

Oswaldtwistle School **Personal and Social Development Level 1 and 2** Long Term Plan

PSD L1 and L2	Topic/Learning Pathway	Key Words	Links to previous learning	Links to wider curriculum
AUTUMN 1	Emotional Health Mental Health Healthy Lifestyle Choices Unprotected Sex Drug Use	Personality disorder Mental health Medication Treatment Schizophrenia	PSHE/Sex Education (Promoting emotional wellbeing) Biology (biological effects of sexually transmitted diseases) PSHE Mental Health (suicide, thoughts and feelings and self-harm) (Common types of mental health) (Promoting emotional wellbeing)	Autumn 1 – Caring for Children – Valuing children as individuals Autumn 1 – PSHE – Your future and beyond Autumn 2 – PSHE – Staying safe, sexual health and staying healthy Spring 1 – Science – Disease and health
AUTUMN 2	Eating Disorders Healthy eating Making positive changes Empathy Bullying/Fighting Aggression	Eating disorder Healthy diet Positive lifestyle	Biology (food and nutrition) PSHE (Healthy eating and healthy lifestyles) PSHE (violence, crimes, seeking safety and warnings and relationships) (promotion emotional wellbeing)	Autumn 1 and 2 - PSHE – Adult health Spring 2 – Science – Food, nutrition and health Autumn 2 – PE – Developing a personal progression plan Spring 2 – Caring for Children – Communication that values children
SPRING 1	Personal Relationships Social Relationships Attitudes and Values Challenging our own beliefs	Complex relationships Personal relationships Attitudes values	PHSE (Relationships and sex education) (Domestic violence and domestic abuse) (Marriage) Health and social care (social relationship and communication)	Autumn 2 – PSHE – Staying safe, sexual health and staying healthy Autumn 1 – Health and Social Care – Different forms of communication Autumn 2 – Health and Social Care – Communication barriers Spring 1 – Health and Social Care – Communicating with children and adults

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<p>SPRING 2</p>	<p>Managing risk Assessing risk Accessing help when risks go wrong Where to access help Influences on risk</p>	<p>Personal risk Drug abuse Risk Dangers</p>	<p>Science (drug use and effects on the brain) (Chemical imbalances in the brain)</p> <p>PSHE (Crime, seeking safety and violence) Sexting, nudes, pornographic material</p>	<p>Autumn 1 and Summer 2 – Maths – Probability Autumn 1 – PSHE – Rights, responsibilities and Online responsibilities Spring 1 – Citizenship – Rights and responsibilities within the law Spring 2 – Caring for Children – Confidentiality</p>
<p>SUMMER 1</p>	<p>Personal identity Who am I? What do I believe in? How do I value myself?</p>	<p>Identity Self esteem Confidence Value beliefs</p>	<p>PSHE (Rights, responsibilities, marriage, and social media) (LGBTQ Rights)</p>	<p>PSHE (Rights, responsibilities, marriage and social media) (LGBTQ Rights) Autumn 1 – PE – Being organised Autumn 1 – Citizenship - Identity Autumn 2 – PE – Developing a personal progression plan Autumn 1 – English – Of Mice and Men (looking at racism, ageism, disabilities etc)</p>
<p>SUMMER 2</p>	<p>Developing self How I can make positive changes? Areas I need to develop</p>	<p>Self Development Positive Changes</p>	<p>PSHE (Rights, responsibilities, marriage, social media) (LGBTQ Rights)</p>	<p>PSHE (Rights, responsibilities, marriage and social media) (LGBTQ Rights) Autumn 1 – PE – Being organised Autumn 2 – PE – Developing a personal progression plan Spring 2 – Science – Food and health</p>