2021/2022 P.E. Long term Overview.

PE Long Term Plan 2022-23 (VAL SABIN PE FILES)

Class	Autumn 1	Autumn 2 - Running Focus at start of each session to build endurance	Spring 1	Spring 2	Summer 1	Summer 2
1 – N/ EYFS	Dance -Movement and Motor Reception Unit 1	Dance VS - Reception Unit 2	Gymnastics – VS Unit D	Throwing and Catching - Games Core Task – Ten Point Hoop	Games - Kicking, aiming VS Year 1 Unit 2	Athletics - VS - Year 1 - Unit 1
2 – Y1/2	Games – Netball Dance – Vs Y2 Unit 2	Dance VS Y2 Unit 3 Games VS Year 1	Gymnastics Core Task – Families of Actions	Gymnastics VS Unit J	Athletics Core Task – Colour Match	Athletics – VS Yr2 Unit1
	OAA	Unit 4 Partner Work	Dance VS Y2 Unit 4	Bouncing - Basketball Year 2 Unit 4	Games -Striking and Fielding Year 2 Unit 1	Games Core Task – 3 Touch Ball
3 – Y3/4	Swimming Games - Netball	Swimming Dance CROSS COUNTRY	Swimming Games - Net Wall - Tennis	Swimming Games - Invasion - Football - Game Making Unit 2	Swimming Games – Striking and Fielding -	Swimming Athletics - VS Year 3 Unit 1
		COMP 11.11.22 - STAINDROP 9.30 - 11.45			TRI GOLF 26.5.23 - BISHOP GOLF CLUB - 9.30 -12.30	

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4 Y4/5	OAA	Sportshall Athletics	Gymnastics Core	Games - Invasion -		Athletics Core
			Task – Acrobatic	Football Yr 5 Unit 3		Task – Take Aim
	Games - Invasion -	Dance	Gymnastics		Yr 5 Unit 4	
	Netball	CROSS COUNTRY		Games - Invasion –		Striking and
		COMP 11.11.22 -		Year 4 Unit 2	Striking and	Fielding - Cricket
		STAINDROP 9.30 -	Games - Net Wall -		Fielding -	FOOTBALL -
		11.45	Tennis	GIRLS' FOOTBALL -	Rounders	14.7.23 -ST
				31.3.23 ST JOHN'S -		JOHN'S 9.30 -2.30
				9.30-12.30		
5 Y6	Games - Invasion	Sportshall Athletics	Gymnastics - Key	Games - Football Yr	Striking and	Athletics - Year 6
	Netball		Steps	6 Unit 1	Fielding - Cricket	Unit 1
		Dance - Yr 6 Unit 1				
			Games - net wall		Yr 6 Unit 3	Striking and
	OAA		badminton Yr 6 Unit	Gymnastics Unit X		Fielding - Cricket
		CROSS COUNTRY	2		Striking and	ATHLETICS 9.6.23
	NETBALL	COMP 11.11.22 -		GIRLS' FOOTBALL -	Fielding -	- BISHOP
	COMPETITION	STAINDROP 9.30 -	SPORTSHALL	31.3.23 ST JOHN'S	Rounders	BARRINGTON-
	23.9.22 -BISHOP	11.45	ATHLETICS 20.1.23 -	9.30-12.30		9.30 - 12.15
	BARRINGTON 9.30 -		BISHOP			
	11.45		BARRINGTON 1-3pm			
						FOOTBALL-
			AND			14.7.23 -ST
						JOHN'S 9.30 -2.30
			BADMINTON COMP			
			10.2.23 - BISHOP			
			BARRINGTON 9.30-			
			11.45			

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Cluster Festivals have also been provisionally planned:

Festivals

Afternoons preferred 1-2:30pm slots – dates TBC when Parkside can confirm

Tag Rugby - Y5/6 Autumn 1 (late Sept/Early Oct) Parkside #

Potential Girls' Football Festival – Autumn Term TBC

Dance – ALL/ANY YEAR GROUP Autumn 2 Parkside

High Five Netball – Y5/6 Spring 1 Parkside

Multi-skills – Reception Spring 2 Crook Primary to organise Venue TBC

Mini Tennis – Y3/4 Summer 1 Parkside

Athletics – Y1/2 Summer 2 Parkside