

Year 10 Curriculum Plan CFL

Year 10	Topic	Links to previous learning	Links to current wider curriculum
Autumn Term 1	<ul style="list-style-type: none"> • Rights and responsibilities • Politics 	<p><u>KS3.</u></p> <ul style="list-style-type: none"> • The importance of taking increased responsibility for their own physical health including dental check-ups, sun safety and self-examination (especially testicular self-examination in late KS3); the purpose of vaccinations offered during adolescence for individuals and society. • About the law relating to sexual consent. • The impact of sharing sexual images of others without consent. • About the unacceptability of prejudice-based language and behaviour, offline and online, including sexism, homophobia, biphobia, transphobia, racism, ableism and faith-based prejudice. • The need to promote inclusion and challenge discrimination, and how to do so safely, including online. • To recognise and challenge stereotypes and family or cultural expectations that may limit aspirations. 	<ul style="list-style-type: none"> • Link to KS3 Humanities – The Black people of America – from slavery to freedom. • Links to KS3 Humanities - The Rise of Nazi Germany and The Holocaust (Democracy vs Dictatorship.) • Link to English - Jack The Ripper and the rise of the Metropolitan Police Force in early Victorian England. • Link to KS3 Humanities – Crime and punishment – 1500 to modern day.
Autumn Term 2	<ul style="list-style-type: none"> • Politics • Mental wellbeing 	<p><u>KS3.</u></p> <ul style="list-style-type: none"> • To recognise and manage internal and external influences on decisions which affect health and wellbeing. • Strategies to understand and build resilience, as well as how to respond to disappointments and setbacks. • A range of healthy coping strategies and ways to promote wellbeing and boost mood, including physical activity, participation and the value of positive relationships in providing support. • The benefits of physical activity and exercise for physical and mental health and wellbeing. • The role of a balanced diet as part of a healthy lifestyle and the impact of unhealthy food choices. • Strategies for maintaining personal hygiene, including oral health, and prevention of infection. • Strategies to manage the physical and mental changes that are a 	<ul style="list-style-type: none"> • Link to KS4 (Options) Food Technology – Nutrition and diet. • Link to KS3 Humanities – The Black people of America – from slavery to freedom. • Links to KS3 Humanities - The Rise of Nazi Germany and The Holocaust (Democracy vs Dictatorship.) • Link to English - Jack The Ripper and the rise of the Metropolitan Police Force in early Victorian England. • Link to KS3 Humanities – Crime and punishment –

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		typical part of growing up, including puberty and menstrual wellbeing.	1500 to modern day.
Spring Term 1	<ul style="list-style-type: none"> • Dangerous society • Exploring British values • Violence, crime and seeking safety 	<u>KS3.</u> <ul style="list-style-type: none"> • The impact that media and social media can have on how people think about themselves and express themselves, including regarding body image, physical and mental health. • The law relating to the supply, use and misuse of legal and illegal substances. • To recognise and challenge stereotypes and family or cultural expectations that may limit aspirations • The need to promote inclusion and challenge discrimination, and how to do so safely, including online. 	<ul style="list-style-type: none"> • Links to KS3 Humanities - The Rise of Nazi Germany and The Holocaust (Democracy vs Dictatorship.) • Link to English - Jack The Ripper and the rise of the Metropolitan Police Force in early Victorian England. • Link to KS3 Humanities – Crime and punishment – 1500 to modern day. • Link to KS3 Humanities – The Black people of America – from slavery to freedom. • Link to Travel and Tourism – UK travel destinations.
Spring Term 2	<ul style="list-style-type: none"> • Exploring world issues • Politics 	<u>KS3.</u> <ul style="list-style-type: none"> • The risks associated with gambling and recognise that chance-based transactions can carry similar risks; strategies for managing peer and other influences relating to gambling. • About how people may feel if they experience hurtful behaviour or bullying. • To recognise and challenge stereotypes and family or cultural expectations that may limit aspirations. • The law • Community and identity 	<ul style="list-style-type: none"> • Links to KS3 Humanities - The Rise of Nazi Germany and The Holocaust (Democracy vs Dictatorship.) • Link to KS3 Humanities – Crime and punishment – 1500 to modern day.
Summer Term 1	<ul style="list-style-type: none"> • Exploring relationships and sex 	<u>KS3.</u> <ul style="list-style-type: none"> • The risks and myths associated with female genital mutilation (FGM), its status as a criminal act and strategies to safely access 	<ul style="list-style-type: none"> • Link to Biology – biological responses (hormones). • Link to Biology – genetics and

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	<p>education</p> <ul style="list-style-type: none"> Your future 	<p>support for themselves or others who may be at risk, or who have already been subject to FGM.</p> <ul style="list-style-type: none"> The positive and negative uses of drugs in society including the safe use of prescribed and over the counter medicines; responsible use of antibiotics. About the purpose, importance and different forms of contraception; how and where to access contraception and advice. That certain infections can be spread through sexual activity and that barrier contraceptives offer some protection against certain sexually transmitted infections (STIs). Indicators of positive, healthy relationships and unhealthy relationships, including online. To recognise that sexual attraction and sexuality are diverse. That the portrayal of sex in the media and social media (including pornography) can affect people's expectations of relationships and sex. How to safely and responsibly form, maintain and manage positive relationships, including online. About the law relating to sexual consent. The impact of sharing sexual images of others without consent. The law Community and identity Understanding the workplace Employment Finance 	<p>reproduction.</p>
<p>Summer Term 2</p>	<ul style="list-style-type: none"> Careers (x2) 	<p><u>KS3.</u></p> <ul style="list-style-type: none"> To further develop and rehearse the skills of team working. To assess and manage risk in relation to financial decisions that young people might make. To further develop the skills of active listening, clear communication, negotiation and compromise. 	<ul style="list-style-type: none"> Link to KS4 Options Health and Social Care – Careers within health and social care sector/terms and conditions of employment. Link to Travel and Tourism –

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		<ul style="list-style-type: none">• To develop conflict management skills and strategies to reconcile after disagreements.• To review their strengths, interests, skills, qualities and values and how to develop them.• The skills and qualities required to engage in enterprise.• About different work roles and career pathways, including clarifying their own early aspirations.	<p>careers within the travel and tourism sector.</p> <ul style="list-style-type: none">• Link to work experience.• Link to Maths – limits of accuracy.• Link to Maths – graphs. Linked to voting behaviour graphs.
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