

Curriculum for Life

Year Group Overview



Y11	Belonging Autumn 1	Positivity & Aspirations Autumn 2	Healthy Me Spring 1	Relationships Spring 2	
	Pros and cons of becoming an adult, age limits Being an adult, keeping safe, emergency situations, advice and support, first aid, scenarios. Situations and consequences	Anxiety & effects, tips, solution-based thinking, sleep needs and advice, benefits of relaxing Money, work, debt, gambling, employment, types of employment e.g., self-employed, employee, zero hours, financial goals, budgeting, credit cards	STIs and risks, being healthy and looking after your health, condoms, breast and testicle self-examination	Intimate romantic Relationships, scenarios, sex perceptions, Are you ready for sex? child-on-child abuse Intimate relationships, parenting	Sleep, exam prep, eat well Destination Data
				LGBT+, gender and sexuality spectrums, Perceptions of LGBT+, timeline, Do's and Don'ts of coming out. My body my choice, breast ironing and FGM, 'honour based violence', forced marriage, law, LGBT+ hate crime	
	Relationships and the law, marriage and alternatives, consent, advice on sexual health, coercive control, domestic abuse, 'honour based violence', child-on-child abuse, arranged/forced marriage Equality Act, coercive control, domestic abuse, violence in relationships, teen dating violence, child-on-child abuse	Jobs in the future, dream job, managing your skillset, employment opportunities. Can technology help us reach our goals?	Sex, Are you ready?, consent, child-on-child abuse. Mutual respect in intimate relationships Fertility and pregnancy, pregnancy choices including Abortion, pregnancy myths, bringing up a baby, financial implications		Sharing nudes
	Self-review, online law and safety, including pornography and gambling, misuse of mobile phones, sexting, child-on-child abuse	Barriers to positivity and aspirations, when things go wrong, resilience	Intimate relationships, abuse, rape culture, child-on-child abuse	Balance of power in relationships, case studies, child-on-child abuse. Being you in a relationship	
	CITIZENSHIP 1 Who represents us globally, nationally and locally?	CITIZENSHIP 2 The nature of Parliamentary democracy in the UK	CITIZENSHIP 3 Voting System & Elections		