

Five to Thrive



Barnardo's
Family Space

This is a live online course made up of four workshops, each lasting up to 2 hours.

This course will cover:

- Introduction to brain development and responding to your baby
- The importance of touch, treasure baskets and relaxing with your baby
- Making sense of the world and sensory play
- Language, communication and talking with your baby



Start date: 16 January 2024

To book
use
QR code
or link



This course is being delivered in a live virtual session and will be via Zoom

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<https://virtualfamilyspace.barnardos.org.uk>

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children
Barnardo's**