

OUR WEEKLY MENUS

WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Lasagne With Garlic Bread	Pork Sausages and Onion Gravy with Mashed Potatoes	Roast Chicken Dinner, Stuffing and Gravy	Minced Beef Pie With Herby Diced Potatoes	Battered Fish Fillet With Chipped Potatoes
Halal Chicken Parmo Wrap With Garlic Bread	Halal Chicken Pie With Mashed Potatoes	Halal Spicy Beef Nachos With Garlic Bread	Halal Chicken Biryani With Naan Bread	Fish Fingers With Chipped Potatoes
Vegan Sausage Rolls with Herby Diced Potatoes (v)	Quorn Burgers in a Bun With Jacket Wedges (v)	Baked Bean Lasagne With Garlic Bread (v)	Macaroni Cheese With Garlic Bread (v)	Fishcakes With Chipped Potatoes
Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings
Sweetcorn and Peas Mix	Fresh Vegetable Medley	Roast Potatoes Carrots & Broccoli	Peas and Swede	Mushy Peas and Curry Sauce
Chocolate Cake and Chocolate Sauce	Sticky Toffee Pudding	Jam Roly Poly and Custard	Vanilla Sponge and Custard	Jaffa Orange Muffins

V - Vegetarian | VG - Vegan | GF - Gluten Free

W/C 15th April, 6th May, 3rd June, 24th June, 15th July, 2nd September, 23rd September, 14th October

WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti Bolognese With Garlic Bread	Pork Cantonese With Steamed Rice	Roast Gammon Dinner with Roast Potatoes and Gravy	Mince and Dumplings with Herby Diced Potatoes	Battered Fish Fillet With Chipped Potatoes
Halal Chicken Casserole with Dumplings and Herby Diced Potatoes	Halal Chicken Fajitas With Steamed Rice	Halal Minced Beef Pie with Roast Potatoes and Gravy	Halal Shredded Chicken in a Bun with Herby Diced Potatoes	Fish Fingers With Chipped Potatoes
Quorn Burger in a Bun with Herby Diced Potatoes (v)	Cheese Pasty with Oven Jacket Wedges (v)	Veggie Burrito with Jacket Wedges (v)	Cheese and Onion Pie with Herby Diced Potatoes (v)	Fishcakes With Chipped Potatoes
Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings
Potato Wedges Peas and Sweetcorn Mix	Herby Diced Potato Baked Beans	Carrots and Broccoli	Seasonal Fresh Vegetable Medley	Mushy Peas and Curry Sauce
Iced Lemon Sponge	Eaton Mess	Cornflake Cake and Custard	Victoria Sponge Cake	Chocolate Chip Muffins

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W/C 22nd April, 13th May, 10th June, 1st July, 22nd July, 9th September, 30th September, 21st October

WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Meatball Sub Roll Herby Diced Potatoes	Hunters Chicken With Herby Diced Potatoes	Roast Turkey Dinner, Stuffing and Gravy	Chicken Pie With Mashed Potatoes	Battered Fish Fillet With Chipped Potatoes
Halal Spicy Chicken Fajitas With Steamed Rice	Halal Beef Meatballs With Herby Diced Potatoes	Halal Sweet and Sour Chicken With Steamed Rice	Halal Spicy Mexican Burrito With Steamed Rice	Fish Fingers With Chipped Potatoes
Roasted Vegetable Quiche With Herby Diced Potatoes (v)	Mushroom and Broccoli Stroganoff With Garlic Bread (v)	Veggie Mince Chilli With Steamed Rice (v)	Vegetable Hot Pot With Mashed Potatoes (v)	Fishcakes With Chipped Potatoes
Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings
Peas and Sweetcorn Mix	Seasonal Vegetable Medley	Carrots and Broccoli	Cauliflower and Swede	Mushy Peas and Curry Sauce
Orange Drizzle Cake	School Sprinkle Cake	Apple Crumble and Custard	Rice Pudding and Jam	Chocolate Crunch

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W/C 29th April, 20th May, 17th June, 8th July, 16th September, 7th October

Alongside the above menu is a selection of freshly made baguettes, pizza and pasta.
Salad, fruit and fresh drinking water always available.
Tray bakes and yogurt are available in all dining areas.
Special diets / religious diets can be catered for.
Allergen information correct at time of print - please see staff for up to date information.

Meal Deals:

Please see posters or ask staff for details.



OUR LADY & ST. BEDE
CATHOLIC ACADEMY

