

| Caring for Children | Topic/Learning Pathway  | Key Words   | Links to previous learning  | Links to wider curriculum  |
|---------------------|---|---|---|--|
| <b>AUTUMN 1</b>     | Not delivered in school during the Autumn term of 2021. Introduced January 2022   |   |   |  |
| <b>AUTUMN 2</b>     |   |   |   |  |
| <b>SPRING 1</b>     | <p>All About Me:<br/>Self-awareness<br/>Self-management<br/>Social Awareness</p> <ul style="list-style-type: none"> <li>• Who am I?</li> <li>• My Feelings</li> <li>• Understanding my Emotions</li> <li>• Connecting Emotions</li> <li>• Recognising Emotions</li> </ul> | <p>Self-awareness<br/>Self-management<br/>Social Awareness<br/>Ideal self<br/>Reaction<br/>Motivation<br/>Emotions<br/>(list of various emotions)</p> | <ul style="list-style-type: none"> <li>• PSHE – Key Stage 1/2 – All About Me</li> <li>• PSHE – Key Stage 2 – Expressing Emotions</li> </ul> | <ul style="list-style-type: none"> <li>• PSHE Autumn 1 - Managing change (KS3)</li> <li>• PSHE Autumn 1 - Proud to be me (KS3)</li> <li>• PSHE Autumn 1 - Essential life skills (KS3)</li> <li>• PSHE Autumn 2 - Puberty, body development (KS3)</li> <li>• PSHE Autumn 2 - Physical health and mental wellbeing (KS3)</li> <li>• PSHE Summer 2 – Identity, Relationships &amp; Sex (KS3)</li> <li>• PSHE Autumn 2 – Mental &amp; Wellbeing (KS4)</li> <li>• PSHE Autumn 1 – Your future and beyond (KS4)</li> <li>• Art – My Environment (KS3)</li> <li>• Forest Schools Spring 2 – Multiple Intelligences (KS3)</li> </ul> |

Oswaldtwistle School **Emotional Literacy** Long Term Plan

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| <p><b>SPRING 2</b></p> | <p>Walk a Mile in My Shoes:<br/>Social Awareness<br/>Relationship Skills</p> <ul style="list-style-type: none"> <li>• Who do you see?</li> <li>• "I wish you knew"</li> <li>• Communication</li> <li>• Identifying Social Cues</li> <li>• Service project/Team work</li> <li>• My Circle</li> </ul> | <p>Social Awareness<br/>Relationship Skills<br/>Empathy<br/>Identity<br/>Differences<br/>Collaborative<br/>Communication<br/>Conflict<br/>Cooperation<br/>Neurotypical<br/>Neurodivergent<br/>Friendship<br/>Peers<br/>Relationship</p> | <ul style="list-style-type: none"> <li>• As above</li> <li>• English – Diary Entries KS2</li> </ul>               | <ul style="list-style-type: none"> <li>• <b>Art Autumn 1 – A Christmas Carol – Work Collaboratively (KS3)</b></li> <li>• <b>PSHE Summer 2 – Identity, Relationships &amp; Sex (KS3)</b></li> <li>• <b>PSHE Summer 1 – Exploring relationships and sex education (KS4)</b></li> <li>• <b>Nurture Autumn 1 – The Martian - Diary Entries (KS3)</b></li> <li>• <b>Nurture Spring 1 – English, Biographies (KS3)</b></li> </ul> |
| <p><b>SUMMER 1</b></p> | <p>Decisions and Visions:<br/>Relationship Skills<br/>Responsible Decision Making<br/>Self- Awareness</p> <ul style="list-style-type: none"> <li>• Ripple Effect</li> <li>• Daily Decisions</li> <li>• What would you do?</li> <li>• Outdoor Challenge</li> </ul>                                   | <p>Decision<br/>Effect<br/>Judgment<br/>Cooperation<br/>Communication<br/>Collaboration<br/>Choices<br/>Opinions</p>  | <ul style="list-style-type: none"> <li>• PSHE Key Stage 2</li> <li>• Nurture</li> <li>• Forest Schools</li> </ul> | <ul style="list-style-type: none"> <li>• Nurture Spring 1 – Gathering Information (KS3)</li> <li>• PSHE Autumn 2 – Physical health &amp; Mental Wellbeing (KS3)</li> <li>• PSHE Summer 2 – Staying Safe (KS3)</li> <li>• PSHE Autumn 1 – Your Future and Beyond (KS4)</li> <li>• Forest Schools Summer 1 – Leadership and fitting into the role (KS3)</li> <li>• PSHE Autumn 1 - Essential life skills (KS3)</li> </ul>     |

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| <b>SUMMER 2</b> | Who am I now? (Recap & Growth)<br>Self-Awareness<br>Self- Management<br>Social Awareness<br>Relationship Skills<br>Responsible Decision Making | As above | As Above | As Above |
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