



Whole School PE Overview

| | Early Years | Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|----------|--|--------------------|-----------------------|-----------------------|------------|------------|-------------------|-----------------------|
| Autumn 1 | <p>Across the Early years phase children will develop gross and fine motor skills through adult guided, adult initiated and child initiated activities. Children will develop their strength, balance and co-ordination and work towards a range of fine motor skills including writing, using scissors, painting and using cutlery.</p> | Improving Catching | Athletics | Athletics | H.R.E | Tag Rugby | Tag Rugby | Sports Hall Athletics |
| Autumn 2 | | Improving Throwing | Dance | Dance | Dance | Gymnastics | Basketball | Netball |
| Spring 1 | | Jungle | Gymnastics | Gymnastics | Basketball | Netball | Dance | Gymnastics |
| Spring 2 | | Dinosaurs | Multi Skills | Football | Football | Tennis | Football | Tennis |
| Summer 1 | | Pirates | Throwing and Catching | Balance and Agility | Athletics | Hockey | Outdoor Athletics | Hockey |
| Summer 2 | | Space | Striking and Fielding | Striking and Fielding | Cricket | Rounders | Cricket | Rounders |