

Year 11 Sports Studies

Careers

Local Market Information

Skills

Jobs

See skills

Ability to work in a group
Time management

PE Teacher
Outdoor Activity Instructor

Knowledge & Understanding

**Subject Specific
Literacy Development**

**Cultural Capital / Enrichment
Opportunities**

**Topics
(Bigger Picture)**

**Knowledge
(Key Concepts)**

**Recall & Retrieval
Practice Focus**

Key Vocabulary

**Half Term
1**

**Unit R187: Increasing
awareness of Outdoor and
Adventurous Activities –
topic area 2**

Research equipment, clothing and safety aspects of participating in outdoor and adventurous activities and how they affect performance.
Research the types of technology that can enhance participation or safety in OAA.
Research the types of terrain/manmade environments in OAA and how they affect the difficulty for an individually.

National governing bodies

Specialist equipment, terrain, specific OAA clothing and equipment

Students attend an OAA centre and complete a practical assessment. Students participate in pairs in a canoe working on teamwork, safety and canoeing techniques. Students will ask the leaders specific questions about their job roles and their prior experience.

**Half Term
2**

**Unit R187: Increasing
awareness of Outdoor and
Adventurous Activities –
topic area 4**

Review of an adventurous activity considering the strengths and weakness. Review of leadership and organisation skills in the activity.
Research how OAA has an impact of individuals social skills, physical skill and mental well-being

Technology in sport

Self-esteem, resilience, problem solving

**Half Term
3**

**R184: Contemporary
issues in sport Topic area
1, 2 , 3,**

Issues which affect participation in sport: barriers for different user groups and the solutions (promote, provision and accessibility)
Sporting values: Olympic Creed, Olympic values and sporting values.
Hosting major sporting events: the different types of sporting events (one off, regular, regular reoccurring,) the benefits and drawbacks of hosting.

Barriers to participation

Provision, WADA, promotion, accessibility, reoccurring

	Knowledge & Understanding			Subject Specific Literacy Development	Cultural Capital / Enrichment Opportunities
	Topics (Bigger Picture)	Knowledge (Key Concepts)	Recall & Retrieval Practice Focus	Key Vocabulary	
Half Term 4	R184: Contemporary issues in sport Topic area 4, 5	The role of national governing bodies: Looking into key areas such as officiating, development of coaches, development of policies, amending rules, promoting participation, providing to support to members, funding and safety. The use of technology in sport: the different types of technology in sport. Identifying advantages and disadvantages to technology.	Hosting major sporting events	Policies, national governing bodies, funding, enhancement,	
Half Term 5	Exam preparation R184 All topic areas	Students will analysis their last mock exam with their teacher. Students will identify area of weakness in preparation for revision. Students will complete walkthrough examinations in class and develop exam techniques	National governing bodies, technology in sport		Burscough FC deliver a PowerPoint during form time with information regarding the pathway they offer

Key Assessments

When	What will be assessed?	Why is this being assessed?	How will results be stored & students receive feedback?
Half term 3	R187 Outdoor Adventurous Activities	Students submit their 5 tasks which is worth 20% of their overall grade	SIMS Key pieces/Whole class feedback
Half term 4	Unit R184: Contemporary issues in sport topic area 1, 2, 3, 4 & 5	Students have covered all the exam topic areas. After the mock exam, teachers will plan their recalls accordingly.	SIMS Exam analysis in class