| Year 11 | Торіс | Keywords | Links to previous learning | Links to current wider curriculum |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Autumn Term 1 | Adult health and looking after yourself 1. Organ donation and Blood Donation 2. Teenage Pregnancy - Choices 3. Physical Health - Cancer (Testicular) 4. Physical Health - Cancer (Cervical and Breast) 5. Abortion (Laws, Moral, Thoughts and Feelings) 6. RSE Love and Abuse | Organ donation, Donor, transplant, Gene technology, Blood, Liver disease, Abortion, Miscarriage, Pregnancy, Fertility, Adoption, GP, Pregnancy Test Prostate Cancer, Testicular cancer, examination, malignant, tumours, self-examination, bladder Breast Cancer, self - examination, malignant, tumours, Cervical, Smear test, Ovarian Cancer Conception, abortion, Conceive, Contraception, Moral, Rights, Pro-life, Pro- choice Coercion, Domestic Abuse, Domestic Violence, Intimidation, Emotional physical and sexual Abuse | KS3 (excluding year 9) I understand the challenges that puberty brings I am able to empathise with others who are about to go through puberty I know the emotional, social and physical changes that happen during puberty I know the physical changes that happen to girls bodies, inside and out I understand the range of feminine protection products available and how they work I understand the main things that happen to a girl during her menstrual cycle I can identify all parts of the male reproductive system I am able to empathise with boys who are going through puberty I know the physical and emotional changes that happen to boys during puberty I understand the causes of body odour and how to prevent it I can explain how personal hygiene links to a healthy body I understand how to achieve high standards of personal hygiene I know how to look after my best interests in the future | Link to KS4 (Options) Food Technology – Nutrition and diet. Link to Biology – biological responses (hormones). Link to Biology – genetics and reproduction. |

| - I understand a range of cultural practices |
|---------------------------------------------------------------|
| that are illegal and damaging for young |
| people |
| - I understand the dangers of FGM and |
| how to stop it from happening |
| - I understand how to respect my own and |
| others personal boundaries |
| - I understand the three key elements to |
| giving consent |
| - I can effectively communicate with |
| others in an assertive way |
| I can define low and high self esteem and |
| give examples |
| I understand a range of issues that may |
| impact my own self esteem |
| - I know a wide range of ways to boost my |
| own self esteem |
| - I can explain why personal space is |
| important |
| - I understand what consent is and when |
| it is given |
| - I can respond to people and situations in |
| an assertive manner |
| - I know what it means to be a man |
| - I know the difference between a mans |
| man and a good man |
| - I am confident in showing my emotions |
| - I can recognise if I have unhealthy |
| friendships |
| - I understand the importance of not |
| disclosing too much information to |
| online friends |

| - I am a good friend most if not all of the |
|------------------------------------------------------------------------------|
| time |
| - Know how to make new friends |
| - I understand what I'm looking for in a |
| friend I understand the benefits of |
| having friends but also the risks of toxic |
| friendships |
| - To identify a wide arrange of different |
| relationships |
| - I understand the differences between a |
| friendship and a relationship |
| - I know how to respect the rights of |
| others and celebrate our differences |
| - I regularly give other people |
| compliments and try to be kind to others |
| - I can turn a problem into an opportunity |
| - I can explain my strengths and explain |
| why it is important to be aware of my |
| own emotions |
| - I can explain how peer pressure impacts |
| people of all ages |
| - I understand the best way to deal with |
| peer pressure I understand how |
| - I'm influenced and how my actions |
| influence others |
| - I know what good Relationships and Sex |
| Education is |
| I am able to give good relationship advice to others |
| - I can identify a range of rights that |
| should be respected in a relationship |
| - I know a range of conflict management |
| strategies |
| Sualegies |

| I understand the different causes of conflict I would be confident in diffusing future conflicts I may have in my relationships Identify what a healthy relationship looks and feels like Able to identify characteristics of an unhealthy relationship Recognise how healthy the relationships are that you have with others I can explain what love is I understand the expectations that form a positive romantic relationship I can explain the many differences between love and sex |
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| Year 9 I can identify and label all the external parts of the female sexual anatomy I understand the law regarding FGM in the UK I understand the dangers associated with FGM and Know where to seek help and support I understand the requirements for consent I know the law in relation to consent, sexual assault and rape I understand the vital importance of consent I know a range of things to consider before engaging in sexual relations |

| - I can explain positive and negative |
|---------------------------------------------------|
| reasons to have sex |
| - I understand the full range of |
| consequences of making a relationship |
| sexual |
| - I understand the main features that help |
| to build a healthy relationship |
| - I know a range of non physical |
| characteristics to look for in a partner |
| - I am able to evaluate if a relationship is |
| positive and healthy or not |
| |
| - I can explain what happiness looks like |
| for different people |
| - I can recognise my own emotions and |
| how I'm feeling |
| I have an opinion about whether |
| happiness exists or not |
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| Year 10 |
| - I can define the term Child Sexual Abuse |
| - I know why its important to speak out |
| against sexual abusers I know where to |
| get help if a friend or myself is being |
| sexually abused |
| - Understand the history of the mobile |
| |
| phone To recognize the impact screen addiction |
| - To recognise the impact screen addiction |
| is having on society and the individual |
| - I can define the terms filter bubble and |
| echo chambers |
| - I know how to look out for a friend in |
| need |

| | | | I understand the differences between self harm and suicidal thoughts I know a playlists of songs that make me happy I know the definition of self harm I can explain some of the triggers for self harm I know a range of ways to deal with stress, anger and trauma I can explain the difference between mental health and mental illness I understand the different ways mental illnesses can be categorized I know how to support someone with their mental health I can explain what emotional wellbeing looks like I know how to improve my emotional wellbeing I can reflect on different areas of my life and how I feel about them | |
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| Autumn Term 2 | Your future and beyond 1. Time Management Technology 2. LGBT (rights across the World) 3. Dealing With Exam Stress & Anxiety 4. Social Media Validation Vs Reality | Addiction, FOMO, Blue Light, smart phone, Social media, Echo Chambers, Filter Bubbles Death penalty, Sharia law, Decriminalisation, Abolish | KS3 (excluding year 9) I can explain why personal space is important I understand what consent is and when it is given I can respond to people and situations in an assertive manner I can explain how peer pressure impacts people of all ages I understand the best way to deal with peer pressure | Link to KS4 Options Health and Social Care – Careers within health and social care sector/terms Link to Maths – limits of accuracy. |

| Writing a Personal Statement CV Writing | Homosexuality, Discrimination Relaxation, stress and calmness Para- sympathetic, Cortisol, Hormones, Meditation, Yoga, Diet Online Identity, Self Esteem, Addiction, Influencer, fake profiles Personal Statement, CV, Skills, Qualities, University, Achievements, applications Qualifications, Interests, hobbies, referees & work experience | I understand how I'm influenced and how my actions influence others I listen to my gut feeling about online situations and choices I understand a wide range of risks associated with internet use I know how to reduce the risks associated with 'being online' I can define a gaming addiction I understand a range of risks associated with online gaming I understand the importance of reporting anything suspicious I see or hear online I know the risks associated with carrying a knife I understand the impact carrying a knife has on family and friends I would never resort to carrying a knife under any circumstance I know why society needs laws I understand how a bill becomes a law in the UK I can explain recent law changes in the UK I know what county lines is and some of the terminology used I understand how county line gangs operate and the dangers of getting involved | |
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| I understand the concepts of hyper- edited and hyper filtered media |
|---------------------------------------------------------------------------------------------|
| - I know why social media is so popular |
| with young people |
| - I understand the negative impact social |
| media has on body image and self |
| esteem |
| - I can explain how geotargeted, |
| contextual and retargeted |
| advertisements work |
| - I can explain the role of the |
| Advertisement Standards Agency |
| - I know when I am being subjected to |
| targeted advertisements online |
| - I can explain what marriage is and what |
| it is not |
| - I can explain the law around Gay |
| Marriage in the UK and Europe |
| I know a range of views on sex before marriage |
| - I can identify unethical business |
| practices I know my consumer rights and |
| responsibilities |
| - I can explain how both consumers and |
| business can drive better working |
| practices |
| - I understand the duties of a citizen in the |
| UK |
| I can identify many different rights and |
| responsibilities I have |
| - I can explain the difference between civil |
| and criminal law |

| | | | I know a range of employment rights and responsibilities I know the minimum amounts per hour employees must be paid I understand the term 'Gender pay gap' I understand how to interpret a payslip I know how to work out Gross Pay and Net Pay on a payslip I am aware of all the deductions that are likely to come out of my salary when I'm older | |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Spring Term 1 | Sexual health Child on child Abuse Fertility - what impacts it Alcohol, Parties and Bad Choices Importance of Sexual Health Revisiting Contraception Respect Love and Relationships Revisiting STI's | Peer abuse, Domestic Violence, Honour, CSE, Equality, Respect IVF, Gut Flora, Fertility, Insemination, Fertilisation, artificial Insemination, Sperm Bank, Surrogate Sexual Health, Anti- Social Behaviour, Drug Abuse, Binge Drinking, Units, Drink spiking, GHB, GBL Sexual Health, STI, Contraception, Sexual Health, Pregnancy IUD, Diaphragm, Patch, Injection, Contraception Ring, Abstinence, Condom, | KS3 (excluding year 9) I understand the challenges that puberty brings I am able to empathise with others who are about to go through puberty I know the emotional, social and physical changes that happen during puberty I know the physical changes that happen to girls bodies, inside and out I understand the range of feminine protection products available and how they work I understand the main things that happen to a girl during her menstrual cycle I can identify all parts of the male reproductive system I am able to empathise with boys who are going through puberty | Link to Biology – biological responses (hormones). Link to Biology – genetics and reproduction. Health and social care |

| Pill, Femidom Thrush, douche Sexual health, clinic, accessing services, fears, help disrespect, abuse, unhealthy, coercion Bacterial, virus, parasitic, STI, HIV,HPVv promiscuous, infection, g.u.m clinic, sexual health | |
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| I can respond to people and situations in |
|---------------------------------------------------------------|
| an assertive manner |
| I know what it means to be a man |
| - I know the difference between a mans |
| man and a good man |
| - I am confident in showing my emotions |
| - I can recognise if I have unhealthy |
| friendships |
| - I understand the importance of not |
| · |
| disclosing too much information to |
| online friends |
| I am a good friend most if not all of the |
| time |
| Know how to make new friends |
| - I understand what I'm looking for in a |
| friend I understand the benefits of |
| having friends but also the risks of toxic |
| friendships |
| - To identify a wide arrange of different |
| relationships |
| - I understand the differences between a |
| friendship and a relationship |
| - I know how to respect the rights of |
| others and celebrate our differences |
| - I regularly give other people |
| |
| compliments and try to be kind to others |
| - I can turn a problem into an opportunity |
| - I can explain my strengths and explain |
| why it is important to be aware of my |
| own emotions |
| - I can explain how peer pressure impacts |
| people of all ages |

| I understand the best way to deal with peer pressure I understand how I'm influenced and how my actions influence others I know what good Relationships and Sex Education is I am able to give good relationship advice to others I can identify a range of rights that should be respected in a relationship I know a range of conflict management strategies I understand the different causes of |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| should be respected in a relationship I know a range of conflict management strategies |
| Year 9 - I can identify and label all the external parts of the female sexual anatomy |

| - I understand the dangers associated |
|----------------------------------------------|
| with FGM |
| - I can explain the economic and |
| social excuses made for committing |
| FGM |
| - I know how to support someone at risk |
| of FGM |
| - I can explain a range of possible |
| consequences linked to sending and |
| receiving sexts |
| - I know a good range of responses to a |
| request for a sext message |
| - I know where I can get further help and |
| support on issues related to sexting and |
| explicit images ending up online |
| - I understand which types of |
| Pornography are illegal |
| - I understand the differences between |
| real life sex and Porn life sex |
| - I can explain the impact porn is having on |
| society and relationships |
| - I can describe what domestic abuse and |
| domestic violence is |
| - I understand a range of things that can |
| cause conflicts in a relationship |
| - I understand the barriers and coping |
| strategies for leaving an abusive |
| relationship |
| - I can describe the impact sexualization of |
| the media is having on society |
| - I know what a positive or healthy body |
| image is |

| | | | I can explain why comparing myself to those I see in the media can damage my mental health and self esteem I can recognise what behaviours are unacceptable in a healthy relationship I can explain the law in regard to sexual assault and rape I know the important qualities to look for in a future partner that will keep me safe I understand why porn negatively influences peoples behaviours in society I can explain what revenge porn is and the law surrounding it I can explain the law around Gay Marriage in the UK and Europe I know a range of views on sex before marriage I can define the term Child Sexual Abuse I know whare to get help if a friend or myself is being sexually abused | |
|------------------|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|
| Spring Term 2 | Staying safe1.Virtual Reality + Live Streaming +Gaming Online2.Drugs - Substance Addiction | Live Streaming, Augmented Reality, Virtual Reality, Gamergate, Addiction Inhalants, huffing, vsa, addiction, nhs, experimental, | KS3 (excluding year 9) I can explain why personal space is important I understand what consent is and when it is given I can respond to people and situations in an assertive manner | • |

| 3. | Drugs - New | recre | eational, | - | I can explain how peer pressure impacts | |
|----|-------------------|-------|----------------------|----------|------------------------------------------------------------------------|--|
| | Psychoactive | | ndent, problem, | | of all ages | |
| | Substances (Old | | tion prescription | | I understand the best way to deal with | |
| | Legal Highs) | drug | | peer pre | · · · · · · · · · · · · · · · · · · · | |
| 4. | Drugs - Festivals | U U | hetic Cannabinoids, | | I understand how I'm influenced and | |
| | and Nitrous Oxide | | United Nations, | how my | actions influence others | |
| 5. | Drugs and the War | | hetic , Chemistry, | - | I listen to my gut feeling about online | |
| | on Drugs | | acements, | situatio | ns and choices | |
| 6. | Cosmetic and | Stim | ulants, Legal Highs, | - | I understand a wide range of risks | |
| | Aesthetic | Desig | gner drugs | associat | ed with internet use | |
| | procedures | Glast | tonbury, NPS, | - | I know how to reduce the risks | |
| 7. | Online Reputation | Laug | hing Gas, Euphoria, | associat | ed with 'being online' | |
| | and Digital | Naus | eas, Disassociation | | I can define a gaming addiction | |
| | Footprints | Traff | icking, drug mules, | | I understand a range of risks associated | |
| | | Prod | ucts, end users, | | line gaming | |
| | | manı | ufacturers, | | I understand the importance of | |
| | | Prod | ucers, farmers | - | ng anything suspicious I see or hear | |
| | | | x, Lip Fillers, | online | | |
| | | | netic Procedures, | | I know the risks associated with carrying | |
| | | | st augmentation, | a knife | | |
| | | | t reduction, | | I understand the impact carrying a knife | |
| | | Aestl | | | amily and friends | |
| | | | ne reputation, | | I would never resort to carrying a knife | |
| | | | al Footprint, | | ny circumstance | |
| | | | onal Branding, CV, | | I know why society needs laws I understand how a bill becomes a law | |
| | | Cens | orship | | | |
| | | | | in the U | I can explain recent law changes in the | |
| | | | | - UK | r can explain recent law changes in the | |
| | | | | | I know what county lines is and some of | |
| | | | | | ninology used | |
| | | | | | I understand where I can go for help if I | |
| | | | | | eated by County Lines gangs | |
| | | | | reerunt | cated by county lines gangs | |

| | - I understand how county line gangs | |
|--|---------------------------------------------------------------|--|
| | operate and the dangers of getting involved | |
| | - I can explain how gangs make people | |
| | feel trapped | |
| | - I can recognise when a friend is involved | |
| | with County Lines | |
| | - I understand the groups of people | |
| | County line Gangs target and why | |
| | - I can define substance misuse and | |
| | substance dependency | |
| | I know how drugs impact the body | |
| | - I can identify a range of factors that | |
| | may lead to someone abusing drugs | |
| | - I can spot a fake profile online | |
| | I understand what online grooming is | |
| | and how people may try to gain my trust in | |
| | order to abuse it | |
| | I know where to report online issues | |
| | and to seek further advice and support | |
| | | |
| | Year 9 | |
| | I can identify and label all the external | |
| | parts of the female sexual anatomy | |
| | I understand the law regarding FGM in | |
| | the UK | |
| | I understand the dangers associated | |
| | with FGM and Know where to seek help and | |
| | support | |
| | I can explain what online stress is | |
| | - I understand the link between mental | |
| | health and social media usage | |
| | - I know how to keep my online data safe | |
| | | |

| Year 10 |
|-------------------------------------------------------------|
| - I can define honour, equality and |
| dishonour |
| |
| - I understand the law relating to honour |
| based violence |
| - I can evaluate the best way to tackle |
| honour based violence in communities |
| I can define forced marriage and Breast |
| ironing |
| I understand the role of the Forced |
| Marriage Unit |
| I could advise someone of where to |
| seek help if they are being forced into a |
| marriage |
| - I can explain the roles of the BBFC and |
| the PEGI |
| - I understand the risks associated with |
| online gambling |
| - I understand a wide range of methods |
| used by gaming companies to entice its |
| players to spend money |
| - I will not become addicted to social |
| media |
| - I can explain the link between social |
| media and negative self esteem I |
| understand how to combat social media |
| validation |
| |
| - My personal online data is safe and |
| protected |
| - I can recognise an online scam email |
| when I see one |

| | | | I know how to protect myself and my family from being a victim of online fraud I understand the impact of carrying a knife on me and others I can explain how to tackle the causes behind people carrying knifes I understand how to seek further advice and support in relation to knife crime I understand how to recognise modern day slavery I understand how human trafficking links to modern day slavery I understand which Human Rights are being abused due to modern day slavery | |
|------------------|-----|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Summer Term 1 | N/A | N/A | | N/A |
| Summer Term 2 | N/A | N/A | | N/A |