

Lesson	KS2	Year 7	Year 8	Year 9
<b>1.1.1 Introduction to forces</b>	I can explain that unsupported objects fall towards the Earth because of the force of gravity acting between the Earth and the falling object  I can identify the effects of air resistance, water resistance and friction, that act between moving surfaces  I can recognise that some mechanisms, including levers, pulleys and gears, allow a smaller force to have a greater effect.	I can describe what forces do. <input type="checkbox"/>		
		I can define what is meant by 'contact force', 'non-contact force', and 'newton'. <input type="checkbox"/>	I can categorise everyday forces as being 'contact' or 'non-contact' forces. <input type="checkbox"/>	I can explain the link between non-contact forces, contact forces, and interaction pairs. <input type="checkbox"/>
		I can use a newtonmeter to make predictions about sizes of forces. <input type="checkbox"/>	I can make predictions about forces in familiar situations. <input type="checkbox"/>	I can make predictions about pairs of forces acting in unfamiliar situations. <input type="checkbox"/>
			I can identify interaction pairs in simple situations. <input type="checkbox"/>	I can identify interaction pairs in complex situations. <input type="checkbox"/>
			I can describe what the term 'interaction pair' means. <input type="checkbox"/>	
<b>1.1.2 Balanced and unbalanced forces</b>		I can identify familiar situations involving balanced and unbalanced forces. <input type="checkbox"/>	I can describe the difference between balanced and unbalanced forces. <input type="checkbox"/>	I can explain the difference between balanced and unbalanced forces. <input type="checkbox"/>
		I can define the term 'equilibrium'. <input type="checkbox"/>	I can describe situations that are in equilibrium. <input type="checkbox"/>	I can describe a range of situations that are in equilibrium. <input type="checkbox"/>
		I can define the term 'resultant force'. <input type="checkbox"/>	I can calculate resultant forces. <input type="checkbox"/>	I can describe the link between the resultant force and the motion of an object. <input type="checkbox"/>
		I can identify when the speed or direction of motion of an object changes. <input type="checkbox"/>	I can explain why the speed or direction of motion of an object can change. <input type="checkbox"/>	I can use force arrows to explain why the speed or direction of motion of objects can change. <input type="checkbox"/>
		I can present my observations in a table, with help. <input type="checkbox"/>	I can present my observations in a table, <input type="checkbox"/>	I can predict and present changes in <input type="checkbox"/>

			including force arrow drawings.		observations for unfamiliar situations.
<b>1.1.3 Speed</b>		I can state the equation for speed. <input type="checkbox"/>	I can calculate speed using the speed equation. <input type="checkbox"/>		I can use the speed equation to explain unfamiliar situations. <input type="checkbox"/>
		I can define what is meant by relative motion. <input type="checkbox"/>	I can describe relative motion. <input type="checkbox"/>		I can describe and explain how a moving object appears to a stationary observer and to a moving observer. <input type="checkbox"/>
		I can use appropriate techniques and equipment to measure time and distance in practical experiments. <input type="checkbox"/>	I can choose equipment to make appropriate measurements of time and distance in order to calculate speed. <input type="checkbox"/>		I can choose equipment to obtain data for speed calculations and justify my choices based on their accuracy and precision. <input type="checkbox"/>
<b>1.1.4 Distance-time graphs</b>		I can describe what a distance-time graph shows. <input type="checkbox"/>	I can interpret distance-time graphs. <input type="checkbox"/>		I can draw distance-time graphs for a range of journeys. <input type="checkbox"/>
		I can use a distance-time graph to describe a journey qualitatively (without making calculations). <input type="checkbox"/>	I can calculate speed from a distance-time graph. <input type="checkbox"/>		I can analyse journeys using distance-time graphs. <input type="checkbox"/>
		I can present data given on a distance-time graph with support. <input type="checkbox"/>	I can plot data on a distance-time graph accurately. <input type="checkbox"/>		I can manipulate data to present on a distance-time graph. <input type="checkbox"/>

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<b>1.2.1 Forces at a distance</b>		I can identify that gravity is a force that acts at a distance. <input type="checkbox"/>		
		I can state how gravity changes with distance. <input type="checkbox"/>	I can describe the effect of a field using force diagrams. <input type="checkbox"/>	I can explain how the effect of gravity changes when moving away from Earth, and in keeping objects in orbit. <input type="checkbox"/>

	I can draw a table and present results, with help.	<input type="checkbox"/>	I can present my results in a simple table.	<input type="checkbox"/>	I can present results in a table and ensure they are reliable.	<input type="checkbox"/>
	I can define the term 'gravitational field strength'.	<input type="checkbox"/>	I can describe the effect of gravitational forces on Earth and on objects in orbit.	<input type="checkbox"/>	I can analyse data about orbits in terms of the variation of gravity with mass and distance.	<input type="checkbox"/>
			I can calculate weight using the equation 'weight = mass × gravitational field strength'.	<input type="checkbox"/>		
					I can compare and contrast gravity with other forces.	<input type="checkbox"/>

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<b>1.3.1 Friction and drag</b>		I can identify examples of drag forces and friction.	<input type="checkbox"/>	I can describe the effect of drag forces and friction.	<input type="checkbox"/>	I can explain the effect of drag forces and friction in terms of forces.	<input type="checkbox"/>
		I can describe how drag forces and friction arise.	<input type="checkbox"/>	I can explain why drag forces and friction arise.	<input type="checkbox"/>	I can explain why drag forces and friction slow things down in terms of forces.	<input type="checkbox"/>
		I can write down two things an object can do when the resultant force on it is zero.	<input type="checkbox"/>	I can describe what happens to a moving object when the resultant force acting on it is zero.	<input type="checkbox"/>	I can interpret the motion of objects subject to drag forces and friction.	<input type="checkbox"/>
		I can carry out an experiment to test a prediction of friction caused by different surfaces.	<input type="checkbox"/>	I can plan and carry out an experiment to investigate friction, selecting suitable equipment.	<input type="checkbox"/>	I can plan and carry out an experiment, stating the independent, dependent, and control variables.	<input type="checkbox"/>
<b>1.3.2 Squashing</b>		I can state an example of a force deforming an object.	<input type="checkbox"/>	I can describe how forces deform objects.	<input type="checkbox"/>	I can explain how forces deform objects in a range of situations.	<input type="checkbox"/>

<b>and stretching</b>	I can recognise a support force.	<input type="checkbox"/>	I can explain how solid surfaces provide a support force.	<input type="checkbox"/>	I can explain how solid surfaces provide a support force, using scientific terminology and bonding.	<input type="checkbox"/>
	I can use Hooke's Law to identify proportional stretching.	<input type="checkbox"/>	I can use Hooke's Law to predict the extension of a spring.	<input type="checkbox"/>	I can apply Hooke's Law to make quantitative predictions with unfamiliar materials.	<input type="checkbox"/>
	I can state how you know from a graph that a relationship is linear, present data in a line graph, and identify a pattern.	<input type="checkbox"/>	I can present data in a graph and identify a quantitative relationship in the pattern.	<input type="checkbox"/>	I can present data in a graph and recognise quantitative patterns and errors.	<input type="checkbox"/>
<b>1.3.3 Turning forces</b>	I can state the law of moments.	<input type="checkbox"/>	I can describe what is meant by a moment.	<input type="checkbox"/>	I can apply the concept of moments to everyday situations.	<input type="checkbox"/>
	I can state the equation to calculate a turning force.	<input type="checkbox"/>	I can calculate the moment of a force.	<input type="checkbox"/>	I can use calculations to explain situations involving moments.	<input type="checkbox"/>
	I can identify questions from results with help.	<input type="checkbox"/>	I can independently identify scientific questions from results.	<input type="checkbox"/>	I can suggest relevant, testable questions.	<input type="checkbox"/>

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<b>1.4.1 Pressure in gases</b>	I can describe the motion of particles in a fluid.	<input type="checkbox"/>	I can explain why fluids exert a pressure.	<input type="checkbox"/>	I can explain a range of observations in terms of fluid pressure.	<input type="checkbox"/>
	I can calculate fluid pressure with support.	<input type="checkbox"/>	I can calculate fluid pressure.	<input type="checkbox"/>	I can calculate fluid pressure in a range of situations.	<input type="checkbox"/>
	I can state the cause of atmospheric pressure.	<input type="checkbox"/>	I can describe how atmospheric pressure changes with height.	<input type="checkbox"/>	I can predict the changes to the effects of atmospheric pressure at different altitudes or temperature.	<input type="checkbox"/>

<b>1.4.2 Pressure in liquids</b>	I can state simply what happens to pressure with depth.	<input type="checkbox"/>	I can describe how liquid pressure changes with depth.	<input type="checkbox"/>	I can explain why liquid pressure changes with depth.	<input type="checkbox"/>
	I can describe characteristics of some objects that float and some that sink.	<input type="checkbox"/>	I can explain why some things float and some things sink, using force diagrams.	<input type="checkbox"/>	I can explain why an object will float or sink in terms of forces or density.	<input type="checkbox"/>
	I can write down the equation for calculating fluid pressure.	<input type="checkbox"/>	I can use the equation for calculating fluid pressure.	<input type="checkbox"/>	I can use the equation for calculating fluid pressure to explain how hydraulic machines work.	<input type="checkbox"/>
<b>1.4.3 Stress on solids</b>	I can state the equation of stress.	<input type="checkbox"/>	I can calculate stress.	<input type="checkbox"/>	I can calculate stress in multistep problems.	<input type="checkbox"/>
	I can use ideas of stress to qualitatively describe familiar situations.	<input type="checkbox"/>	I can apply ideas of stress to different situations.	<input type="checkbox"/>	I can compare stress in different situations, explaining the differences in pressure using scientific knowledge.	<input type="checkbox"/>
	I can predict qualitatively the effect of changing area and/or force on stress.	<input type="checkbox"/>	I can predict qualitatively the effect of changing area and/or force on stress.	<input type="checkbox"/>	I can predict quantitatively the effect of changing area and/or force on stress in a range of situations.	<input type="checkbox"/>

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<b>2.1.1 Potential difference</b>	I can identify common appliances that run on electricity	I can state the unit of potential difference.	<input type="checkbox"/>	I can describe what is meant by potential difference.	<input type="checkbox"/>	I can explain why potential difference is measured in parallel.	<input type="checkbox"/>
	I can construct a simple series electrical circuit, identifying and naming its basic parts, including cells, wires, bulbs, switches and buzzers	I can name the equipment used to measure potential difference.	<input type="checkbox"/>	I can describe how to measure potential difference.	<input type="checkbox"/>	I can predict the effect of changing the rating of a battery or bulb in a circuit.	<input type="checkbox"/>
		I can describe the effect of a larger potential difference.	<input type="checkbox"/>	I can describe what is meant by the rating of a battery or bulb.	<input type="checkbox"/>	I can set up and measure potential	<input type="checkbox"/>

	I can identify whether or not a lamp will light in a simple series circuit, based on whether or not the lamp is part of a complete loop with a battery			difference across various components in a circuit.
<b>2.1.2 Resistance</b>	I can recognise that a switch opens and closes a circuit and associate this with whether or not a lamp lights in a simple series circuit	I can use appropriate equipment to measure potential difference. <input type="checkbox"/>	I can set up a simple circuit and use appropriate equipment to measure potential difference. <input type="checkbox"/>	I can explain the difference between potential difference and current. <input type="checkbox"/>
	I can recognise some common conductors and insulators, and associate metals with being good conductors	I can calculate the resistance from values of p.d. and current with support. <input type="checkbox"/>	I can describe what is meant by resistance. <input type="checkbox"/>	I can explain the causes of resistance. <input type="checkbox"/>
		I can compare simply the resistance of conductors and insulators. <input type="checkbox"/>	I can calculate resistance of a circuit. <input type="checkbox"/>	I can explain what factors affect the resistance of a resistor. <input type="checkbox"/>
		I can list examples of conductors and insulators. <input type="checkbox"/>	I can describe the difference between conductors and insulators in terms of resistance. <input type="checkbox"/>	I can compare the effect of resistance in different materials. <input type="checkbox"/>
		I can identify some of the variables in the investigation. <input type="checkbox"/>	I can identify independent, dependent, and control variables. <input type="checkbox"/>	I can independently select and control all the variables in the investigation, considering accuracy and precision. <input type="checkbox"/>
<b>2.1.3 Series and parallel circuits</b>		I can state one difference between series and parallel circuits. <input type="checkbox"/>	I can describe the difference between series and parallel circuits. <input type="checkbox"/>	I can predict the effect of changing the resistance of a circuit component on the resistance of the circuit. <input type="checkbox"/>
		I can state how potential difference varies in series and parallel circuits. <input type="checkbox"/>	I can describe how potential difference varies in series and parallel circuits. <input type="checkbox"/>	I can explain why potential difference varies in series and parallel circuits. <input type="checkbox"/>
			I can identify the pattern of potential difference in series and parallel circuits. <input type="checkbox"/>	I can explain the pattern in potential difference readings for series and parallel circuits, and draw conclusions. <input type="checkbox"/>

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<b>2.2.1 Current</b>	I can associate the brightness of a lamp or the volume of a buzzer with the number and voltage of cells used in the circuit  I can compare and give reasons for variations in how components function, including the brightness of bulbs, the loudness of buzzers and the on/off position of switches	I can state what current is. <input type="checkbox"/>	I can describe how current changes in series and parallel circuits when components are changed. <input type="checkbox"/>	I can use a model to explain how current flows in a circuit. <input type="checkbox"/>
		I can use an ammeter to measure current. <input type="checkbox"/>	I can describe how to measure current. <input type="checkbox"/>	I can predict the current in different circuits. <input type="checkbox"/>
		I can identify the pattern of current in series and parallel circuits. <input type="checkbox"/>	I can set up a circuit including an ammeter to measure current. <input type="checkbox"/>	I can measure current accurately in a number of places in a series circuit. <input type="checkbox"/>
				I can explain the pattern in current readings for series and parallel circuits, and draw conclusions. <input type="checkbox"/>
<b>2.2.2 Charging up</b>	I can use recognised symbols when representing a simple circuit in a diagram.	I can describe how to charge insulators. <input type="checkbox"/>	I can use a sketch to explain how objects can become charged. <input type="checkbox"/>	I can explain, in terms of electrons, why something becomes charged. <input type="checkbox"/>
		I can state the two types of charge. <input type="checkbox"/>	I can describe how charged objects interact. <input type="checkbox"/>	I can predict how charged objects will interact. <input type="checkbox"/>
		I can state what surrounds charged objects. <input type="checkbox"/>	I can describe what is meant by an electric field. <input type="checkbox"/>	I can suggest ways to reduce the risk of getting electrostatic shocks. <input type="checkbox"/>
		I can describe what happens when you bring similarly charged objects together, and when you bring differently charged objects together. <input type="checkbox"/>	I can interpret observations, and identify patterns linked to charge. <input type="checkbox"/>	I can use observations to make predictions. <input type="checkbox"/>

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<b>2.3.1 Magnets and</b>	I can compare how things move on different surfaces	I can describe features of a magnet. <input type="checkbox"/>	I can describe how magnets interact. <input type="checkbox"/>	I can explain how magnets can be used. <input type="checkbox"/>

<b>magnetic fields</b>	<p>I can notice that some forces need contact between two objects, but magnetic forces can act at a distance</p> <p>I can observe how magnets attract or repel each other and attract some materials and not others</p> <p>I can compare and group together a variety of everyday materials on the basis of whether they are attracted to a magnet, and identify some magnetic materials</p> <p>I can describe magnets as having two poles</p> <p>I can predict whether two magnets will attract or repel each other, depending on which poles are facing</p>	I can draw the magnetic field lines around a bar magnet. <input type="checkbox"/>	I can describe how to represent magnetic fields. <input type="checkbox"/>	I can compare magnetic field lines and a magnetic field. <input type="checkbox"/>
		I can state that the Earth has a magnetic field. <input type="checkbox"/>	I can describe the Earth's magnetic field. <input type="checkbox"/>	I can explain how a compass works. <input type="checkbox"/>
		I can record the shape of field lines round a magnet. <input type="checkbox"/>	I can draw field lines round a magnet in detail. <input type="checkbox"/>	I can suggest improvements to an experiment to observe field lines around a magnet. <input type="checkbox"/>

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<b>2.4.1 Electromagnets</b>		I can state the main features of an electromagnet. <input type="checkbox"/>	I can describe how to make an electromagnet. <input type="checkbox"/>	I can explain how an electromagnet works. <input type="checkbox"/>
		I can state one difference between permanent magnets and electromagnets. <input type="checkbox"/>	I can describe how to change the strength of an electromagnet. <input type="checkbox"/>	I can predict the effect of changes on the strength of different electromagnets. <input type="checkbox"/>



<b>2.4.2 Using electromagnets</b>	I can state where the magnetic field due to a wire or solenoid is strongest.	<input type="checkbox"/>	I can describe how the magnetic field strength due to a current carrying wire varies with distance from the wire.	<input type="checkbox"/>	I can suggest how two wires both carrying currents placed next to each other might behave.	<input type="checkbox"/>
	I can test the effect of changing an electromagnet.	<input type="checkbox"/>	I can predict and test the effect of changes made to an electromagnet.	<input type="checkbox"/>	I can predict the effect of changes made to an electromagnet, using scientific knowledge to justify the claim.	<input type="checkbox"/>
	I can state some uses of electromagnets.	<input type="checkbox"/>	I can describe some uses of electromagnets.	<input type="checkbox"/>	I can apply existing knowledge about electromagnets to design a circuit.	<input type="checkbox"/>
	I can state the main parts of an electric bell, circuit breaker, or loudspeaker.	<input type="checkbox"/>	I can describe how an electric bell, circuit breaker, or loudspeaker works.	<input type="checkbox"/>	I can compare and contrast electric bells, circuit breakers, and loudspeakers.	<input type="checkbox"/>
	I can ask simple questions about electric bells, circuit breakers, or loudspeakers.	<input type="checkbox"/>	I can pose scientific questions to be investigated from my experiment.	<input type="checkbox"/>	I can suggest investigations about electromagnets used in different applications.	<input type="checkbox"/>

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<b>3.1.1 Food and fuels</b>		I can identify energy values for food and fuels.	<input type="checkbox"/>	I can compare the energy values of food and fuels.	<input type="checkbox"/>	I can calculate energy requirements for various situations, considering diet and exercise.	<input type="checkbox"/>
		I can describe energy requirements in different situations.	<input type="checkbox"/>	I can compare the energy in food and fuels with the energy needed for different activities.	<input type="checkbox"/>	I can suggest different foods needed in unusual situations, for example, training for the Olympics.	<input type="checkbox"/>
		I can interpret data on food intake for some activities.	<input type="checkbox"/>	I can explain data on food intake and energy	<input type="checkbox"/>	I can explain why an athlete needs more	<input type="checkbox"/>

<b>3.1.2 Energy resources</b>			requirements for a range of activities.	energy from food using data provided.		
	I can name renewable and non-renewable energy resources.	<input type="checkbox"/>	I can describe the difference between a renewable and a non-renewable energy resource.	<input type="checkbox"/>	I can compare renewable and non-renewable resources.	<input type="checkbox"/>
	I can state one advantage and one disadvantage of fossil fuels.	<input type="checkbox"/>	I can describe how electricity is generated using a fossil fuel or a renewable resource.	<input type="checkbox"/>	I can explain how a range of resources generate electricity, drawing on scientific concepts.	<input type="checkbox"/>
	I can use one source of information.	<input type="checkbox"/>	I can choose an appropriate source of secondary information.	<input type="checkbox"/>	I can justify the choice of secondary information.	<input type="checkbox"/>
<b>3.1.3 Energy and power</b>	I can name a renewable resource used to generate electricity.	<input type="checkbox"/>	I can explain the advantages and disadvantages of different energy resources.	<input type="checkbox"/>	I can suggest actions a government or communities could take in response to rising energy demand.	<input type="checkbox"/>
	I can state the definitions of energy and power.	<input type="checkbox"/>	I can explain the difference between energy and power.	<input type="checkbox"/>	I can compare the power consumption of different appliances.	<input type="checkbox"/>
	I can state that power, fuel used, and cost are linked.	<input type="checkbox"/>	I can describe the link between power, fuel used, and cost of using domestic appliances.	<input type="checkbox"/>	I can calculate and compare energy costs in different scenarios.	<input type="checkbox"/>
	I can predict which equipment is more powerful when given a selection of appliances.	<input type="checkbox"/>	I can predict the power requirements of different home devices, and compare their energy usage and how much they cost to run.	<input type="checkbox"/>	I can predict the effect on energy bills of changing the power of equipment.	<input type="checkbox"/>

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<b>3.2.1 Energy adds up</b>		I can state the definition of the conservation of energy.	<input type="checkbox"/>	I can describe energy stores before and after a change, including <input type="checkbox"/>	I can apply ideas about stores and transfers to <input type="checkbox"/>

			stores relating to an object's speed, temperature, height or shape.	a range of unfamiliar situations.
		I can state how energy is transferred.	<input type="checkbox"/> I can explain what brings about transfers in energy between stores.	<input type="checkbox"/> I can compare energy transfers to energy conservation.
		I can present simple observations of many transfers.	<input type="checkbox"/> I can present observations of energy transfers in a table.	<input type="checkbox"/> I can present detailed observations of energy transfers in a table, explaining changes to the physical system, and how that relates to the ways in which energy is stored.
<b>3.2.2 Energy dissipation</b>		I can state what dissipation means.	<input type="checkbox"/> I can explain how energy is dissipated in a range of situations.	<input type="checkbox"/> I can account for all energy transfers in a range of situations.
		I can do simple calculations of wasted energy from input and useful energies.	<input type="checkbox"/> I can calculate useful energy and wasted energy from input and output energies.	<input type="checkbox"/> I can calculate a useful and wasted energy, and efficiency.
		I can state what lubrication and streamlining mean.	<input type="checkbox"/> I can describe how dissipated energy can be reduced.	<input type="checkbox"/> I can evaluate methods of reducing energy dissipation.

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<b>3.3.1 Work, energy, and machines</b>		I can state how work is calculated.	<input type="checkbox"/> I can calculate work done.	<input type="checkbox"/> I can compare the work done in different scenarios and by different machines.
		I can state that machines change the size of forces or distances.	<input type="checkbox"/> I can apply the conservation of energy to simple machines.	<input type="checkbox"/> I can explain how conservation of energy applies in one example.

		I can state one way the experiment can be improved. <input type="checkbox"/>	I can evaluate results from the practical. <input type="checkbox"/>	I can evaluate results (including random and systematic errors) and suggest how the experiment can be improved. <input type="checkbox"/>
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<b>3.4.1 Energy and temperature</b>		I can state how energy and temperature are measured. <input type="checkbox"/>	I can state the difference between energy and temperature. <input type="checkbox"/>	I can give an example to show that energy and temperature are different. <input type="checkbox"/>
		I can describe how energy is transferred through solids, liquids, and in air. <input type="checkbox"/>	I can describe what happens when you heat up solids, liquids, and gases. <input type="checkbox"/>	I can explain, in terms of particles, how energy is transferred. <input type="checkbox"/>
		I can state what is meant by the term equilibrium. <input type="checkbox"/>	I can explain what is meant by equilibrium. <input type="checkbox"/>	I can give examples of equilibrium. <input type="checkbox"/>
		I can identify a source of error. <input type="checkbox"/>	I can describe how to reduce error in experimental apparatus. <input type="checkbox"/>	I can describe sources of error as systemic or random, and suggest ways to minimise these. <input type="checkbox"/>
<b>3.4.2 Energy transfer: particles</b>		I can describe simply what happens in conduction and convection. <input type="checkbox"/>	I can describe how energy is transferred by particles in conduction and convection. <input type="checkbox"/>	I can explain in detail the processes involved during heat transfers. <input type="checkbox"/>
		I can state that thermal insulators reduce energy loss compared to thermal conductors. <input type="checkbox"/>	I can describe how a thermal insulator can reduce energy transfer. <input type="checkbox"/>	I can explain why certain materials are good thermal insulators. <input type="checkbox"/>
		I can state the pattern in conduction shown in results. <input type="checkbox"/>	I can describe the pattern in conduction shown by results, using <input type="checkbox"/>	I can explain the pattern in conduction <input type="checkbox"/>

<b>3.4.3 Energy transfer: radiation and insulation</b>			numerical data to inform a conclusion.	shown by experimental results.	
	I can state some sources of infrared radiation.	<input type="checkbox"/>	I can describe some sources of infrared radiation, and how energy is transferred.	I can explain how thermal equilibrium can be established.	<input type="checkbox"/>
	I can state some properties of infrared radiation.	<input type="checkbox"/>	I can describe different ways to insulate in terms of conduction, convection and radiation.	I can compare the different ways that energy is transferred.	<input type="checkbox"/>
	I can identify some risks in an experiment.	<input type="checkbox"/>	I can identify risks and explain why it is important to reduce them.	I can explain in detail how to reduce risks.	<input type="checkbox"/>

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<b>4.1.1 Sound waves and speed</b>	I can identify how sounds are made, associating some of them with something vibrating	I can name some sources of sound.	<input type="checkbox"/>	I can describe how sound is produced and travels.	<input type="checkbox"/>	I can explain what is meant by supersonic travel.	<input type="checkbox"/>
	I can recognise that vibrations from sounds travel through a medium to the ear	I can name materials that sound can travel through.	<input type="checkbox"/>	I can explain observations where sound is transmitted by different media.	<input type="checkbox"/>	I can describe sound as the transfer of energy through vibrations and explain why sound cannot travel through a vacuum.	<input type="checkbox"/>
	I can find patterns between the pitch of a sound and features of the object that produced it	I can state that sound travels at 330m/s in air, a million times more slowly than light.	<input type="checkbox"/>	I can contrast the speed of sound and the speed of light.	<input type="checkbox"/>	I can compare the time taken for sound and light to travel the same distance.	<input type="checkbox"/>
	I can find patterns between the volume of a sound and the strength of the vibrations that produced it	I can use data to compare the speed of sound in different materials.	<input type="checkbox"/>	I can compare the time for sound to travel in different materials using data given.	<input type="checkbox"/>	I can explain whether sound waves from the Sun can reach the Earth.	<input type="checkbox"/>
<b>4.1.2 Loudness and amplitude</b>	I can find patterns between the volume of a sound and the strength of the vibrations that produced it	I can define amplitude, frequency, and wavelength.	<input type="checkbox"/>	I can explain observations of how sound travels using the idea of a longitudinal wave.	<input type="checkbox"/>	I can explain how you can make measurements of the amplitude of a sound wave.	<input type="checkbox"/>

	<p>I can recognise that sounds get fainter as the distance from the sound source increases.</p>	<p>I can state the link between loudness and amplitude. <input type="checkbox"/></p>	<p>I can describe the link between loudness and amplitude, using diagrams. <input type="checkbox"/></p>	<p>I can compare and contrast waves of different loudness using a diagram. <input type="checkbox"/></p>
<p><b>4.1.3 Frequency and pitch</b></p>		<p>I can state two things that can happen when sound goes through matter or hits a boundary. <input type="checkbox"/></p>	<p>I can explain what happens when sound goes through matter or hits a boundary. <input type="checkbox"/></p>	<p>I can describe in detail the behaviour of sound as it travels in matter or hits a boundary. <input type="checkbox"/></p>
		<p>I can label amplitude on a diagram of an oscilloscope trace of a wave. <input type="checkbox"/></p>	<p>I can describe how to find the amplitude of a wave from an oscilloscope trace. <input type="checkbox"/></p>	<p>I can use an oscilloscope on a variety of settings of p.d./division to find the amplitude of a sound wave. <input type="checkbox"/></p>
		<p>I can define auditory range. <input type="checkbox"/></p>	<p>I can describe the auditory range of humans. <input type="checkbox"/></p>	<p>I can present a reasoned prediction using data of how sounds will be differently heard by different animals. <input type="checkbox"/></p>
<p><b>4.1.4 The ear and hearing</b></p>		<p>I can state the difference between frequency and pitch. <input type="checkbox"/></p>	<p>I can describe the link between frequency and pitch. <input type="checkbox"/></p>	<p>I can compare and contrast waves of different frequency using a digram. <input type="checkbox"/></p>
		<p>I can label time period on a diagram of a sound wave on an oscilloscope. <input type="checkbox"/></p>	<p>I can describe how to find the frequency of a wave from an oscilloscope trace. <input type="checkbox"/></p>	<p>I can use an oscilloscope on a variety of settings of s/div to find the period and frequency of a sound wave. <input type="checkbox"/></p>
		<p>I can name some parts of the ear. <input type="checkbox"/></p>	<p>I can describe how the ear works. <input type="checkbox"/></p>	<p>I can evaluate the data behind a claim for a sound creation or blocking device, using the properties of sound waves. <input type="checkbox"/></p>
		<p>I can state some ways that hearing can be damaged. <input type="checkbox"/></p>	<p>I can describe how your hearing can be damaged. <input type="checkbox"/></p>	<p>I can suggest the effects of particular ear problems on a person's hearing. <input type="checkbox"/></p>

		I can describe some risks of loud music. <input type="checkbox"/>	I can explain some risks of loud music. <input type="checkbox"/>	I can explain, in detail, risks of hearing damage linked to sound level and time of exposure. <input type="checkbox"/>
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Lesson	KS2	Year 7	Year 8	Year 9
<b>4.2.1 Light</b>	I can Recognise that they need light in order to see things and that dark is the absence of Light	I can describe some ways that light interacts with materials. <input type="checkbox"/>	I can describe what happens when light interacts with materials. <input type="checkbox"/>	I can predict how light will interact with different materials. <input type="checkbox"/>
	I can Notice that light is reflected from surfaces	I can state the speed of light. <input type="checkbox"/>	I can explain how ray diagrams can explain the formation of shadows. <input type="checkbox"/>	I can use ray diagrams to explain what observers see during an eclipse. <input type="checkbox"/>
	I can recognise that light from the sun can be dangerous and that there are ways to protect their eyes	I can state the positions of the Earth, Moon, and Sun during a solar eclipse. <input type="checkbox"/>	I can use ray diagrams to describe what observers see during an eclipse. <input type="checkbox"/>	
<b>4.2.2 Reflection</b>	I can recognise that shadows are formed when the light from a light source is blocked by an opaque object	I can, with guidance, construct ray diagrams to show how light reflects off mirrors and forms images. <input type="checkbox"/>	I can explain how images are formed in a plane mirror using a ray diagram. <input type="checkbox"/>	I can use a ray diagram to explain how an image in a mirror changes as you move the mirror/object, or to explain the formation of images in multiple mirrors. <input type="checkbox"/>
	I can Find patterns in the way that the size of shadows change.	I can identify examples of specular and diffuse reflection. <input type="checkbox"/>	I can explain the difference between specular and diffuse reflection. <input type="checkbox"/>	I can predict how light will reflect from different types of surface. <input type="checkbox"/>
	I can recognise that light appears to travel in straight lines	I can use appropriate equipment safely with guidance. <input type="checkbox"/>	I can use appropriate equipment and take readings safely without help. <input type="checkbox"/>	I can take accurate readings using appropriate equipment and working safely. <input type="checkbox"/>
<b>4.2.3 Refraction</b>		I can describe what happens when light is refracted. <input type="checkbox"/>	I can use a ray diagram to describe how light travels through a transparent block. <input type="checkbox"/>	I can predict whether light will refract when it hits a hard surface. <input type="checkbox"/>

4.2.4 The eye and vision	I can use the idea that light travels in straight lines to explain that objects are seen because they give out or reflect light into the eye	I can state a difference between what happens to light when it goes through a convex lens and a concave lens. <input type="checkbox"/>	I can use a ray diagram to describe what happens when light travels through a convex or concave lens. <input type="checkbox"/>	I can draw ray diagrams to show what happens when light goes through a convex or concave lens. <input type="checkbox"/>
	I can explain that we see things because light travels from light sources to our eyes or from light sources to objects and then to our eyes	I can record some observations as a diagram with help. <input type="checkbox"/>	I can record observations using a labelled diagram. <input type="checkbox"/>	I can record observations using labelled diagrams, and apply this to other situations. <input type="checkbox"/>
	I can use the idea that light travels in straight lines to explain why shadows have the same shape as the objects that cast them.	I can name parts of the eye. <input type="checkbox"/>	I can describe how the eye works. <input type="checkbox"/>	I can explain how the eye forms an image. <input type="checkbox"/>
		I can name two problems that people can have with their vision. <input type="checkbox"/>	I can name the lens used to correct short sight, and the lens used to correct long sight. <input type="checkbox"/>	I can explain how lenses correct vision. <input type="checkbox"/>
4.2.5 Colour		I can describe problems people have with their eyesight. <input type="checkbox"/>	I can describe how lenses correct short-sight and long-sight. <input type="checkbox"/>	I can use ideas about refraction to explain the action of lenses in glasses and contact lenses. <input type="checkbox"/>
		I can state what happens to light when it passes through a prism. <input type="checkbox"/>	I can explain what happens when light passes through a prism. <input type="checkbox"/>	I can explain why a prism forms a spectrum. <input type="checkbox"/>
		I can state the difference between colours of light in terms of frequency. <input type="checkbox"/>	I can describe how primary colours add to make secondary colours. <input type="checkbox"/>	I can explain the formation of secondary colours. <input type="checkbox"/>
		I can state the effect of coloured filters on light. <input type="checkbox"/>	I can explain how filters and coloured materials subtract light. <input type="checkbox"/>	I can predict how coloured objects will appear given different coloured lights and filters. <input type="checkbox"/>
		I can predict how red light will appear on a white surface. <input type="checkbox"/>	I can predict the colour of objects in red light and the colour of light through different filters. <input type="checkbox"/>	I can predict the colour of objects in lights of secondary colours, giving a reason for the prediction. <input type="checkbox"/>



Lesson	KS2	Year 7 Know	Year 8 Apply	Year 9 Extend
<b>4.3.1 Sound waves, water waves, and energy</b>		I can define frequency and amplitude. <input type="checkbox"/>	I can describe the link between amplitude or frequency and energy. <input type="checkbox"/>	I can explain, in terms of frequency, why we use ultrasound for cleaning and physiotherapy. <input type="checkbox"/>
		I can name two parts of a microphone or loudspeaker. <input type="checkbox"/>	I can describe how a microphone and a loudspeaker work. <input type="checkbox"/>	I can explain the link between a microphone and a loudspeaker. <input type="checkbox"/>
		I can state what a sound wave transfers, and what it does not transfer. <input type="checkbox"/>	I can describe how sound transfers energy, and how this is linked to generating electricity. <input type="checkbox"/>	I can evaluate locations for the use of waves to generate electricity. <input type="checkbox"/>
<b>4.3.2 Radiation and energy</b>		I can name some waves of the electromagnetic spectrum. <input type="checkbox"/>	I can describe the electromagnetic spectrum. <input type="checkbox"/>	I can describe all the waves of the electromagnetic spectrum in terms of increasing wavelength or increasing frequency. <input type="checkbox"/>
		I can name the electromagnetic wave with the biggest wavelength. <input type="checkbox"/>	I can describe the link between frequency and energy. <input type="checkbox"/>	I can explain why only some electromagnetic waves cause ionisation. <input type="checkbox"/>
		I can name an electromagnetic wave that can be harmful to living cells. <input type="checkbox"/>	I can describe the effect of radiation on living cells. <input type="checkbox"/>	I can explain why ionisation can be harmful to living cells. <input type="checkbox"/>

Lesson	KS2	Year 7 Know	Year 8 Apply	Year 9 Extend
<b>4.4.1 Modelling waves</b>		I can define 'transverse'. <input type="checkbox"/>	I can compare transverse and longitudinal waves. <input type="checkbox"/>	I can compare transverse and longitudinal waves with examples. <input type="checkbox"/>
		I can describe a model of a light wave. <input type="checkbox"/>	I can describe how to use a wave model to explain observations of the reflection, absorption, and transmission of waves. <input type="checkbox"/>	I can evaluate different models of waves. <input type="checkbox"/>

I can define  
'superpose'.

I can describe what  
happens when waves  
superpose.

I can explain why you can  
add sound waves and  
light waves and get less  
than you started with.