Oswaldtwistle School **Emotional Literacy** Long Term Plan – Working Document used as an outline. Will be changed and adapted to meet the intervention needs of the groups.

Caring for Children	Topic/Learning Pathway	Key Words	Links to previous learning	Links to wider curriculum
AUTUMN	N/A – Not on timetable			
SPRING	Emotions: Self-awareness Self-management Social Awareness • Who am I? • My Feelings • Understanding my Emotions • Connecting Emotions • Recognising Emotions	Self-awareness Self-management Social Awareness Ideal self Reaction Motivation Emotions (list of various emotions)	 PSHE – Key Stage 1/2 – All About Me PSHE – Key Stage 2 – Expressing Emotions 	 PSHE Autumn 1 - Managing change (KS3) PSHE Autumn 1 - Proud to be me (KS3) PSHE Autumn 1 - Essential life skills (KS3) PSHE Autumn 2 - Puberty, body development (KS3) PSHE Autumn 2 - Physical health and mental wellbeing (KS3) PSHE Summer 2 - Identity, Relationships & Sex (KS3) PSHE Autumn 2 - Mental & Wellbeing (KS4) PSHE Autumn 1 - Your future and beyond (KS4) Art - My Environment (KS3) Forest Schools Spring 2 - Multiple Intelligences (KS3)

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Summer	 Friends Self-awareness Social awareness Relationship Skills Finding things that they have in common Respecting each other Including others Empathy Why we need friends 	Respect Include Imagine Apologise Social Awareness Relationship Skills Empathy Identity Differences Collaborative Communication Conflict Cooperation Neurotypical Neurodivergent Friendship Peers Relationship	 As above English – Diary Entries KS2 	 Art Autumn 1 – A Christmas Carol – Work Collaboratively (KS3) PSHE Summer 2 – Identity, Relationships & Sex (KS3) PSHE Summer 1 – Exploring relationships and sex education (KS4) Nurture Autumn 1 – The Martian - Diary Entries (KS3) Nurture Spring 1 – English, Biographies (KS3)
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