

Our Lady Queen of Peace

Catholic High School

Curriculum Overview

Y10 Curriculum for Life

Careers		
Local Market Information	Skills	Jobs
Health and Social Care Hospitality Education Community Services	Communication Decision making Self-management Problem solving Responsibility Organisation Conflict resolution Critical thinking Teamwork Leadership	Nurse Paramedic Social Worker Mental Health Worker Teacher Counsellor Police Officer Community Worker Mediator HMRC/Fraud investigator

	Knowledge & Understanding			Subject Specific Literacy Development	Cultural Capital / Enrichment Opportunities
	Topics (Bigger Picture)	Knowledge (Key Concepts)	Recall & Retrieval Practice Focus	Key Vocabulary	
Half Term 1	Pressure, Coercion and Grooming	- Recognising pressure, coercion and manipulation - Understanding grooming in relationships and online contexts - Unhealthy power dynamics in relationships - Strategies for staying safe and seeking help	Recall key vocabulary and knowledge from previous lessons related to: Impacts of unhealthy power dynamics. Signs and risks related to grooming. Understanding of coercion. Healthy sexual relationships.	Online safety Grooming Power Manipulation Coercion Pressure	Understanding of safe and healthy relationships in your own lives. UK laws around crime and grooming. UK laws around pornography.
	Healthy Sexual Relationships	- Characteristics of healthy sexual relationships, including consent. - Readiness for sex and importance of emotional wellbeing		Consent Sexual harassment Sexual Violence	

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		- Legal and emotional implications of sexual harassment, sexual violence, rape, upskirting, and sexual assault. - Where to access support.	Impacts of pornography on relationships. .		
	Pornography and Unrealistic Expectations	- Influence on expectations about sex, consent and bodies. - Sexual aggression and harmful sexual behaviours in media - Myths and misconceptions. - Where to access support		Pornography Harmful Misconceptions Expectations	
Half Term 2	Prejudice and Discrimination	- Prejudice and Discrimination in our world - Case studies of this in our world	Recall key vocabulary and knowledge. Opportunities for scenario-based activities.	Prejudice Discrimination Acceptance	Links to our diverse nation and British Values Prevent Understanding our developing world of media and technology Links to political leaders and scrutinising how they behave
	Extremism and Radicalisation	- What is radicalisation - What is extremism - How to spot signs of radicalisation and extremism - Local case study (far right extremism)		Radicalisation Extremism Far Right	
	The Media and perceptions of citizens	- Media Literacy - Media distortion and AI/Deepfakes		AI Deepfake	
	Citizen action to promote British Values	- Holding those in power to account - Holding organisations to account		Supreme Court Civil Law	
	‘The Big Debate lesson’	- Plan and debate an issue linked to British Values in society - Explore a contextual and current issue in the news that is appropriate and relevant e.g. CCTV and its extensive use		Arguments Evidence Judgements	
	Assessment and Careers	- Oracy task and discussion - Assessment of knowledge learnt so far and identifying improvements			

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		Careers link to Alternative Dispute Resolution facilitators and mediators			
Half Term 3	Career Routes and your Future	- Career pathways and progression routes - Further education, apprenticeships and training options - Importance of work experience and personal goals - Lifelong learning	Recall key vocabulary and knowledge from previous lessons related to: Different career pathways and options Benefits of work experience. Work rights and expectations. Methods to manage work-life-balance.	Career Education Progression Work experience	Links to careers and different pathways in society. UK laws and policies in the workplace.
	Workplace Rights and Responsibilities	- Employee rights and responsibilities - Professional behaviours - Equality, respect and discrimination in the workplace - Basics of contracts, pay and working conditions		Rights Responsibilities Professionalism	
	Work-life Balance and Wellbeing	- Importance of work-life balance - Managing stress in work and study contexts, including boundaries, routines and rest. - Recognising pressure, stress and burnout - Strategies to support wellbeing and resilience		Balance Wellbeing Routines Pressures Strategies	
Half Term 4	Substance Misuse	- The impact of drugs and alcohol on individuals' health, mental health, personal safety, decision making families and wider communities. - Short- and long-term consequences of misuse - Dependency/addiction. - The law relating to the supply and possession of illegal substances. - Dangers of misuse of prescribed and over-the-counter medicines. - Seeking help for substance use and addiction.	Recall key vocabulary and knowledge from previous lessons related to: Impacts of drugs and alcohol. Impacts of gambling. Strategies for managing mental health. .	Alcohol Drugs Risk Dependence Impact	Equips pupils with the knowledge and understanding needed to make informed decisions about their health, relationships and future wellbeing.

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	Gambling	- Impacts and dangers of gambling on health, emotions and finance. - Strategies for managing influences. - The relationship between gambling and debt.		Gambling Pressure Addiction	
	Mental Health and Managing Pressure	- Factors affecting mental wellbeing and stress. - Signs of anxiety, stress and low mood. - Impact of harmful online content on thoughts and behaviour. - Impacts of exposure to self-harm, suicide or violent content online. - Coping strategies, resilience and help-seeking		Mental Health Signs Symptoms	
Half Term 5	Planning for the Future	- Pensions - ISAs - Mortgages/Rent	Recall key vocabulary and knowledge.	Pension ISA Mortgage	Links to planning for buying/renting a property, high interest saving and preparing for life after work
	Taxation and Government Spending	- How do the government raise funds? - Taxation - The role of the Chancellor	Opportunities for scenario-based activities.	Taxation Treasury Chancellor of the Exchequer	Links to how students will pay tax in the future plus the consequences for failure to pay tax
	Managing public funds	- How does the government spend taxes? - Risk Management		Public Money Cabinet Risk Management	
	Public Spending in action	- Creating a plan to finance Britain - Considering public spending - Considering Taxation - Link to Political Party Ideology		Political Spectrum Ideology	Links to holding key political figures accountable for spending citizens' taxes
	'The Big Debate lesson'	- Plan and debate an issue linked to British Values in society - Explore a contextual and current issue in the news that is appropriate and relevant e.g. CCTV and its extensive use		Arguments Evidence Judgements	

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	Assessment and Careers	- Oracy task and discussion - Assessment of knowledge learnt so far and identifying improvements - Careers link to HMRC and Fraud investigation			
Half Term 6	Domestic Abuse and Coercive Control	- Understanding what domestic abuse and coercive control are. - Recognising controlling and abusive behaviours. - Honour-based abuse and forced control within families including forced marriage. - How to seek help and support	Recall key vocabulary and knowledge from previous lessons related to: Impacts of forced marriage. Signs of controlling behaviour. Impacts of image-based sharing.	Domestic abuse Coercion Control Honour-based abuse Forced Marriage	Understanding of healthy and respectful relationships, digital responsibility and media literacy. The UK laws around unsafe and illegal behaviour in relationships.
	Sexual Exploitation and Violence	- Sexual exploitation and abuse - Awareness of FGM, virginity testing and hymenoplasty, as a form of abuse and illegal practice. - Awareness of harmful attitudes including misogyny and incel ideology. - Importance of reporting and accessing support		Sexual exploitation Sexual abuse Forced Marriage Misogyny Incel Ideology	
	Image-based Abuse and Online Sexual Harm	- Consent and risks of sharing intimate images or videos. - AI generated imagery. - Image-based abuse and non-consensual sharing - Coercion and pressure to send images - Legal consequences - How to respond safely and access support		Image-based abuse Consent	

Key Assessments

When	What will be assessed?	Why is this being assessed?	How will results be stored & students receive feedback?
End of HT1	- Awareness of the impacts of unhealthy power dynamics. - Understanding of signs and risks related to grooming. - Understanding of coercion. - Awareness of what makes healthy, intimate relationships - Definitions of key words from half term 1.	To check students' understanding about the meaning of key vocabulary and how to manage different situations across different relationships.	Knowledge mind maps update each lesson. Marked Knowledge Checkers glued into books. Knowledge checkers are marked in class, so immediate feedback is provided to address any misconceptions.
End of HT2	- What is radicalisation - What is extremism - Examples of extremist groups - How to spot behaviour changes that cause concern	To check students' understanding about the meaning of key vocabulary and radicalisation and extremism	Knowledge mind maps update each lesson. Marked Knowledge Checkers glued into books. Knowledge checkers are marked in class, so immediate feedback is provided to address any misconceptions.
End of HT3	- Awareness of different career pathways and options - Understanding of the benefits of work experience. - Understanding of work rights and expectations. - Methods to manage work-life-balance. - Definitions of key words from half term 3.	To check students' understanding about the meaning of key vocabulary and how to keep themselves safe and manage different situations in the wider world.	Knowledge mind maps update each lesson. Marked Knowledge Checkers glued into books. Knowledge checkers are marked in class, so immediate feedback is provided to address any misconceptions.
End of HT4	- Understanding of the impacts of drugs and alcohol. - Impacts of gambling. - Strategies for managing mental health. - Definitions of key words from half term 4.	To check students' understanding about the meaning of key vocabulary and how to be responsible for their own health.	Knowledge mind maps update each lesson. Marked Knowledge Checkers glued into books. Knowledge checkers are marked in class, so immediate feedback is provided to address any misconceptions.
End of HT5	- Private finances in preparation for adult and retired life - Public finances and how they are spent	To check students' understanding about the meaning of key vocabulary, the differences in public and private finance and management of both	Knowledge mind maps update each lesson. Marked Knowledge Checkers glued into books. Knowledge checkers are marked in class, so immediate feedback is provided to address any misconceptions.
End of HT6	- Understanding of the impacts of forced marriage. - Signs of controlling behaviour. - Impacts of image-based sharing. - Definitions of key words from half term 6.	To check students' understanding about the meaning of key vocabulary and how to manage different situations within different relationships.	Knowledge mind maps update each lesson. Marked Knowledge Checkers glued into books. Knowledge checkers are marked in class, so immediate feedback is provided to address any misconceptions.