrene etc; complications when giving birth; very painful whilst being done, afterwards and in the future; increased risk of HIV; problems during sex; painful to urinate; difficulties passing urine; difficulties with periods; infections; trauma; removes natural body parts; the woman cannot experience sexual pleasure; FGM could cause infertility; not linked to religious faith, for example, not mentioned in the Koran or Bible; mutilation of the body.

Steps to success



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Myth or fact?

ANSWERS:

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TASK:

Read through the statements in your booklets.

Decide whether each statement is a fact or a myth and label each one.

- If not cut, the clitoris will continue to grow. **Myth**
- The clitoris stops growing after puberty. **Fact**
- The clitoris will harm the baby during delivery. **Myth**
- FGM may cause serious complications at childbirth. **Fact**
- Without FGM the woman will be infertile. **Myth**
- FGM can cause infertility. **Fact**
- Without FGM, the woman will smell. **Myth**
- FGM will not make the vagina more hygienic, in fact it can make it less hygienic. **Fact**
- The clitoris will harm her husband during intercourse. **Myth**
- The clitoris gives the woman pleasure and does not harm her partner. **Fact**

Steps to success



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Case study: Desert flower Pt 2

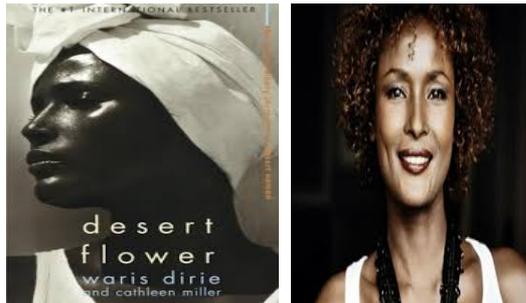
What happened?

Waris had FGM carried out at the age of five, by the removal of her clitoris and vulva, and then having the outer lips sewn together, leaving a small hole for urine and menstrual flow. She was then left alone to recover with her legs bound. She suffered horrific pain and infection and eventually ran away from home when her father wanted to marry her off to an old man. She finally arrived in England and became a successful model. She was able to have an operation to undo the stitches and she talked about how wonderful it was to be able to urinate and not have trouble with her periods. However, she can never experience the sexual pleasure of a clitoris. She is now a UN special ambassador for women's rights and has started her own foundation to raise awareness against female genital mutilation.

TASK:

Read through the 2nd part of the story.

In your booklets, note down your reflections on what Waris was saying e.g. What do you think about her own conclusions about her experiences?



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Further support...

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For help about any of the issues in today's lesson, talk to:

- A teacher, or member of school staff
- The FGM anonymous helpline 0800 028 3550 (24 hour)
- The police (call 999 if someone is in immediate danger)
- FORWARD, www.forwarduk.org.uk 020 8960 4000 (Mon - Fri, 9.30 - 6.00)

Finally, to end the lesson on a positive note, you have 2 minute to discuss any of the following topics:

- The most recent TV show you have watched
- The Sports results from the weekend
- What your plans are for the half-term break.



29th March 2020
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Self-Assessment

Which steps do you think you have achieved in today's lesson?

Explain how you know you have achieved them in your green pen.