

# Encouraging your child to be independent

Here at Oulton First School, we will support your child in becoming independent and taking care of themselves.

You can help us to do this by showing your child how to:

- Tell a grown up if they need the toilet
- Use a toilet and wipe afterwards
- Wash their hands after using the toilet and before eating
- Hang their coat on their named peg
- Put their coat and hat on
- Take their shoes and socks off and put them on again

You can encourage your child by:

- Giving lots of praise when they get it right
- Trying not to respond crossly when they have an accident or make a mistake
- Talking about why it is important to do things such as washing their hands after using the toilet

You can also support the work we do by:

- Labelling your child's clothes with their name
- Putting some spare clothes in your child's bag in case of accidents
- Choosing shoes that are easy for your child to get on and off - preferably no laces please!

