Year 10	Торіс	Keywords	Links to previous learning	Links to current wider curriculum
Autumn Term 1	 Mental health and wellbeing Child Sexual Abuse (CSE) Screen Time & Safe use of Mobile Phones Suicide (Thought and Feelings) Self Harm (Causes and Support available) Common Types of Mental III Health (Anxiety, Stress and Depression) Promoting Emotional Wellbeing 	 Sexual, Physical, Emotional, Neglect, Childline Technology, Addiction, Mental Health, Blue Light, FOMO, Echo Chambers, Filter Bubbles Self harm, Suicide, distressed, illness, symptoms Self Harm, Self-Poisoning, Self Injury, Sensitivity, Samaritans, CalmHarm App Misconception, Stigma, Tolerance, Anxiety, Depression, Trauma, Emotional Wellbeing, Mental Health Discrimination Act Wellbeing, Emotions, Cognitive Behavioural Therapy 	 KS3 (excluding year 9) I understand how to respect my own and others personal boundaries I understand the three key elements to giving consent I can effectively communicate with others in an assertive way I can define low and high self esteem and give examples I understand a range of issues that may impact my own self esteem I know a wide range of ways to boost my own self esteem To identify a wide arrange of different relationships I understand the differences between a friendship and a relationship I know how to respect the rights of others and celebrate our differences I regularly give other people compliments and try to be kind to others I can explain my strengths and explain why it is important to be aware of my own emotions I can explain how peer pressure impacts people of all ages I understand the various definitions for Health and Wellbeing 	 Link to Biology – biological responses (hormones). Link to Biology – genetics and reproduction. Health and social care

- I can identify healthy and unhealthy
habits people have
 I know a range of suggestions to improve
my own wellbeing
- I can explain what mental health is
 I can identify a range of mental health
symptoms
- I know how to look after my own mental
health and wellbeing
- I can define the term body image I
understand the pressures social media
and society places on body image
- I know ways to raise my own self esteem
and that of others
- I understand ways to boost self esteem
- I can explain how the media and peers
may impact my self esteem
- I can explain the importance of being
body confident
body connuclit
Year 9
- I know what bullying is
- I can explain how schools and charities
are helping to tackle bullying
- I understand the devastating impact
bullying has on society
- I can explain what grief is
- I understand the range of emotions
people may feel when grieving
- I know what I could do to try and help
support someone who is grieving
 I know how unrealistic the images I see
in the media are
- I can describe what it means to be body
positive and body neutral

			 I can explain the link between airbrushing and photo editing and self esteem I can identify the difference between high and low self esteem I can explain how things influence someone's self esteem I know a range of ways to manage my own self-esteem 	
Autumn Term 2	Rights and responsibilities 1. Instagram Generation 2. Targeted Advertising - Online 3. Marriage - What is it? (Forced Marriage) 4. Consumer Protection & rights 5. Rights and Responsibilities 6. Employment Rights 7. Understanding a Payslip	 Hyper filtered, Body image, Self Esteem, Vloggers, Streaming, Childline, Instagram, Selfie Contextual,, Geotargeted, Retargeted, Targeted, Advertisements, Pop Ups, ASA Marriage, Divorce, Love, Companionship, commitment, Cohabitation, Civil Partnership Sustainability, ethical, rights, responsibilities, Consumer, CAB, Office of Fair trading, Fairtrade Civil law, Criminal Law, Rights, Responsibilities, Moral, Political, Legal Employers, Employment tribunal, Equality Act 2010, Equal opportunities, Trade union, unfair dismissal 	 KS3 (excluding year 9) I understand how politics impacts my life I can describe the role of parliament I can explain the difference between living in a democracy and a dictatorship I can explain the differences between the two house of Parliament I can describe the role of a Local MP I can identify the features of a democratic country I can name five political parties I understand the difference between Labour and Conservative I know who can and cannot stand for political office I can explain how the Government is formed I understand the different types of elections held within the UK I can explain several reasons why voting is important I can recognise a wide range of views on a single topic 	 Links to KS3 Humanities - The Rise of Nazi Germany and The Holocaust (Democracy vs Dictatorship.) Link to English - Jack The Ripper and the rise of the Metropolitan Police Force in early Victorian England. Link to KS3 Humanities – Crime and punishment – 1500 to modern day. Link to KS3 Humanities – The Black people of America – from slavery to freedom.

BACS, Deductions Payslip,	- I understand the arguments for and	Link to Travel and
Net Pay, Gross Pay, National	against lowering the voting age	Tourism – UK
Insurance, Salary, Tax, NI,	 I can explain how Parliament is opened 	travel
Tax Code, PAYE	 I understand the differences between 	destinations.
	Parliament and Government	
	 I know what the insides of the Houses of 	
	Parliament look like	
	 I can explain how the PM became the 	
	Prime Minister	
	- I can explain the job responsibilities of	
	the Prime Minister	
	- I can explain the skills and qualities	
	needed to be Prime Minister	
	 I know the age of criminal responsibility 	
	in the UK and other countries	
	 I can explain how the criminal justice 	
	system treats young offenders - I can define legal rights and the rule of	
	law	
	- I can make difficult decisions	
	 I understand the qualities needed to be 	
	a leader I work well in a team	
	- I know what makes a good community I	
	try not to stereotype and pre judge	
	people	
	- I can define prejudice and discrimination	
	- I know why society needs laws I	
	understand how a bill becomes a law in	
	the UK	
	- I can explain recent law changes in the	
	UK	
	- I can name a wide variety of	
	punishments used in the UK Criminal	
	Justice System	
	 I understand the theories behind 	
	punishment	

- I understand the arguments for and
against the use of prisons
- I can work effectively as part of a team.
 I know what makes good team work and
leadership
 I can confidently pitch my ideas to an
audience
- I can describe my own self esteem
- I have aspirations and am looking
forward to the future
- I can describe what self love is
- I can identify a wide range of jobs
- I understand that each sector in society
contains many career opportunities
- I know how to plan for my future career
- I understand ways to boost self esteem
- I can explain how the media and peers
may impact my self esteem
- I can explain the importance of being
body confident
- I understand what Labour Market
Information is
- I can explain how Brexit may impact
local Labour Markets in the UK
- I can identify the main factors that
impact Labour Market Information
- I can identify a range of different UK Job
sectors
- I know the starting salaries of a range of
jobs
- I can explain my dream job or career
Year 9
- I know how unrealistic the images I see
in the media are

			 I can describe what it means to be body positive and body neutral I can explain the link between airbrushing and photo editing and self esteem I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories are damaging to society I can explain what online stress is I understand the link between mental health and social media usage I know how to keep my online data safe I understand how debt and borrowing money can impact on personal finance I am able to budget now and for the future I understand the meanings of a wide range of financial key terms I can explain the many advantages to having a bank account 	
Spring Term 1	Exploring relationships and sexeducation1.1.FGM2.Sexting 'Nudes3.Online Pornography (Myths vs Reality)4.Domestic Abuse and Domestic Violence5.Sexualisation of the media	 Social, Economic, Financial, Illegality, Culture, Elders, Mutilation, Infertility, Preventable Sexting, Nudes, Dick Picks, Peer Pressure, Consent, Revenge Porn, Consequences, Take Down Policy 	 KS3 (excluding year 9) I understand the challenges that puberty brings I am able to empathise with others who are about to go through puberty I know the emotional, social and physical changes that happen during puberty I know the physical changes that happen to girls bodies, inside and out 	 Health and social care. Link to Biology – biological responses (hormones). Link to Biology – genetics and reproduction.

 Unhealthy Relationships, Sexual Assault and Rape Porn and its impact on Society 	 Revenge Porn, Extreme Porn, Sexting, Child Pornography, illegal, sexual excitement, stimulation Coercion, Domestic Abuse, Domestic Violence, Intimidation, Emotional physical and sexual Abuse Social media influencers, Sexualisation, ASA, Mental Health, Body Image Sexual Assault, Rape, Genitals, Explicit, Consent, Abuse, Referral Centres Pornography, Culture, Sex, Illegal, Legal, Society, Revenge Porn, 	 I understand the range of feminine protection products available and how they work I understand the main things that happen to a girl during her menstrual cycle I can identify all parts of the male reproductive system I am able to empathise with boys who are going through puberty I know the physical and emotional changes that happen to boys during puberty I understand the causes of body odour and how to prevent it I can explain how personal hygiene links to a healthy body I understand how to achieve high standards of personal hygiene I know how to look after my best interests in the future I understand the dangers of FGM and how to stop it from happening I understand how to respect my own and others personal boundaries I understand the three key elements to giving consent I can effectively communicate with others in an assertive way I can define low and high self esteem and give examples I understand a range of issues that may impact my own self esteem 	• Health and social care
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- I know a wide range of ways to boost my
own self esteem
- I can explain why personal space is
important
 I understand what consent is and when
it is given
 I can respond to people and situations in
an assertive manner
- I know what it means to be a man
- I know the difference between a mans
man and a good man
- I am confident in showing my emotions
- I can recognise if I have unhealthy
friendships
- I understand the importance of not
disclosing too much information to
online friends
- I am a good friend most if not all of the
time
- Know how to make new friends
- I understand what I'm looking for in a
friend I understand the benefits of
having friends but also the risks of toxic
friendships
- To identify a wide arrange of different
relationships
- I understand the differences between a
friendship and a relationship
- I know how to respect the rights of
others and celebrate our differences
- I regularly give other people
compliments and try to be kind to others
- I can turn a problem into an opportunity
- I can explain my strengths and explain
why it is important to be aware of my
own emotions

- I can explain how peer pressure impacts
people of all ages
- I understand the best way to deal with
peer pressure I understand how
- I'm influenced and how my actions
influence others
- I know what good Relationships and Sex
Education is
- I am able to give good relationship
advice to others
- I can identify a range of rights that
should be respected in a relationship
- I know a range of conflict management
strategies
- I understand the different causes of
conflict
- I would be confident in diffusing future
conflicts
- I may have in my relationships
 Identify what a healthy relationship
looks and feels like
- Able to identify characteristics of an
unhealthy relationship
 Recognise how healthy the relationships
are that you have with others
- I can explain what love is
 I understand the expectations that form
a positive romantic relationship
- I can explain the many differences
between love and sex
Year 9
- I can identify and label all the external
parts of the female sexual anatomy
- I understand the law regarding FGM in
the UK

- Spring			 I understand the dangers associated with FGM and Know where to seek help and support I understand the requirements for consent I know the law in relation to consent, sexual assault and rape I understand the vital importance of consent I know a range of things to consider before engaging in sexual relations I can explain positive and negative reasons to have sex I understand the full range of consequences of making a relationship sexual I understand the main features that help to build a healthy relationship I know a range of non physical characteristics to look for in a partner I am able to evaluate if a relationship is positive and healthy or not I can recognise my own emotions and how I'm feeling I have an opinion about whether happiness exists or not 	
Spring Term 2	Violence, crimes and seeking safety 1. Honour Based Violence	 Honour, Respect, Equality, Dishonour, HBV, Domestic 	KS3 (excluding year 9) - I can explain why personal space is	 Health and social care
	2. Forced Marriage + Breast	Abuse	important	Care
	Ironing + Flattening	 Culture, Human Rights, 	 I understand what consent is and when 	
	3. Online Gambling (Games In	Forced Marriage, Breast	it is given	
	App Purchases)	Ironing, FMPO (forced	- I can respond to people and situations in	
	4. Social Media Validation	Marriage Protection Order)	an assertive manner	
		Forced Marriage Unit (FMO)		

 Keeping your data safe (social Networks) Causes of Knife Crime Modern Day Slavery 	 BBFC, PEGI, Debt, In-app purchases, Skin betting, Gaming Whales, loot boxes Validation, Addiction, Mental Health, Influences, Advertising, Youtubers, Vloggers Vishing, Phishing, Smishing, Fraud, Illegality, ID theft, Financial loss, Dark Web, Open Web Homicide, Wielded, Attempted Murder, Courts, Home Office, UK Drill Music Slavery, Human Trafficking, Coercion, abduction, illegal immigration, criminal gangs 	 I can explain how peer pressure impacts people of all ages I understand the best way to deal with peer pressure I understand how I'm influenced and how my actions influence others I listen to my gut feeling about online situations and choices I understand a wide range of risks associated with internet use I know how to reduce the risks associated with 'being online' I can define a gaming addiction I understand a range of risks associated with online gaming I understand the importance of reporting anything suspicious I see or hear online I know the risks associated with carrying a knife I understand the impact carrying a knife has on family and friends I would never resort to carrying a knife under any circumstance I know why society needs laws I understand how a bill becomes a law in the UK I can explain recent law changes in the UK I know what county lines is and some of the terminology used I understand how county lines gangs 	
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			 I can explain how gangs make people feel trapped I can recognise when a friend is involved with County Lines I understand the groups of people County line Gangs target and why I can define substance misuse and substance dependency I know how drugs impact the body I can identify a range of factors that may lead to someone abusing drugs I can spot a fake profile online I understand what online grooming is and how people may try to gain my trust in order to abuse it I know where to report online issues and to seek further advice and support Year 9 I can identify and label all the external parts of the female sexual anatomy I understand the dangers associated with FGM and Know where to seek help and support I can explain what online stress is I understand the link between mental health and social media usage I know how to keep my online data safe 	
Summer Term 1	Exploring British values1.Critical thinking & Fake News2.LGBT + British Values3.What is a cult4.Exploring British Values	 Fake News Conspiracy Theories, Critical thinking, Disinformation, Misinformation 	 KS3 (excluding year 9) I can name several anti-discrimination laws passed by the UK Government. I can name at least six protected characteristics 	 Health and social care English Links to KS3 Humanities - The

 Human Rights and their Importance Balancing Human Rights 	 Sovereignty, Homophobia Discrimination, tolerance, Rule of law, Prejudice Cult, tradition, religion, Values, manipulation, coercion Tolerance, values, Multicultural society, Social development, sovereignty UDHR 148, Council of Europe, ECHR, ECtHR, United Nations, HRA 1998 Rights, Responsibilities Amnesty International, absolute rights Non- Absolute rights , Justice 	 I can explain the difference between direct and indirect discrimination I can explain where stereotypical views come from I understand why it's important not to stereotype I don't judge people before I get to know them I can give examples of multicultural Britain I can explain why different groups have migrated to the UK over the past 60 years I can explain the positive impact migration has had on Britain I know the difference between prejudice and discrimination I understand how I can help support equality for all I can identify a range of characteristics that people are sometimes prejudiced by I can explain the importance of celebrating LGBT+ History Month I understand the meaning of LGBTQA+ I can define homophobia I understand a range of forms homophobia takes I understand why it's wrong to use homophobic language I am an Ally to the LGBT+ Community I understand how to support a friend in need I would be confident in challenging 	 Rise of Nazi Germany and The Holocaust (Democracy vs Dictatorship.) Link to English - Jack The Ripper and the rise of the Metropolitan Police Force in early Victorian England. Link to KS3 Humanities – Crime and punishment – 1500 to modern day. Link to KS3 Humanities – The Black people of America – from slavery to freedom. Link to Travel and Tourism – UK travel destinations
		need - I would be confident in challenging homophobic language if I heard it	

- I can recognise passive, assertive and
aggressive communication styles
- I know how to be assertive with
someone
- I feel well equipped to challenge
homophobic when I see it in school
 I understand what gender dysphoria is
- I understand the importance of
celebrating the LGBT+ Community
- I feel confident in talking about trans
issues to other people and using the
correct terms
- I know how to support someone coming
out
- I know where to go for extra information
and support regarding LGBT issues
- I understand the issues faced by
someone coming out
Someone coming out
Year 9
Year 9 - I know what a conspiracy theory is
- I know what a conspiracy theory is
 I know what a conspiracy theory is I understand what an extremist narrative
 I know what a conspiracy theory is I understand what an extremist narrative is
 I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories
 I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories are damaging to society
 I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories are damaging to society I can define extremism and terrorism
 I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories are damaging to society I can define extremism and terrorism I understand the different types of
 I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories are damaging to society I can define extremism and terrorism I understand the different types of extremism that exist I understand the
 I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories are damaging to society I can define extremism and terrorism I understand the different types of extremism that exist I understand the difference between extremism and
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 I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories are damaging to society I can define extremism and terrorism I understand the different types of extremism that exist I understand the difference between extremism and terrorism I understand what terrorism is and can give examples
 I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories are damaging to society I can define extremism and terrorism I understand the different types of extremism that exist I understand the difference between extremism and terrorism I understand what terrorism is and can give examples I can evaluate how terrorism makes me
 I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories are damaging to society I can define extremism and terrorism I understand the different types of extremism that exist I understand the difference between extremism and terrorism I understand what terrorism is and can give examples I can evaluate how terrorism makes me feel
 I know what a conspiracy theory is I understand what an extremist narrative is I understand why conspiracy theories are damaging to society I can define extremism and terrorism I understand the different types of extremism that exist I understand the difference between extremism and terrorism I understand what terrorism is and can give examples I can evaluate how terrorism makes me

			 I can define what being British means to me I understand a wide range of issues that impact young people in society I can explain why promoting British values helps to reduce extremism in the UK 	
Summer	Exploring world issue 1. World Issues - International	Sanctions, Agreements,	KS3 (excluding year 9)	Links to KS3 Humanities - The
Term 2	 World Issues - International Organisations World Issues 2 - Brexit World Issues 3 - Aid and Supporting other countries World issues 5 - Fair Trade World Issues 6 - Peace and War + Conflict Women's Rights #MeToo and Times Up Movement 	 democracy, NATO, EU, WTO, Commonwealth Brexiteer, Remainer, Europhile, Eurocrat, Democracy, Referendum, Independence, Sovereignty Free Trade, Fair Trade, Aid, NGO, Developing, Globalisation, Debt relief Fair Trade, Protest, Pressure Group, Government, Consumer, Producer, discrimination, forced labour Peace = A state where there is no war and fighting Equality, Suffrage, Suffragettes, Representation Act Activists, Movements, Sexual harassment, Sexual Assault, Misconduct Equality 	 I can give examples of multicultural Britain I can explain why different groups have migrated to the UK over the past 60 years I can explain the positive impact migration has had on Britain I understand the different forms hate crimes can take I can define islamophobia and understand some of the causes I know the hierarchy of discriminatory acts I understand how politics impacts my life I can describe the role of parliament I can explain the difference between living in a democracy and a dictatorship I can describe the role of a Local MP I can identify the features of a democratic country I can name five political parties I understand the difference between Labour and Conservative I know who can and cannot stand for political office 	 Humanities - The Rise of Nazi Germany and The Holocaust (Democracy vs Dictatorship.) Link to English - Jack The Ripper and the rise of the Metropolitan Police Force in early Victorian England. Link to KS3 Humanities – Crime and punishment – 1500 to modern day. Link to KS3 Humanities – The Black people of America – from slavery to freedom.

- I can explain how the Government is • Link to Travel ar
formed Tourism – UK
- I understand the different types of travel destination
elections held within the UK
- I can explain several reasons why voting
is important
- I can define the terms advocate and
devils advocate
- I can recognise a wide range of views on
a single topic
- I understand the arguments for and
against lowering the voting age
- I can explain how Parliament is opened
- I understand the differences between
Parliament and Government
 I know what the insides of the Houses of
Parliament look like
- I can explain how the Prime Minister
became the Prime Minister
- I can explain the job responsibilities of
the Prime Minister
- I can explain the skills and qualities
needed to be Prime Minister
- I know what makes a good community
- I try not to stereotype and pre judge
people
- I can define prejudice and discrimination
- I know why society needs laws
- I understand how a bill becomes a law in
the UK
- I can explain recent law changes in the
UK
- I can name a wide variety of
punishments used in the UK Criminal
Justice System

- I understand the theories behind
punishment
- I understand the arguments for and
against the use of prisons