



**An Interesting** Article...

How COVID-19 is Affecting the World of **Sports** 



**Course Outline** 



## **TED Talk**

**Are Athletes Really Getting Faster, Better,** Stronger?



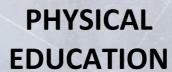
## **Online Course**

**Nutritional Strategies** for Sports Performance and Growth



## **Wider Context**

The Industrial Revolution. **Organised Sport Went on** to be Developed for **Growing Urban Populations** 





**Thinking About Careers** 

Unifrog





## **YouTube**

Jessica Ennis-Hill Workout with a Champion