

	Emerging	Developing	Securing	Excelling
Physical Development/ Practical skills	Can apply basic athletic movements to various sports.	Play competitive games, modified where appropriate, and apply basic principles.	Understand and apply the appropriate technique to outwit an opponent.	Perform more complex skills with control, accuracy and fluency.
Engagement/ Attention	Participate in individual and team games, developing simple tactics for attacking and defending.	Can improve their own performance by listening to constructive criticism.	Take part in outdoor adventurous activity challenges, both individually and as a team.	Leads others with little support when organising or officiating activities.
Social Development/ Social Skills	Joins in with all activities even when they find them difficult.	Can lead a team/ Apply tactical changes.	Can officiate in one or more activities.	Regularly volunteers to help others.
Collaboration	Listens to and responds to feedback from others.	Can apply ideas that have been inputted from a group	Can take on board ideas from other students	Have the ability to identify when and how to implement positive changes
Problem Solving Skills	Starting to experiment with different techniques in a match scenario.	Can apply skills/ techniques and tactics from one sport into another.	Select and apply skills that meet the needs of the situation.	Changes tactics, strategies and skills to suit changing competitive situations.
Independence	Is able to describe basic rules of the activities.	Can independently set up an activity.	Can develop a modified version of a sport to adapt to the needs of the class.	Able to choose, link and combine skills and techniques in different situations.
Reflection on Learning	Show an understanding of why techniques/tactics are used.	Compare their performances with previous ones.	Compare their performances with previous ones and demonstrate improvement to achieve a better result.	Suggests how different tactics and ideas can be applied in activities.
Emotional Development	Can take on board positive criticism	Use feedback to improve performance	Develop emotional intelligence to be able to handle decisions going against them/losing etc	Can use positive language to help motivate and inspire teammates