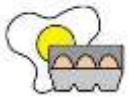
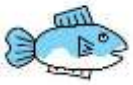
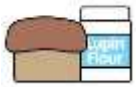
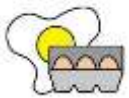
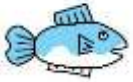
## DISHES AND THEIR ALLERGEN CONTENT – OUR LADY & ST EDWARD'S PRIMARY SCHOOL – WEEK 1 MONDAY

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Gluten free Chicken Goujons | | | | | | | | | | | | | | |
| Wrap | | ✓ Wheat | | | | | ✓ | | | | | | | |
| Tuna Mayo | | | | ✓ | ✓ | | ✓ | | ✓ | | | | | |
| Cheese | | | | | | | ✓ | | | | | | | |
| Tomato & Mascarpone Pasta | | ✓ Wheat | | | | | ✓ Cheese | | | | | | | |
| Rice Pudding | | | | | | | ✓ | | | | | | | |
| Yoghurts | | | | | | | ✓ | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

**Review date: 15.10.26 Reviewed by: Mrs Gallagher**

Food Standards Agency
food.gov.uk

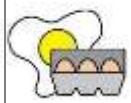
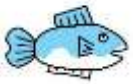
## DISHES AND THEIR ALLERGEN CONTENT – OUR LADY & ST EDWARD'S PRIMARY SCHOOL – WEEK 1 TUESDAY

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Beefburger | | ✓ Wheat | | | | | | | | | | | | |
| Bun | | ✓ Wheat | | | | | | | | | | | ✓ | |
| Veggie Burger | | ✓ Wheat | | | | | | | | | | | | |
| Cheese Panini | | ✓ Wheat | | | | | ✓✓ +Cheese | | | | | | ✓ | |
| Tuna Mayo | | | | ✓ | ✓ | | ✓ | | ✓ | | | | | |
| Cheese | | | | | | | ✓ | | | | | | | |
| Peaches | | | | | | | | | | | | | | |
| Yoghurts | | | | | | | ✓ | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

**Review date: 15.10.26** **Reviewed by: Mrs Gallagher**

Food Standards Agency
food.gov.uk

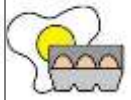
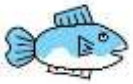
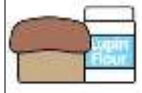
## DISHES AND THEIR ALLERGEN CONTENT – OUR LADY & ST EDWARD'S PRIMARY SCHOOL – WEEK 1 WEDNESDAY

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Spaghetti Bolognaise | | ✓ Wheat | | | | | | | ✓ | | | | ✓ | |
| Garlic Bread | | ✓ Wheat | | | | | ✓ | | | | | | ✓ | |
| Tuna Mayo | | | | ✓ | ✓ | | ✓ | | ✓ | | | | | |
| Wrap | | ✓ Wheat | | | | | | | | | | | | |
| Cheese | | | | | | | ✓ | | | | | | | |
| Chocolate Cookies | | ✓ Wheat | | ✓ | | | ✓ | | | | | | ✓ | |
| Yoghurts | | | | | | | ✓ | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

**Review date: 15.10.26** **Reviewed by: Mrs Gallagher**

Food Standards Agency
food.gov.uk

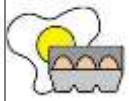
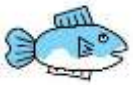
## DISHES AND THEIR ALLERGEN CONTENT – OUR LADY & ST EDWARD'S PRIMARY SCHOOL – WEEK 1 THURSDAY

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Ham Sandwich | | ✓ Wheat | | | | | | | | | | | | |
| Cheese Sandwich | | ✓ Wheat | | | | | ✓ | | | | | | | |
| Tuna Mayo Sandwich | | ✓ Wheat | | ✓ | ✓ | | ✓ | | ✓ | | | | | |
| Cheese | | | | | | | ✓ | | | | | | | |
| Plain Sponge | | ✓ Wheat | | ✓ | | | ✓ | | | | | | | |
| Custard | | | | | | | ✓ | | | | | | | |
| Yoghurts | | | | | | | ✓ | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

**Review date: 15.10.26** **Reviewed by: Mrs Gallagher**

Food Standards Agency
food.gov.uk

## DISHES AND THEIR ALLERGEN CONTENT – OUR LADY & ST EDWARD'S PRIMARY SCHOOL – WEEK 1 FRIDAY

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Fish Fingers | | ✓ Wheat | | | ✓ | | | | | | | | | |
| Salmon Fingers | | ✓ Wheat | | | ✓ | | | | | | | | | |
| Flatbread Pizza | | ✓ Wheat | | | | | ✓ Cheese | | | | | | | |
| Tuna Mayo | | | | ✓ | ✓ | | ✓ | | ✓ | | | | | |
| Cheese | | | | | | | ✓ | | | | | | | |
| Flapjack | | ✓ Oats | | | | | | | | | | | | |
| Yoghurts | | | | | | | ✓ | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

**Review date: 1.10.26** **Reviewed by: Mrs Gallagher**

Food Standards Agency
food.gov.uk