Our Lady Queen of Peace

Catholic Engineering College

Curriculum Overview

Year 11 Physical Education

	Knowledge & Understanding			Subject Specific Literacy Development	
	Topics (Bigger Picture)	Knowledge (Key Concepts)	Recall & Retrieval Practice Focus	Key Vocabulary	Cultural Capital / Enrichment Opportunities
Week 1 - 12	OAA & Team Building – Boys/girls (Team work, communication) Rugby – Boys (physical competence) Badminton – Boys (confidence) Netball – Girls (physical competence) Gymnastics – (Creativity and	Map reading, tug of war & sack races, problem solving Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams	Last lesson last sport questions (refer to teacher sheet)		Extra-curricular programme Lancashire cup competitions Information on local clubs WLSPE Events
Week 13 - 22	Confidence) Basketball – boys (Resilience) Fitness – boys (Health and wellbeing) Dance – girls (Creativity and Confidence) Hockey – girls (tactics and strategy)	sports session, organising teams Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams	Last lesson last sport questions (refer to teacher sheet)		Extra-curricular programme Lancashire cup competitions Information on local clubs WLSPE Events
Week 23 – 31	Hockey – boys (tactics and strategy) Dance – boys (Creativity and Confidence) Football – girls (physical competence) Volleyball – girls (Resilience)	Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams	Last lesson last sport questions (refer to teacher sheet)		Extra-curricular programme Lancashire cup competitions Information on local clubs WLSPE Events

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Week 34 - 38	Athletics – boys (Resilience) Athletics – girls (Resilience)	Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams	Last lesson last sport questions (refer to teacher sheet)		Extra-curricular programme Lancashire cup competitions Information on local clubs WLSPE Events
Week 40 – 44	Cricket – boys (Leadership and responsibility)	Leading a sports session, officiating a sports session, organising teams	Last lesson last sport questions (refer to teacher sheet)		Extra-curricular programme Lancashire cup competitions Information on local clubs WLSPE Events
	Softball – boys (Leadership and responsibility) Rounders – girls (Leadership and responsibility) Cricket – girls (physical competence)	Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams			
Week 45 - 47	Trampoling – boys (Creativity and Confidence) Fitness – girls (Health and wellbeing)	Leading a sports session, officiating a sports session, organising teams Leading a sports session, officiating a sports session, organising teams	Last lesson last sport questions (refer to teacher sheet)		Extra-curricular programme Lancashire cup competitions Information on local clubs WLSPE Events