



Year 11	Topic	Keywords	Links to previous learning	Links to current wider curriculum
Autumn Term 1	Adult health and looking after yourself 1. Organ donation and Blood Donation 2. Teenage Pregnancy - Choices 3. Physical Health - Cancer (Testicular) 4. Physical Health - Cancer (Cervical and Breast) 5. Abortion (Laws, Moral, Thoughts and Feelings) 6. RSE Love and Abuse	 Organ donation, Donor, transplant, Gene technology, Blood, Liver disease, Abortion, Miscarriage, Pregnancy, Fertility, Adoption, GP, Pregnancy Test Prostate Cancer, Testicular cancer, examination, malignant, tumours, self-examination, bladder Breast Cancer, self - examination, malignant, tumours, Cervical, Smear test, Ovarian Cancer Conception, abortion, Conceive, Contraception, Moral, Rights, Pro-life, Prochoice Coercion, Domestic Abuse, Domestic Violence, Intimidation, Emotional physical and sexual Abuse 	KS3 (excluding year 9) - I understand the challenges that puberty brings - I am able to empathise with others who are about to go through puberty - I know the emotional, social and physical changes that happen during puberty - I know the physical changes that happen to girls bodies, inside and out - I understand the range of feminine protection products available and how they work - I understand the main things that happen to a girl during her menstrual cycle - I can identify all parts of the male reproductive system - I am able to empathise with boys who are going through puberty - I know the physical and emotional changes that happen to boys during puberty - I understand the causes of body odour and how to prevent it - I can explain how personal hygiene links to a healthy body - I understand how to achieve high standards of personal hygiene - I know how to look after my best interests in the future	Link to KS4 (Options) Food Technology — Nutrition and diet. Link to Biology — biological responses (hormones). Link to Biology — genetics and reproduction.





- I understand a range of cultural practices that are illegal and damaging for young people - I understand the dangers of FGM and how to stop it from happening - I understand how to respect my own and others personal boundaries - I understand the three key elements to giving consent - I can effectively communicate with others in an assertive way - I can define low and high self esteem and give examples - I understand a range of issues that may impact my own self esteem - I know a wide range of ways to boost my own self esteem - I can explain why personal space is important - I understand what consent is and when it is given - I can respond to people and situations in an assertive manner - I know what it means to be a man - I know the difference between a mans
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man and a good man
- I am confident in showing my emotions
- I can recognise if I have unhealthy
friendships
- I understand the importance of not
disclosing too much information to
online friends





- I am a good friend most if not all of the time - Know how to make new friends - I understand what I'm looking for in a friend I understand the benefits of having friends but also the risks of toxic friendships - To identify a wide arrange of different relationships - I understand the differences between a friendship and a relationship - I know how to respect the rights of others and celebrate our differences - I regularly give other people compliments and try to be kind to others - I can turn a problem into an opportunity - I can explain my strengths and explain why it is important to be aware of my own emotions - I can explain how peer pressure impacts people of all ages - I understand the best way to deal with peer pressure I understand how - I'm influenced and how my actions influence others - I know what good Relationships and Sex Education is - I am able to give good relationship advice to others - I can identify a range of rights that should be respected in a relationship - I know a range of conflict management strategies	
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strategies	- I know a range of conflict management
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- I understand the different causes of conflict
- I would be confident in diffusing future conflicts
- I may have in my relationships - Identify what a healthy relationship
looks and feels like
 Able to identify characteristics of an unhealthy relationship
- Recognise how healthy the relationships
are that you have with others - I can explain what love is
- I understand the expectations that form
a positive romantic relationship - I can explain the many differences
between love and sex
Year 9
- I can identify and label all the external
I can identify and label all the external parts of the female sexual anatomy
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- I can explain positive and negative
reasons to have sex
- I understand the full range of
consequences of making a relationship
sexual
- I understand the main features that help
to build a healthy relationship
- I know a range of non physical
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characteristics to look for in a partner
- I am able to evaluate if a relationship is
positive and healthy or not
- I can explain what happiness looks like
for different people
- I can recognise my own emotions and
how I'm feeling
I have an opinion about whether
happiness exists or not
The second second
Year 10
- I can define the term Child Sexual Abuse
- I know why its important to speak out
against sexual abusers I know where to
get help if a friend or myself is being
sexually abused
- Understand the history of the mobile
phone
- To recognise the impact screen addiction
is having on society and the individual
- I can define the terms filter bubble and
echo chambers
- I know how to look out for a friend in
need





			 I understand the differences between self harm and suicidal thoughts I know a playlists of songs that make me happy I know the definition of self harm I can explain some of the triggers for self harm I know a range of ways to deal with stress, anger and trauma I can explain the difference between mental health and mental illness I understand the different ways mental illnesses can be categorized I know how to support someone with their mental health I can explain what emotional wellbeing looks like I know how to improve my emotional wellbeing I can reflect on different areas of my life and how I feel about them 	
Autumn Term 2	Your future and beyond 1. Time Management - Technology 2. LGBT (rights across the World) 3. Dealing With Exam Stress & Anxiety 4. Social Media Validation Vs Reality	 Addiction, FOMO, Blue Light, smart phone, Social media, Echo Chambers, Filter Bubbles Death penalty, Sharia law, Decriminalisation, Abolish 	 KS3 (excluding year 9) I can explain why personal space is important I understand what consent is and when it is given I can respond to people and situations in an assertive manner I can explain how peer pressure impacts people of all ages I understand the best way to deal with peer pressure 	 Link to KS4 Options Health and Social Care – Careers within health and social care sector/terms Link to Maths – limits of accuracy.



5. Writing a Personal Statement 6. CV Writing	Homosexuality, Discrimination Relaxation, stress and calmness Parasympathetic, Cortisol, Hormones, Meditation, Yoga, Diet Online Identity, Self Esteem, Addiction, Influencer, fake profiles Personal Statement, CV, Skills, Qualities, University, Achievements, applications Qualifications, Interests, hobbies, referees & work experience	 I understand how I'm influenced and how my actions influence others I listen to my gut feeling about online situations and choices I understand a wide range of risks associated with internet use I know how to reduce the risks associated with 'being online' I can define a gaming addiction I understand a range of risks associated with online gaming I understand the importance of reporting anything suspicious I see or hear online I know the risks associated with carrying a knife I understand the impact carrying a knife has on family and friends I would never resort to carrying a knife under any circumstance I know why society needs laws I understand how a bill becomes a law in the UK I can explain recent law changes in the UK I know what county lines is and some of the terminology used I understand where I can go for help if I feel threated by County Lines gangs I understand how county line gangs operate and the dangers of getting involved 	
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 I can explain how gangs make people feel trapped I can recognise when a friend is involved with County Lines I understand the groups of people County line Gangs target and why I can define substance misuse and substance dependency I know how drugs impact the body I can identify a range of factors that may lead to someone abusing drugs I can spot a fake profile online I understand what online grooming is and how people may try to gain my trust in order to abuse it I know where to report online issues and to seek further advice and support
Year 9 I can identify and label all the external parts of the female sexual anatomy I understand the law regarding FGM in the UK I understand the dangers associated with FGM and Know where to seek help and support I can explain what online stress is I understand the link between mental health and social media usage I know how to keep my online data safe





- I understand the concepts of hyper-
edited and hyper filtered media
- I know why social media is so popular
with young people
- I understand the negative impact social
media has on body image and self
esteem
- I can explain how geotargeted,
contextual and retargeted
advertisements work
- I can explain the role of the
Advertisement Standards Agency
- I know when I am being subjected to
targeted advertisements online
- I can explain what marriage is and what
it is not
- I can explain the law around Gay
Marriage in the UK and Europe
- I know a range of views on sex before
marriage
- I can identify unethical business
practices I know my consumer rights and
responsibilities
- I can explain how both consumers and
business can drive better working
practices
- I understand the duties of a citizen in the
UK
- I can identify many different rights and
responsibilities I have
- I can explain the difference between civil
and criminal law





			 I know a range of employment rights and responsibilities I know the minimum amounts per hour employees must be paid I understand the term 'Gender pay gap' I understand how to interpret a payslip I know how to work out Gross Pay and Net Pay on a payslip I am aware of all the deductions that are likely to come out of my salary when I'm older 	
Spring Term 1	1. Child on child Abuse 2. Fertility - what impacts it 3. Alcohol, Parties and Bad Choices 4. Importance of Sexual Health 5. Revisiting Contraception 6. Respect Love and Relationships 7. Revisiting STI's	 Peer abuse, Domestic Violence, Honour, CSE, Equality, Respect IVF, Gut Flora, Fertility, Insemination, Fertilisation, artificial Insemination, Sperm Bank, Surrogate Sexual Health, Anti-Social Behaviour, Drug Abuse, Binge Drinking, Units, Drink spiking, GHB, GBL Sexual Health, STI, Contraception, Sexual Health, Pregnancy IUD, Diaphragm, Patch, Injection, Contraception Ring, Abstinence, Condom, 	 KS3 (excluding year 9) I understand the challenges that puberty brings I am able to empathise with others who are about to go through puberty I know the emotional, social and physical changes that happen during puberty I know the physical changes that happen to girls bodies, inside and out I understand the range of feminine protection products available and how they work I understand the main things that happen to a girl during her menstrual cycle I can identify all parts of the male reproductive system I am able to empathise with boys who are going through puberty 	 Link to Biology – biological responses (hormones). Link to Biology – genetics and reproduction. Health and social care





Pill, Femidom Thrush, douche Sexual health, clinic, accessing services, fears, help disrespect, abuse, unhealthy, coercion Bacterial, virus, parasitic, STI, HIV,HPVv promiscuous, infection, g.u.m clinic, sexual health	
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- I can respond to people and situations in
an assertive manner
- I know what it means to be a man
- I know the difference between a mans
man and a good man
- I am confident in showing my emotions
- I can recognise if I have unhealthy
friendships
- I understand the importance of not
disclosing too much information to
online friends
- I am a good friend most if not all of the
time
- Know how to make new friends
- I understand what I'm looking for in a
friend I understand the benefits of
having friends but also the risks of toxic
friendships
- To identify a wide arrange of different
relationships
- I understand the differences between a
friendship and a relationship
- I know how to respect the rights of
others and celebrate our differences
- I regularly give other people
compliments and try to be kind to others
- I can turn a problem into an opportunity
- I can explain my strengths and explain
why it is important to be aware of my
own emotions
- I can explain how peer pressure impacts
people of all ages





- I understand the best way to deal with
peer pressure I understand how
- I'm influenced and how my actions
influence others
- I know what good Relationships and Sex
Education is
- I am able to give good relationship
advice to others
- I can identify a range of rights that
should be respected in a relationship
- I know a range of conflict management
strategies
- I understand the different causes of
conflict
- I would be confident in diffusing future
conflicts
- I may have in my relationships
- Identify what a healthy relationship
looks and feels like
- Able to identify characteristics of an
unhealthy relationship
- Recognise how healthy the relationships
are that you have with others
- I can explain what love is
- I understand the expectations that form
a positive romantic relationship
- I can explain the many differences
between love and sex
Year 9
- I can identify and label all the external
parts of the female sexual anatomy
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- I understand the law regarding FGM in
the UK
- I understand the dangers associated
with FGM and Know where to seek help
and support
- I understand the requirements for
consent
- I know the law in relation to consent,
sexual assault and rape
- I understand the vital importance of
consent
- I know a range of things to consider
before engaging in sexual relations
- I can explain positive and negative
reasons to have sex
- I understand the full range of
consequences of making a relationship
sexual
- I understand the main features that help
to build a healthy relationship
- I know a range of non physical
characteristics to look for in a partner
- I am able to evaluate if a relationship is
positive and healthy or not
- I can explain what happiness looks like
for different people
- I can recognise my own emotions and how I'm feeling
- I have an opinion about whether
happiness exists or not
Happiness exists of flot
Year 10
Teur 10





- I understand the dangers associated with FGM
- I can explain the economic and
social excuses made for committing
FGM
- I know how to support someone at risk
of FGM
- I can explain a range of possible
consequences linked to sending and
receiving sexts
- I know a good range of responses to a
request for a sext message
- I know where I can get further help and
support on issues related to sexting and
explicit images ending up online
<i>A</i>
Pornography are illegal - I understand the differences between
real life sex and Porn life sex
- I can explain the impact porn is having on
society and relationships
- I can describe what domestic abuse and
domestic violence is
- I understand a range of things that can
cause conflicts in a relationship
- I understand the barriers and coping
strategies for leaving an abusive
relationship
- I can describe the impact sexualization of
the media is having on society
- I know what a positive or healthy body
image is





			 I can explain why comparing myself to those I see in the media can damage my mental health and self esteem I can recognise what behaviours are unacceptable in a healthy relationship I can explain the law in regard to sexual assault and rape I know the important qualities to look for in a future partner that will keep me safe I understand why porn negatively influences peoples behaviours in society I can identify a wide range of issues that are under represented in porn I know what revenge porn is and the law surrounding it I can explain what marriage is and what it is not I can explain the law around Gay Marriage in the UK and Europe I know a range of views on sex before marriage I can define the term Child Sexual Abuse I know why its important to speak out against sexual abusers I know where to get help if a friend or myself is being sexually abused 	
Spring Term 2	Staying safe 1. Virtual Reality +	 Live Streaming, Augmented Reality, 	KS3 (excluding year 9) - I can explain why personal space is	•
	Live Streaming	Virtual Reality,	important	
	+Gaming Online	Gamergate, Addiction	- I understand what consent is and when	
	2. Drugs - Substance	Inhalants, huffing, vsa,	it is given	
	Addiction	addiction, nhs,	- I can respond to people and situations	
		experimental,	in an assertive manner	



3. Drugs - New	recreational,	- I can explain how peer pressure impacts	
Psychoactive	dependent, problem,	people of all ages	
Substances (Old	situation prescription	- I understand the best way to deal with	
Legal Highs)	drugs	peer pressure	
4. Drugs - Festivals	 Synthetic Cannabinoids, 	- I understand how I'm influenced and	
and Nitrous Oxide	NPS, United Nations,	how my actions influence others	
5. Drugs and the War	Synthetic , Chemistry,	- I listen to my gut feeling about online	
on Drugs	Replacements,	situations and choices	
6. Cosmetic and	Stimulants, Legal Highs,	- I understand a wide range of risks	
Aesthetic	Designer drugs	associated with internet use	
procedures	 Glastonbury, NPS, 	- I know how to reduce the risks	
7. Online Reputation	Laughing Gas, Euphoria,	associated with 'being online'	
and Digital	Nauseas, Disassociation	- I can define a gaming addiction	
Footprints	 Trafficking, drug mules, 	- I understand a range of risks associated	
	Products, end users,	with online gaming	
	manufacturers,	- I understand the importance of	
	Producers, farmers	reporting anything suspicious I see or hear	
	Botox, Lip Fillers,	online	
	Cosmetic Procedures,	- I know the risks associated with carrying	
	Breast augmentation,	a knife	
	Brest reduction,	- I understand the impact carrying a knife	
	Aesthetic	has on family and friends - I would never resort to carrying a knife	
	Online reputation,	under any circumstance	
	Digital Footprint,	- I know why society needs laws	
	Personal Branding, CV,	- I understand how a bill becomes a law	
	Censorship	in the UK	
		- I can explain recent law changes in the	
		UK	
		- I know what county lines is and some of	
		the terminology used	
		- I understand where I can go for help if I	
		feel threated by County Lines gangs	





- I understand how county line gangs
operate and the dangers of getting involved
- I can explain how gangs make people
feel trapped
- I can recognise when a friend is involved
with County Lines
- I understand the groups of people
County line Gangs target and why
- I can define substance misuse and
substance dependency
- I know how drugs impact the body
- I can identify a range of factors that
may lead to someone abusing drugs
- I can spot a fake profile online
- I understand what online grooming is
and how people may try to gain my trust in order to abuse it
- I know where to report online issues
and to seek further advice and support
V 0
Year 9
- I can identify and label all the external
parts of the female sexual anatomy
- I understand the law regarding FGM in
the UK
- I understand the dangers associated
with FGM and Know where to seek help and
support
- I can explain what online stress is
- I understand the link between mental
health and social media usage
- I know how to keep my online data safe









		 I know how to protect myself and my family from being a victim of online fraud I understand the impact of carrying a knife on me and others I can explain how to tackle the causes behind people carrying knifes I understand how to seek further advice and support in relation to knife crime I understand how to recognise modern day slavery I understand how human trafficking links to modern day slavery I understand which Human Rights are being abused due to modern day slavery 	
Summer Term 1	N/A	N/A	N/A
Summer Term 2	N/A	N/A	N/A