

# Our Lady and St Thomas PSHE/RSE LTP

	Autumn- Each block is 4 weeks			Spring			Summer		
Class 1	<p>Story Sessions Handmade with love</p> <p>Black History Month Floella Benjamin - Using text - 'Coming to England'</p> <p>British Values Overview</p>	<p>I am unique</p> <p>Girls and Boys (My body)</p> <p>Clean and healthy (My Health)</p>	<p>Feelings, like and dislikes</p> <p>Feeling inside out</p> <p>Super Susie gets angry</p> <p>The cycle of life</p> <p>Democracy</p>	<p>God Loves you</p> <p>Rule of law</p>	<p>Special People</p> <p>Treat others well... ...and say sorry</p>	<p>Being Safe</p> <p>Good secrets and Bad secrets</p> <p>Physical Contact</p> <p>Individual Liberty</p>	<p>Trinity House</p> <p>Who is my neighbour</p> <p>Mutual Respect, Tolerance</p>	<p>The communities we live in</p>	<p>Diversity</p> <p>Money, Work and Aspirations</p>
Class 2	<p>Story Sessions Handmade with love</p> <p>Black History Month- Walter Tull</p> <p>British Values Overview</p>	<p>I am unique</p> <p>Girls and Boys (My body)</p> <p>Clean and healthy (My Health)</p>	<p>Feelings, like and dislikes</p> <p>Feeling inside out</p> <p>Super Susie gets angry</p> <p>The cycle of life</p> <p>Democracy</p>	<p>God Loves you</p> <p>Rule of law</p>	<p>Special People</p> <p>Treat others well... ...and say sorry</p>	<p>Being Safe</p> <p>Good secrets and Bad secrets</p> <p>Physical Contact</p> <p>Individual Liberty</p>	<p>Trinity House</p> <p>Who is my neighbour</p> <p>Mutual Respect, Tolerance</p>	<p>The communities we live in</p>	<p>Diversity</p> <p>Money, Work and Aspirations</p>
Class 3	<p>Designed for a Purpose</p> <p>The Sacraments</p> <p>Black History Month- Rosa Parks, Lilian Bader</p> <p>British Values Overview</p>	<p>We Don't Have to be the Same</p> <p>Respecting our Bodies</p>	<p>What am I feeling?</p> <p>What Am I Looking at?</p> <p>Life Cycles</p> <p>Democracy</p>	<p>Jesus, My Friend</p> <p>Friends, Family and Others..</p> <p>When Things Feel Bad</p> <p>Rule of law</p>	<p>Sharing Online (Taught through Digital Literacy- Aut 1)</p>	<p>Chatting Online (Taught through Digital Literacy- Aut 1)</p> <p>Physical Contact</p> <p>Individual Liberty</p>	<p>Trinity House</p> <p>What is the Church?</p> <p>Mutual Respect, Tolerance</p>	<p>How do I Love Others?</p>	<p>Diversity</p> <p>Money, Work and Aspirations</p>
Class 4	<p>The Sacraments</p> <p>What is puberty?</p> <p>Black History Month- Marcus Rashford, Benjamin Zephaniah</p> <p>British Values Overview</p>	<p>Changing Bodies</p> <p>Gifts and Talents (R.E.)</p> <p>I am Thankful</p>	<p>Body Image</p> <p>Life Cycles (Science)</p> <p>Menstruation</p> <p>Democracy</p>	<p>Jesus my Friend</p> <p>When things feel bad</p> <p>Under Pressure</p> <p>Rule of law</p>	<p>Sharing Online (Taught through Digital Literacy)</p>	<p>Chatting online (Taught through Digital Literacy)</p> <p>Physical Contact</p> <p>Individual Liberty</p>	<p>Trinity House</p> <p>What is the Church? (R.E.)</p> <p>Mutual Respect, Tolerance</p>	<p>How do I Love Others?</p>	<p>Diversity</p> <p>Money, Work and Aspirations</p>
Class 5	<p>Made to Grow</p> <p>Girls Bodies</p> <p>Black History Month- Martin Luther King, Ruby Bridges</p> <p>British Values Overview</p>	<p>Boys Bodies</p> <p>Spots and Sleep</p> <p>Peculiar Feeling</p>	<p>Emotional Changes</p> <p>See stuff online (Computing)</p> <p>Making Babies</p> <p>Democracy</p>	<p>Is God Calling You?</p> <p>Do you want to eat a piece of cake?</p> <p>Self Talk</p> <p>Rule of law</p>	<p>Sharing Online (Taught through Digital Literacy)</p>	<p>Chatting online (Taught through Digital Literacy)</p> <p>Physical Contact</p> <p>Individual Liberty</p>	<p>Trinity House</p> <p>Catholic Social Teaching</p> <p>Mutual Respect, Tolerance</p>	<p>Reaching Out</p>	<p>Diversity</p> <p>Money, Work and Aspirations</p>

CORE THEME	Module 1: Created and Loved by God				Module 2: Created to Love Others			Module 3: Created to Live in Community		
TOPIC	Unit 1 Religious Understanding	Unit 2 Me, my body, my health	Unit 3 Emotional well-being	Unit 4 Life cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World	
KEY STAGE ONE	Story Sessions: <a href="#">Handmade With Love (Kester's Adventures)</a>	Session 1: <a href="#">I am Unique (Me)</a>	Session 1: <a href="#">Feelings, Likes and Dislikes</a>	Session 1: <a href="#">The Cycle of Life</a>	Session 1: <a href="#">God Loves You</a>	Session 1: <a href="#">Special People</a>	Session 1: <a href="#">Being Safe</a>	Session 1: <a href="#">Trinity House</a>	Session 1: <a href="#">The Communities We Live In</a>	
		Session 2: <a href="#">Girls and Boys (My Body)</a>	Session 2: <a href="#">Feeling Inside Out</a>			Session 2: <a href="#">Treat Others Well...</a>	Session 2: <a href="#">Good Secrets &amp; Bad Secrets</a>	Session 2: <a href="#">Who Is My Neighbour?</a>		
		Session 3: <a href="#">Clean &amp; Healthy (My Health)</a>	Session 3: <a href="#">Super Susie Gets Angry</a>			Session 3: <a href="#">...and Say Sorry</a>	Session 3: <a href="#">Physical Contact</a>			
LOWER KEY STAGE TWO	Story Sessions: <a href="#">Designed for a Purpose (Kester's Adventures)</a>	Session 1: <a href="#">We Don't Have To Be The Same</a>	Session 1: <a href="#">What Am I Feeling?</a>	Session 1 (Yr4+): <a href="#">Life Cycles</a>	Story Sessions: <a href="#">Jesus, My Friend</a>	Session 1: <a href="#">Friends, Family and Others</a>	Session 1: <a href="#">Sharing Online</a>	Session 1: <a href="#">Trinity House</a>	Session 1: <a href="#">How Do I Love Others?</a>	
		Session 2: <a href="#">Respecting Our Bodies</a>	Session 2: <a href="#">What Am I Looking At?</a>				Session 2: <a href="#">Chatting Online</a>			Session 2: <a href="#">What is the Church?</a>
		Session 3 (Yr4+): <a href="#">What is Puberty?</a>	Session 3: <a href="#">I Am Thankful!</a>				Session 2: <a href="#">When Things Feel Bad</a>			
	Session 1: <a href="#">The Sacraments</a>	Session 4 (Yr4+): <a href="#">Changing Bodies</a>				Session 5 (Yr4+): <a href="#">Discussion Groups - optional</a>				
		Session 5 (Yr4+): <a href="#">Discussion Groups - optional</a>								
UPPER KEY STAGE TWO	Story Sessions: <a href="#">Made to Grow (Kester's Adventures)</a>	Session 1: <a href="#">Gifts and Talents</a>	Session 1: <a href="#">Body Image</a>	Session 1: <a href="#">Making Babies (P1)</a>	Session 1: <a href="#">Is God Calling You?</a>	Session 1: <a href="#">Under Pressure</a>	Session 1: <a href="#">Sharing Online</a>	Session 1: <a href="#">Trinity House</a>	Session 1: <a href="#">Reaching Out</a>	
		Session 2: <a href="#">Girls' Bodies</a>	Session 2: <a href="#">Peculiar Feelings</a>	Session 2: <a href="#">Making Babies (P12)</a>		Session 2: <a href="#">Do You Want a Piece of Cake?</a>	Session 2: <a href="#">Chatting Online</a>	Session 2: <a href="#">Catholic Social Teaching</a>		
		Session 3: <a href="#">Boys' Bodies</a>	Session 3: <a href="#">Emotional Changes</a>	*Optional. See your Programme Coordinator		Session 3: <a href="#">Self-Talk</a>	Session 3: <a href="#">Physical Contact</a>			
		Session 4: <a href="#">Spots and Sleep</a>	Session 4: <a href="#">Seeing Stuff Online</a>	Session 3: <a href="#">Menstruation</a>						