

**Our Lady Queen of Peace**  
Catholic High School

Curriculum Overview

**Year 10 Health and Social Care**

| Careers                                                                                                                                                                                     |                           |                                           |
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| Local Market Information                                                                                                                                                                    | Skills                    | Jobs                                      |
| Local care homes - visits at Christmas to deliver care packages created for residents.<br>West Lancs College workshop – HSC department<br>Awareness of health care and social care settings | Research<br>Communication | Care worker<br>Health care<br>Social care |

|             | Knowledge & Understanding                                                         |                                                                                                                                                                                                                                                                                                                                                            |                                                                                        | Subject Specific Literacy Development                                   | Cultural Capital / Enrichment Opportunities                                                                                         |
|-------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
|             | Topics (Bigger Picture)                                                           | Knowledge (Key Concepts)                                                                                                                                                                                                                                                                                                                                   | Recall & Retrieval Practice Focus                                                      | Key Vocabulary                                                          |                                                                                                                                     |
| Half Term 1 | <b>RO32: Principles of care</b><br><b>TA1 Rights of service users</b>             | Examples of health and social care settings.<br>Rights of service users and examples of how they are met in HSC.<br>Examples of how maintaining rights will benefit health and wellbeing in HSC.                                                                                                                                                           | TA1:<br>Health care settings<br>Social care settings<br>Rights<br>Importance of rights | Pharmacy<br>Dental surgery<br>Residential home<br>Confidentiality       | <b>Programmes –</b><br>Protecting Our Children Ep1<br>Leaving care: Ten years on<br>Panorama Undercover<br>Elderly Care Part 1 of 2 |
|             | <b>TA3 Effective communication</b>                                                | The importance of communication and how and when used in H&SC - verbal non-verbal, active listening and special methods<br>The benefits of using a range of communication skills<br>The importance of effective communication – support values and rights, meet service user's needs, protect the rights, the impact of good and poor communication skills | TA3:<br>Verbal<br>Non-verbal<br>Active listening<br>Specialist                         | Advocate<br>Empowerment<br>Reassurance<br>Misunderstanding              | Joe Swash Teens in care<br><br>Rose Ayling-Ellis Old hands, New tricks                                                              |
|             | <b>RO35: Health campaigns</b><br>TA1: Current health issues and impact on society | Current challenges faced – what, who, how (with examples)<br>Examples of current campaigns – sun protection, Covid protection, Sexual health, dental health, smoking cessation, alcohol consumption, mental health etc<br>Examples of the benefits                                                                                                         | RO32: TA1 and TA3                                                                      | Smoking cessation<br>Alcohol consumption<br>Campaign<br>Target audience | Opportunity to research current campaigns<br><br>Programmes - dependent on set assignment                                           |

|             | Knowledge & Understanding                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                   | Subject Specific Literacy Development                                                                                     | Cultural Capital / Enrichment Opportunities                                                                        |
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|             | Topics (Bigger Picture)                              | Knowledge (Key Concepts)                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Recall & Retrieval Practice Focus | Key Vocabulary                                                                                                            |                                                                                                                    |
|             |                                                      | <i>Focus on the set assignment topics</i><br><br><b>Task 1a Choose a public health challenge</b>                                                                                                                                                                                                                                                                                                                                                                            |                                   |                                                                                                                           | Internet research                                                                                                  |
| Half Term 2 | RO35:<br>TA2: Factors influencing health             | Examples of different factors - lifestyle choices, health, education and socio-economic, health services<br>How health promotion campaigns can support a healthy lifestyle with examples of benefits – physical, intellectual, emotional, social impacts<br>What prevents individuals from being healthy<br><br><i>Focus on the set assignment topics</i><br><br><b>Task 1b Choose your public health challenge (target audience, factors, barriers and PIES benefits.)</b> | RO32: TA1 and TA3                 | Lifestyle choice<br>Hygiene<br>Environment<br>Physical<br>Intellectual<br>Emotional<br>Smoking cessation                  | Opportunity to research current campaigns<br><br>Programmes - dependent on set assignment<br><br>Internet research |
|             | Christmas Project<br>COMMUNITY CARE PACKAGES         | Students create Christmas cards, letters and care packages for residents and key workers in local residential homes                                                                                                                                                                                                                                                                                                                                                         |                                   | Residential home<br>Care practitioners                                                                                    | Visits to local care homes and deliver to residents and workers                                                    |
| Half Term 3 | RO35:<br>TA3: Health promotion campaigns             | Aims of the campaign and what you want to educate about.<br>Examples of timescales, resources, safety considerations, communication to be used, appropriateness to the target audience, methods used to engage, feedback methods<br><br><b>Task 2a Plan your campaign (aims, timescales, resources, safety, communication)</b>                                                                                                                                              | RO32: TA1 and TA3                 | Timescales<br>Resources<br>Appropriateness<br>Methods<br>Feedback                                                         | Research other campaigns produced by previous students<br>Research websites for information                        |
| Half Term 4 | RO35:<br>TA4: Deliver and evaluate a health campaign | Examples of delivering content, appropriate for the campaign<br>Appropriate methods to collect feedback on performance<br><br><b>Task 3 Deliver a campaign (presentation and feedback collection)</b><br><br><b>Task 4 Evaluate performance (strengths, weaknesses and areas for improvement)</b>                                                                                                                                                                           | RO32: TA1 and TA3                 | Introduce<br>Deliver<br>Content<br>Feedback<br>Evaluate<br><br>Strengths<br>Weaknesses<br>Improvements<br>Self-reflection | Students will deliver to younger students during the Curriculum for Life Day                                       |

|                        | Knowledge & Understanding                                                                         |                                                                                                                                                                                                                                                                |                                      | Subject Specific<br>Literacy Development                                                             | Cultural Capital /<br>Enrichment<br>Opportunities                                                            |
|------------------------|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
|                        | Topics<br>(Bigger Picture)                                                                        | Knowledge<br>(Key Concepts)                                                                                                                                                                                                                                    | Recall & Retrieval Practice<br>Focus | Key Vocabulary                                                                                       |                                                                                                              |
| <b>Half<br/>Term 6</b> | <b>RO33 Supporting<br/>individuals through<br/>life events:</b><br>TA2: Impacts of life<br>events | Examples of physical events, relationship changes, life<br>circumstances<br>Examples of the impact of life events – physical,<br>intellectual, emotional, social, financial<br>Examples of identifying individual needs based on the<br>impacts of life events | RO32: TA1 and TA3                    | Genetic disorders<br>Puberty<br>Menopause<br>Bereavement<br>Grief<br>Impairment<br>Anxiety<br>Wealth | Programmes:<br>Loose women Interviews<br>with people about their<br>life events<br>Katie Piper (acid attack) |

## Key Assessments

| When        | What will be assessed?                                                                     | Why is this being assessed?                                                                                                                                                                                                   | How will results be stored & students receive feedback?                                                                                        |
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| Half term 1 | RO32 Principle of care<br>TA1 and TA3<br><br>RO35: Task1a Choose a public health challenge | Knowledge checker. To see how students perform in exam conditions and from recall.<br><br>Students submit Task 1a                                                                                                             | Green sheet feedback<br>Teacher to adapt their teaching<br>HSC tracker                                                                         |
| Half term 2 | RO35: Task1b Choose your public health challenge                                           | Students submit Task 1b                                                                                                                                                                                                       | Green sheet feedback<br>Teacher to adapt their teaching<br>HSC tracker                                                                         |
| Half term 3 | RO35: Task 2a Plan your health campaign                                                    | Students submit Task 2a                                                                                                                                                                                                       | Green sheet feedback<br>Teacher to adapt their teaching<br>HSC tracker                                                                         |
| Half term 4 | RO35: Task 3 Deliver a campaign<br><br>RO35: Task 4 Evaluate performance                   | To present a health campaign to younger students on Curriculum for Life Day in a marketplace format and gain feedback to use on Task 4<br>Teacher observation sheet completed by teacher for Task 3<br>Students submit Task 4 | Green sheet feedback<br>Teacher to adapt their teaching<br>HSC tracker<br><br>Feedback received from teachers supervising and younger students |
| Half term 5 | RO35 Health promotion campaigns Coursework Submission                                      | Students submit all tasks which is worth 30% of their overall grade                                                                                                                                                           | SIMS<br>HSC<br>Key pieces/Whole class feedback                                                                                                 |
| Half term 6 | RO33: Task 2a Impact of life events                                                        | Students submit Task 2a                                                                                                                                                                                                       | Green sheet feedback<br>Teacher to adapt their teaching<br>HSC tracker                                                                         |