

Our Lady and St Thomas Catholic Primary, Willington – RSE Curriculum Overview

CORE THEME	Module 1: Created and Loved by God				Module 2: Created to Love Others			Module 3: Created to Live in Community	
TOPIC	Unit 1 Religious Understanding	Unit 2 Me, my body, my health	Unit 3 Emotional well-being	Unit 4 Life cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
KEY STAGE ONE	Story Sessions: Handmade With Love (Kester's Adventures)	Session 1: I am Unique (Me)	Session 1: Feelings, Likes and Dislikes	Session 1: The Cycle of Life	Session 1: God Loves You	Session 1: Special People	Session 1: Being Safe	Session 1: Trinity House	Session 1: The Communities We Live In
Session 2: Girls and Boys (My Body)		Session 2: Feeling Inside Out	Session 2: Treat Others Well...			Session 2: Good Secrets & Bad Secrets	Session 2: Who Is My Neighbour?		
Session 3: Clean & Healthy (My Health)		Session 3: Super Susie Gets Angry	Session 3: ...and Say Sorry			Session 3: Physical Contact			
LOWER KEY STAGE TWO	Story Sessions: Designed for a Purpose (Kester's Adventures)	Session 1: We Don't Have To Be The Same	Session 1: What Am I Feeling?	Session 1 (Yr4+): Life Cycles	Story Sessions: Jesus, My Friend	Session 1: Friends, Family and Others	Session 1: Sharing Online	Session 1: Trinity House	Session 1: How Do I Love Others?
Session 2: Respecting Our Bodies		Session 2: What Am I Looking At?	Session 2: Chatting Online						
Session 1: The Sacraments	Session 3 (Yr4+) What is Puberty?	Session 3: I Am Thankful!	Session 3: When Things Feel Bad	Session 3: Physical Contact	Session 2: What is the Church?				
	Session 4 (Yr4+) Changing Bodies					Session 5 (Yr4+) Discussion Groups - optional			
UPPER KEY STAGE TWO	Story Sessions: Made to Grow (Kester's Adventures)	Session 1: Gifts and Talents	Session 1: Body Image	Session 1: Making Babies (P1)	Session 1: Is God Calling You?	Session 1: Under Pressure	Session 1: Sharing Online	Session 1: Trinity House	Session 1: Reaching Out
Session 2: Girls' Bodies		Session 2: Peculiar Feelings	Session 2: Making Babies (Pt2) NOT TAUGHT IN OLST	Session 2: Do You Want a Piece of Cake?		Session 2: Chatting Online			
Session 3: Boys' Bodies		Session 3: Emotional Changes	Session 3: Menstruation	Session 3: Self-Talk		Session 3: Physical Contact	Session 2: Catholic Social Teaching		
Session 4: Spots and Sleep		Session 4: Seeing Stuff Online							