



Year 11 Six Week Plan

Subject: Health and Social Care

	Key areas of focus in lessons.	Key areas of focus in Academic Enrichment .	Key areas of focus for homework .	Key areas of focus for independent learning .
1 W/C 15/09	Week 1 – R035 Task 1b coursework Rights of service users	<ul style="list-style-type: none"> The five rights (choice, confidentiality, protection from harm and abuse, consultation, equal/fair treatment); importance of upholding rights in care settings. Group case study analysis – spotting rights upheld/violated. Discussion on why rights protect dignity and wellbeing. 	Build a glossary of R032 key terms. Assessment Checkpoint: Short-answer question (4 marks): “Identify and describe two principles of care.”	✔ Create Flashcards: Definitions and examples of each right ✔ Mind Map: Why these rights are important ✔ Case Study Activity: Identify rights being upheld or not upheld in different scenarios ✔ Exam-Style Questions: Explain how care workers ensure rights are maintained
2 W/C 22/09	Week 2 – R035 Task 1b coursework Person centred values	<ul style="list-style-type: none"> Definition of person-centred values; the 8 values (individuality, independence, privacy, choice, dignity, respect, rights, partnership); application in care practice. Role-play scenarios (meals, privacy, care planning) and group feedback on person-centred approaches. 	Explain how confidentiality can be maintained in two settings. Assessment Checkpoint: 6-mark question: “Explain how principles of care are applied in a care home for older adults.”	✔ Create a Poster: The 8 person-centred values ✔ Role-Play/Scenario Discussion: Apply person-centred values to real-world care situations ✔ Match-Up Activity: Match each value to an example of its use ✔ Practice Exam Questions: Describe how person-centred values support service users
3 W/C 27/09	Week 3 – R035 Task 1b coursework Effective communication – Types & importance	<ul style="list-style-type: none"> Types of communication (verbal, non-verbal, written, specialist); active listening; importance of communication in care. Small-group activity matching methods of communication to real-world care examples; role-play showing effective listening. 	Explain why upholding the right to choice improves wellbeing. Create flashcards for each service user right. Assessment Checkpoint: 5-mark question: “Describe three rights of service users and explain one reason why each is important.”	✔ Flashcards: Different types of communication ✔ Create a Table: Examples of communication methods in different settings ✔ Matching Activity: Barriers to communication & solutions ✔ Exam-Style Questions: Explain why communication is key in a health and social care setting



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4 W/C 6/10	Week 4 – R035 Task 1b coursework Effective communication – Overcoming barriers & confidentiality	<ul style="list-style-type: none"> Barriers to communication (language, emotional, sensory, environmental); strategies to overcome; confidentiality and why it matters. Barrier-matching workshop (problem-solving); group discussion on confidentiality dilemmas. 	Case study: How a care worker supports rights of an older adult with dementia. Mind-map barriers to rights. Assessment Checkpoint: 8-mark extended response: "Explain how service providers can support rights in a nursery setting."	✓ Mind Map: Barriers and strategies to overcome them ✓ Scenario Practice: How to communicate effectively with different service users ✓ Create a Guide: "Top Tips for Confidentiality in Health & Social Care" ✓ Exam Practice: How to overcome communication barriers
5 W/C 13/10	Week 5 – R035 Task 1b coursework Protecting service users & providers	<ul style="list-style-type: none"> Safeguarding and risk assessments; protecting service users (hygiene, safeguarding, complaints); protecting providers (policies, training, whistleblowing). Case study on abuse or neglect scenarios; role-play safeguarding response; peer feedback. 	Reflection on how poor communication impacts wellbeing. Watch H&SC professionals, note positive communication skills. Assessment Checkpoint: 6-mark exam practice: "Explain two ways effective communication supports service user wellbeing."	✓ Create a Poster: Key steps to safeguarding service users ✓ Case Study Activity: Identify risks and how to minimise them ✓ Role-Play Activity: Responding to safeguarding concerns ✓ Practice Exam Questions: Explain how care workers protect themselves and service users
6 W/C 20/10	Week 6 – R035 Task 1b coursework Exam practice and review	<ul style="list-style-type: none"> Full exam practice under timed conditions; revision strategies; identifying personal weak areas. Marking workshop – compare answers to mark schemes; peer assessment of exam answers. 	Essay – "Explain how the Equality Act 2010 promotes anti-discriminatory practice." Revision grid linking laws to principles and rights. Assessment Checkpoint: 10-mark exam question (end-of-unit practice): "Discuss how legislation supports service user rights and principles of care."	✓ Complete a Full Past Paper: Under exam conditions ✓ Mark Your Answers: Compare to the mark scheme ✓ Identify Weak Areas: Revisit topics needing improvement ✓ Self-Quiz: Test yourself on definitions, key points, and case studies