

HD RSE Long Term Plan

	HT1	HT2	HT3	HT4	HT5	HT6
Y7	Healthy Inside and Out	Changing Bodies + Where we come from	Careers – Employability skills	Friends and Family + My Life on Screen Bullying and PREVENT	Living Responsibly	Personal Development
Y8	Created an Chosen + Appreciating Differences + Feelings	Tough Relationships + Wider world	Careers – Competencies, Teamwork, Communication and Leadership	First Aid	Think Before you Share	Health and Hygiene
Y9	Love and Desire	Being Responsible	Careers – Virtual Work Experience	Smoking, Alcohol and Drugs	Diet and Nutrition	Physical Training
Y10	Authentic Freedom + Self Image, + Values, Attitudes and Beliefs	Parenthood, Pregnancy and Abortion	Careers – CV, Cover Letters, Interview Techniques	Abuse and Solidarity	Finance	Psychology
Y11	Self-worth, Addiction and Eating Disorders	Birth Control, Pornography, STI's and Coercive Control	Careers – Labour Market Information, Apprenticeships and your chosen career	Bullying, Knife Crime and PREVENT	Life Guarding and Advanced First Aid	