

Orton Church of England Primary School

Orton, Penrith, Cumbria, CA10 3RG
 Email: head@orton.cumbria.sch.uk or
 admin@orton.cumbria.sch.uk
 Tel: (015396) 24268
 Friday 5th June 2026



Summer Term Part 2

I hope you all had a lovely half term break with that glorious weather. What a difference this week has been!!! We are a hardy bunch here at Orton CE School and we very rarely have a wet play but the rain has stopped play a couple of times this week!!

We are planning our second attempt at Sports Day next Tuesday so fingers crossed the weather plays ball!! As usual the second part of the Summer term promises to be busy! Lots of hard work and fun to be had in the last 6 weeks of the school year 2025/26!



We have had several reports of children running ahead of their parents, through the school gate and onto the road at the end of the school day. This could result in an awful accident that none of us would ever want. Please ensure your children STOP at the gate and wait for their adult before going onto the road.

FOOS Ice Cream Fridays!



FOOS Ice Cream Fridays are back starting this Friday! Bring your pennies for a cool after school treat. If children are in on the bus or in After School Club and would like an ice cream then please send them with

FOOS Summer Party & Duck Race—Date for your diary

As they have for many years FOOS are planning a Summer party for children and their families on Thursday 16th July. This is a free event which is always well attended. It is a lovely relaxed and happy event and of course the sun always shines!

FoOS will provide free hot dogs, drinks and ice pops.

They are asking for the following food donations:

Rowan: savoury snacks/crisps/breadsticks

Birch: potatoes/salads/veg sticks/fruits

Oak: Cakes/Sweets/Puddings

Don't miss this lovely family event!



Swimming Week

Our Second week of swimming is W/c 15th June. As usual we will be taking all the children to Woggle Goggle every afternoon that week. We really have found that the progress is amazing when the children go swimming everyday. Further details will follow in due course.



Stars

Our next Stars Assembly will be Friday 12th June at 2.50pm. Visitors are very welcome to join us in school for our Stars Celebration! We hope you can join us.



Parent and Carer Survey Results

Thank you to everyone who took the time to complete the Parent and Carers Survey. We had a very high response rate which is brilliant. Your views are important to us.

The governors have collated, analysed and discussed the results. They have put them together as a presentation to share with you. Please see the Parent Survey document accompanying this newsletter. This is also available on our school website.

<https://ortoncofeprimary.co.uk/parent-questionnaire>

Sports Day & Helpers

We are hoping to hold our Sports Day next Tuesday 9th June, weather permitting. We will do our best to make the decision as soon as possible so you can organise your day. Sports Day will be our usual format of running races and then a rotation of fun team events!

We will need some extra helpers particularly for scoring and at the finish line of the races. If you or anyone you know can lend a hand please let us know, it would be very much appreciated.



Summer Term Preparedness

It is important that the children come to school prepared for every weather in the Summer Term.

They need to bring a water bottle everyday and keep a sun hat in their bags for when the sun does shine. On the sunny days please apply sun cream in the mornings before coming to school. Children should not bring sun cream into school—they spend their whole playtimes applying sun cream and then don't get outside!! Please continue to send your children with a coat EVERY day as the weather often changes.



Diary Dates



All diary dates are subject to last minute change. More details will follow near the time.

Blue denotes new date

9/5/26	10am Sports Day —Fingers crossed!!
13/5/26	Greenholme Show
12/5/26	2.50pm Stars Assembly All welcome
W/c15/6/26	Swimming Week
22-26/6/26	Yr 5 & 6 Residential to Isle of Man
30/6/26	10am 2nd Reserve Sports Day
1/7/26	Yr 6 Moving up Art Session with Andi Taylor
8/7/26	Moving Up Day
	Settlebeck Transition Day
9/7/26	2pm Whole School Music Concert
10/7/26	9.15am Stars
15/7/26	2pm & 6pm End of Year Show
16/7/26	FOOS Summer Party
17/7/26	9.30am End of Term / Leavers Service
	End of Summer Term
2/9/26	9am Autumn Term Starts
W/c28/9/26	Swimming Week



Orton

After School Club

Activity programme for the 1st June 26 — 17th July 26



Day	Activity
Monday	Computer Club
Tuesday	Cooking Club
Wednesday	Active Kids Club
Thursday	Arts + Craft Club
Friday	Free Choice Friday



3:30—4:30 £3.50 3:30—5:30 £7.00

To help our After School Club team with planning and ensuring we have enough resources please make sure you book in advance through our email

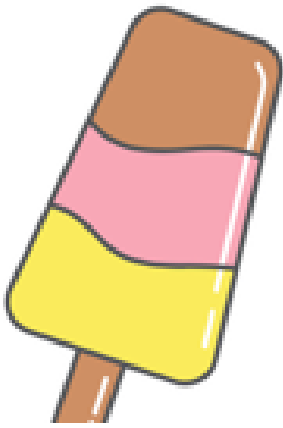
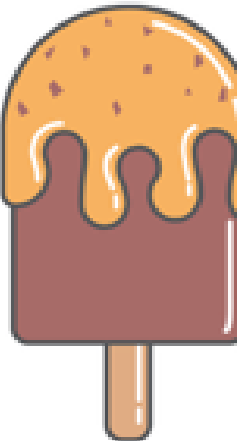
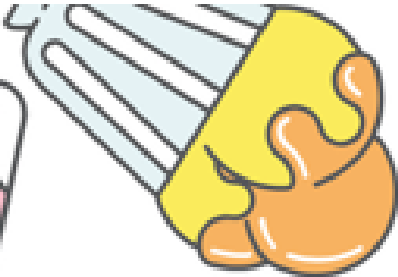
admin@orton.cumbria.sch.uk.



Services within Westmorland & Furness for Families

- For general information and advice on childcare, activities, and services for families, including: financial support, support relating to financial situation, parenting, cost of living and more - **07785 456 983** or **Family Information Service (FIS)** at fis@westmorlandandfurness.gov.uk
- If you need to report a child at **risk of significant harm**, contact the Westmorland & Furness Multi-agency Children's Hub on **0300 373 2724** – www.westmorlandandfurness.gov.uk/health-and-social-care/children-and-families/family-information-service
- If you would like to know more about **Early Help** or have concerns that are not immediate safeguarding risk, please contact the **Multi-Agency Children's Hub** – **0300 373 2723** – cumbriasafeguardingchildren.co.uk/early-help
- **Family Hub Barrow** - **01229 407384** or ReferralsBarrowFamilyHub@westmorlandandfurness.gov.uk
- **Family Hub Eden** - **01768 899901** or ReferralsEdenFamilyHub@westmorlandandfurness.gov.uk
- **Family Hub South Lakes** - **01539 713070** or referralssouthlakesfamilyhub@westmorlandandfurness.gov.uk
- **Ormsgill Family Hub** - **01229 408190**
- **HAF Team** - HAF@WestmorlandAndFurness.gov.uk
- **Warm Spots** - A Warm Spot offers a warm, welcoming space for people to visit this winter if they need it. They are run by a range of different organisations including churches, village halls, local councils and libraries. Tracy Cheesbrough at **01900 825760** or grants@cumbriafoundation.org
- The **Challenging Behaviour Foundation** has lots of advice, guidance and resources.
 - General enquiries: info@theCBF.org.uk or **01634 838739**
 - Information and support: support@theCBF.org.uk
 - Family Support Line: **0300 666 0126**
- **CAMHS crisis services:**
 - South Cumbria (including Millom) Freephone **0800 953 0110**
 - North and West Cumbria **0300 123 90150** or Freephone **0800 652 2865**
- **Youth Homeless** - Information for young people, or other people trying to help a young person, at risk of homelessness. Please contact the Safeguarding Hub - **0300 373 2724** (option 3)





ICE CREAM FRIDAYS

BRING YOUR PENNIES, BAG
A TREAT & FUNDRAISE FOR
YOUR SCHOOL

EVERY FRIDAY

FOOS WILL BE
SELLING ICE CREAMS
& LOLLIES FOR 50P
AFTER SCHOOL





ORTON SCHOOL SPORTS DAY

2026

Event Details:



Tuesday 9th June
2026



10 AM – 12 PM



On the School
Field

It will be weather dependent.
We will try to let everyone know
as early as possible if we are
going to postpone.
The forecast for Tuesday isn't
looking brilliant

Please bring some pennies
as there maybe a surprise
fundraising opportunity for
Ankoma!!!

CHILDREN WILL NEED:
School PE T-shirt and Shorts
Jumper/ Coat/ Trainers
Sun hat and a bottle of water
Please apply sun-cream
before school

Dear parent/carer,

Please find below a letter from Kooth about wellbeing support for students and families in Westmorland and Furness.

With schools returning following the Easter Holidays, we appreciate that for schools it becomes a busy period of time for schools, students and families. This is a letter to remind education staff and parents and carers about support available via Kooth.

Your child or young person can access [Kooth.com](https://kooth.com) for FREE, SAFE & ANONYMOUS support for their mental health. The registration process is quick and easy: simply select your location, month and year of birth, gender & ethnicity is optional, then create a username and password.

A large portion of our users on [Kooth.com](https://kooth.com) don't actually access it to speak with a professional. They are looking to develop their own independent skills to manage their mental health and stay mentally fit. A rainy day activity (let's face it, in the Lakes, it's never far away from a rainy day) could be to sit and explore the wellbeing activities, articles or forums together.

If they do need to speak to us, it's a live, typed-out conversation with one of our practitioners. The support they receive is accredited by the BACP, ensuring they are receiving safe help and guidance. If they don't want to speak to us live, they can send us a message with a question, statement or looking for advice. We'll get back to them in the next couple of days.

[Kooth.com](https://kooth.com) is for anyone in Westmorland and Furness aged 10 -25.

In addition, we have an exciting announcement...

From the **1st of April 2026**, Westmorland and Furness Public Health Team have commissioned our adult service, Qwell.

Similarly to Kooth, Qwell provides digital mental health support, resources and content via the platform: www.Qwell.io. Anyone over the age of 18, living in Westmorland and Furness can access the service - no referral is required, simply create an account and choose how you wish to access the service.

Whether it's for you, your friends, family members or colleagues, you can access FREE, SAFE & ANONYMOUS support for their mental health.

Similarly to [Kooth.com](https://kooth.com), [Qwell.io](https://www.Qwell.io) has access to self-help tools and resources, as well as live and non-live practitioner support via typed messages.

If you or your child need support this Easter, please don't hesitate to speak with us.

You can explore and learn more about services on Kooth and Qwell via: <https://connect.kooth.com/our-services>.

Kind Regards

Heather Hook, David Barthorpe and Ryan Whittaker

(The Kooth Team in Westmorland and Furness)

CUMBRIA CHILDREN'S SERVICES DIRECTORATE

SCHOOL TERM DATES 2025/2026

AUTUMN TERM 2025

STARTS	ENDS	HALF – TERM HOLIDAY
Wednesday 3 September	Friday 19 December	Monday 27 October – Friday 31 October

Number of school days in term – 73

SPRING TERM 2026

STARTS	ENDS	HALF – TERM HOLIDAY
Wednesday 7 January	Friday 27 March	Monday 16 February – Friday 20 February

Number of school days in term – 53

SUMMER TERM 2026

STARTS	ENDS	HALF – TERM HOLIDAY
Monday 13 April	Friday 17 July	Monday 25 May – Friday 29 May

Number of schools days in term – 64

**Good Friday – 3 April
Easter Monday – 6 April**

**Early May Bank Holiday
Monday 4 May**

Number of days in year – 190

INSET Days/Sessions

The 190 day school year identified above makes no provision for the additional 5 days non-contact time for which full-time teachers are contracted. Therefore, any INSET sessions should be arranged either outside the above school term dates or outside pupil hours.

The following dates are suggested as dates that could be used for INSET: -

Monday, 1 September 2025

Tuesday, 2 September 2025

Tuesday, 6 January 2026

Plus two others, to be locally determined.



Cumberland Neurodiversity and Emotional Wellbeing Service

Introducing the new Cumberland Neurodiversity and Emotional Wellbeing Service, providing advice, support and guidance for families at the earliest opportunity.



cumberland.gov.uk/NDandEW





What is the service?

The Neurodiversity and Emotional Wellbeing Service provides a Single Point of Contact (SPOC) where children, young people and families can access advice, early support, and signposting for neurodiversity and emotional wellbeing in one place. It will support children, young people, and families to understand and manage different ways of thinking and experiencing the world. This service is delivered through a partnership between Cumberland Council and local NHS organisations.

The service has:

- A Neurodiversity and Emotional Wellbeing section on the Cumberland Family Hubs website which has information, advice, and strategies to support families if they feel they need it.
- A single point of contact for parents, carers, young people, and professionals to contact the service to receive further advice and support.
- A new strength and needs assessment that can be completed with families to understand each child or young person and plan the right support.

The Service Team is made up of 2 Social Prescribers, 5 Support Workers, a Health & Wellbeing Coach, 3 Emotional Resilience Nurses, a Clinical Psychologist, and an Assistant Psychologist who can provide clinical support and guidance when needed.

The Service will run as a 12-month pilot from November 2025. It will focus on early intervention and prevention offering support as soon as needs are noticed.

Who is the service for?

Children and young people aged 0-19 (or 25 if there are known or suspected special education needs and disabilities):

- who live in the Cumberland and Eden* area,
- where there are concerns about unmet need relating to suspected neurodivergence and/or emotional wellbeing

**For children and young people living in the Eden area, signposting to follow-up support in the Westmorland and Furness Area will be provided, to ensure access to most appropriate local services*

We also welcome enquiries for children and young people who are:

- waiting for clinical services (e.g. diagnostic assessment for ADHD or autism)
- already have a neurodiversity related diagnosis, but could benefit from support in managing social and emotional wellbeing



Start your brass journey with us

JOIN MELODY MAKERS CLASS OF '25!

Tuesdays 5:00-5:45 pm
at Tebay Methodist Church CA10 3XB

We provide instruments, tuition + music
Friendly, Fun + Fabulous

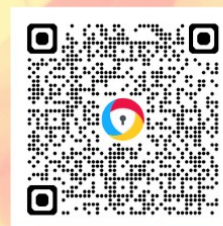
Musical experience is not necessary for this
group

Full band membership is £12/month

Visit <https://drumandbrass.co.uk/db-in-cumbria/>
or click on the QR code

Supported by the Frieda Scott Trust

**DRUM
+ BRASS**



FSCT
FRIEDA SCOTT CHARITABLE TRUST

Help with Childcare Costs in Before and After School Childcare

Tax Free Childcare

Tax-Free Childcare is a scheme open to working parents of children under 12 (or 17 if disabled) to help with childcare costs. For every £8 paid in, the government will pay in an extra £2, up to £2,000 (£4,000 if the child is disabled) per child per year.

How to apply?

www.gov.uk/apply-for-tax-free-childcare

Universal Credit for Childcare

Universal Credit is a payment to help with living costs. It is paid monthly. Parents can receive up to 85% of their childcare costs, the maximum amount a month is:

- £951 for one child
- £1630 for two children or more

Eligibility for Universal Credit childcare costs

Parents can only get Universal Credit childcare costs if:

- Are in paid work, or have accepted an offer of paid work (it does not matter how many hours you or your partner work)
- Pay for childcare for the relevant child or young person.

How to apply?

Apply at www.gov.uk/sign-in-universal-credit



There are lots of online parenting courses that Westmorland and Furness Council provide for free. Please feel free to access them at the link below. You will need the code WORDSWORTH to access some of them.

SOLIHULL APPROACH ONLINE MODULES.

[Online Learning \(heiapply.com\)](http://heiapply.com)

Parents/carers/grandparents/young people etc courses: CODE: WORDSWORTH

Understanding pregnancy, birth and your baby

Understanding your baby

Understanding your child

Understanding your teenager's brain

Understanding your child's feelings

Understanding your child's mental wellbeing

Understanding your child with additional needs

Understanding your relationships

Understanding your brain (for teenagers only!)



Orton CE Primary School Lockdown Procedure Extract for Parents

No.	Communication - BETWEEN PARENTS AND THE SCHOOL	Tick / Initial / Time
School lockdown procedures, especially arrangements for communicating with parents, will be routinely shared with parents either by newsletter or via the school website.		
13	In the event of an actual lockdown, any incident or development will be communicated to parents as soon as is practicable using the school website messaging facility. EP & VP have access to website and can do this remotely if not on site. Facebook and email can also be used.	
14	Parents should be given enough information about what will happen so that they: • Are reassured that the school understands their concern for their child's welfare, and that it is doing everything possible to ensure his/her safety; • Do not contact the school. Calling the school could tie up telephone lines that are needed for contacting emergency providers; • Do not come to the school. They could interfere with emergency provider's access to the school and may even put themselves and others in danger; • Wait for the school to contact them about when it is safe for them to collect their children, and where this will be from.	
15	Movement may be permitted within the building dependent upon circumstances but this must be supervised by a member of staff.	
16	Parents will be told: <i>'..the school is in a full lockdown situation. During this period the telephones and entrances will be un-manned, external doors locked and nobody allowed in or out...'</i>	

Qualifying for free school meals and school clothing vouchers

<https://www.westmorlandandfurness.gov.uk/schools-and-education/free-school-meals-and-clothing-vouchers#Contact>

If you already get free school meals and clothing grants you do not need to apply for each school year.

Free school meals are available to statutory school aged children attending full time education.

Full time education means full days from 9am to 3pm, private nurseries and further education colleges are not included.

Qualifying for free school meals and school clothing vouchers

When you can apply

To be eligible for free school meals, your family's annual household income must be no higher than:

- £22,700 for families outside of London with one child
 - £26,300 for families outside of London with two or more children
- This includes any wider income or support you may be getting and any earnings from employment.

You must also have less than £16,000 in savings, including any shares, investments and bank accounts - but not including your home.

Your child may be able to get free school meals if you receive any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit - Provided you're not also entitled to Working Tax Credit Also your annual gross income is no more than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if your household income is less than £7,400 a year (after tax and not including any benefits you get)
- children who get these benefits paid to them, instead of through a parent or guardian, can also claim free school meals.

Your child may also claim free school meals if you get any of these benefits and your child is both:

- younger than the compulsory age for starting school
- in full-time education
- free school meals are available to statutory school aged children attending full time education. Full time education is defined as full days from 9am to 3pm, this excludes private nurseries and further education colleges.

When not to apply

If you receive working tax credits you may not be eligible for free school meals or clothing grants.

To check please contact us. Call us: [0300 373 3300](tel:03003733300) Email: FSM.ClothingGrants@westmorlandandfurness.gov.uk

Apply for free school meals and school clothing vouchers

If you already get free school meals and school clothing grants you do not need to reapply for each school year.

[Apply for free school meals and school clothing vouchers](https://ems.westmorlandandfurness.gov.uk/CitizenPortal_LIVE/en) https://ems.westmorlandandfurness.gov.uk/CitizenPortal_LIVE/en

Where possible all parents and guardians should apply online. You will need to register on the Citizen Portal to do this. If you apply online, you will receive an immediate response telling you if you are eligible or not.

If you are unable to apply online, please contact the free school meals team using the contact details below

When another child starts school

Even if you are receiving free school meals and school clothing vouchers for your other children, you will need to apply for each child starting school for the first time, for example new starters in a reception class.



Lottery News

There are lots of reasons for our families to join the School Lottery:

1. It is easy
2. It is a good way to raise money for our school, with it costing our families from as little as £1 per week
3. One of our supporters wins a cash prize every week, the more supporters we have the more you win
 4. An added bonus of winning one of the national cash or gift prizes, this month, it is £1,000
5. If you refer your friends and family, you are also in with the chance to win an extra £200 Amazon voucher

We haven't heard that anyone has won any of the £25, 000 national prizes in July or August!

Well done to all our winners and thank you to those who have donated their winnings back. Also, a big thank you to our supporters. It is always great to see new people winning and also those who seem to win regularly!

This academic year, we have raised **£434.80**.

Since our launch in October 2014, we have raised an amazing **£9,000** for our 'Friends of Orton School'.

The School Lottery is an excellent fundraiser for our school - raising **just under £1000** per year to supplement the school budget! If you are interested in buying a ticket, and supporting our fundraising, please see the attached poster. If you are already a member please feel free to share with family members that might like to join.

Winners are announced weekly on our FOOS Facebook page.

Many thanks for your continued support.

Friends of Orton School (FOOS)

E-School Nurse Clinic

(By appointment only)

Twice weekly health support and advice for parents, carers and professionals who are supporting children and young people aged 5-19 years old.



Tuesday and Thursday

Telephone for an appointment

0300 304 9039

You will be able to talk to a school nurse, the contact will be private, secure and confidential. In consultation with you, the nurse will assess the child or young person's health problem and provide you with the support and advice needed.



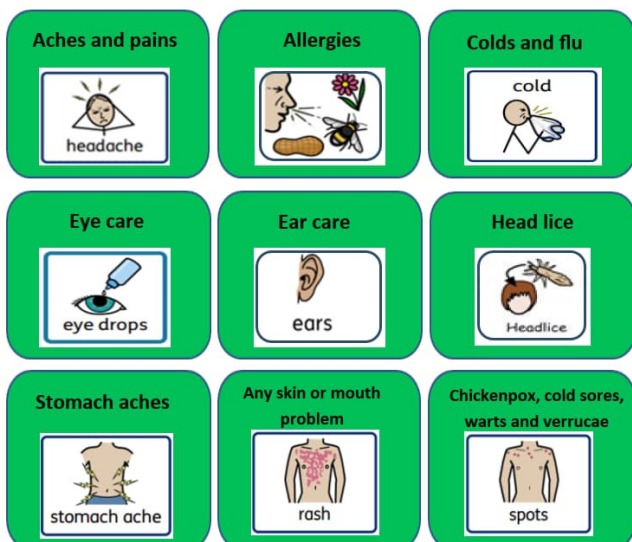
Westmorland
& Furness
Council



Free advice and treatment

Did you know your local pharmacy can help with minor illness? Just walk in and ask for advice.

Visit your pharmacy if you're suffering from:



Free advice and treatment

If you don't pay for your prescriptions you can get a wide range of medication free from your local community pharmacy.

Pharmacists are experts in the use of medicine and they can help you manage your minor illness.



DADPAD - App for new dads for advice and support

Dads-to-be in Lancashire and South Cumbria can now download the DadPad app for advice and support. The app is a useful resource before baby arrives and after baby is born, and is designed to be used as a quick, on-the-go reference tool, allowing new dads to enjoy their babies and feel more confident about fatherhood. The app covers topics such as:

- Feeding, holding, changing, and cleaning your baby
- Surviving without sleep and coping with crying
- Getting to know your baby
- Home safety and first aid
- Looking after yourself and supporting your partner.

The app is now free to download for parents in all Lancashire and South Cumbria postcodes.

[DadPad](#) | [DadPad app](#) | [Essential guide for new dads \(thedadpad.co.uk\)](#)