

A COMPARISON TABLE OF SYMPTOMS FOR SOME COMMON CHILDHOOD ILLNESSES.

Many things can cause a rash in babies and children that are often of no concern or need any further action. However as can be seen in the tables (2 pages) below for the most common childhood skin complaints, assessing can be confusing as common childhood conditions or illnesses often share the same symptoms. If you have any concerns about a child's rash always ensure you access appropriate medical advice.

Further information about rashes can be found at: <https://www.nhs.uk/conditions/rashes-babies-and-children/>

Symptoms	Chickenpox	Hand foot and mouth	Impetigo	Scarlet Fever	Tonsillitis (bacterial)	Tonsillitis (Viral)	Glandular Fever	Slapped cheeks	Measles
Fever	Y	Y	N	Y	Y	Y	Y	Y	Y
Sore Throat	N	Y	N	Y	Y	Y	Severe sore throat-tonsillitis getting no better	Y	N
'Spots' (Pus) on Tonsils	N	N	N	N	Y	N	N	N	N
Ache and Pains	Y	N	N	N	N	N	N	N	N
Mouth Ulcers	Red, pink spots inside the mouth	Y	N	N	N	N	N	N	Small white spots inside the cheeks and back of the lips
Loss of appetite	Y	Y	N	N	N	N	N	N	N
Flu like symptoms	N	N	N	Y	N	N	N	N	Y
Swollen neck glands	N	N	N	Y	Y	Y	Y	N	N
Tongue Symptoms	N	N	N	Swollen tongue-red covered in little bumps (strawberry tongue)	N	N	N	N	N
Earache	N	N	N	N	Y	Y	N	N	N
Nausea	N	N	N	N	Y	Y	N	N	N
Tiredness	N	N	N	N	Y	N	Extreme tiredness	N	N
Runny Nose	N	N	N	N	Y	N	N	Y	Y

Headache	N	N	N	N	N	N	N	Y	N
Sneezing	N	N	N	N	N	N	N	N	Y
Cough	N	N	N	N	N	N	N	N	Y
Red/sore watery eyes	N	N	N	N	N	N	N	N	Y
Bad breath	N	N	N	N	Y	N	N	N	N
Rash/Blisters	<u>Stage 1</u> Red, pink itchy spots anywhere on the body including inside the mouth. <u>Stage 2</u> Spots fill with fluid become blisters <u>Stage 3</u> Spots form a scab- some are flaky others leak fluid. Scabs fall off 1-2 weeks	Raised spots on hand/feet sometimes on thighs and bottoms. Pink spots become grey or white filled blisters. Blisters can be painful.	Red sores or blisters usually on exposed areas hands/feet Blisters burst leaving crusty(cornflake) Golden-brown patches Blisters can be itchy and sometimes painful.	Rash-small, raised bumps that feel rough like sandpaper. Rash not on face but face can appear red	N	N	N	Red rash 1 or both cheeks. Few days later spotty raised rash on arms and legs.	Spotty rash appears after a few days- starts on face and behind the ears Can spread to the rest of the body. Can join to form blotchy Patches. Rash non-itchy.

Key to responses:

'Y' and coloured green = Yes

'N' and coloured blue = No