

LUNCHTIME CO.®

WEEK 1 MENU

WEEKS: 15/04, 06/05, 03/06, 24/06, 15/07, 16/09, 07/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Rainbow Wholemeal
Pizza Served With
Diced Potatoes, Peas &
Sweetcorn or Mixed
Salad

Jerk Chicken Wraps
Served With Golden
Rice & Vegetables

Homemade Beef
Lasagne Served With
Garlic & Herb Bread,
Seasonal Vegetables or
Mixed Salad

Roast Chicken Served
With Roast Potatoes,
Carrots, Broccoli,
Yorkshire Pudding and
Gravy

Fish Fingers or Salmon
Fish Fingers Served
With Chips, Garden
Peas or Baked Beans

MEAT FREE

Margarita Pizza Served
with Diced Potatoes
Served With, Peas &
Sweetcorn or
Mixed Salad

BBQ Lentil, Bean &
Vegetable Wraps
Served With Golden
Rice & Vegetables

Homemade Vegetarian
Lasagne Served With
Garlic & Herb Bread,
Seasonal Vegetables or
Mixed Salad

Herby Quorn Fillet
served with Roast
Potatoes, Carrots,
Cabbage, Yorkshire
Pudding and Gravy

Sweet Potato & Spinach
Fritata Served With
Chips, Garden Peas
or Baked Beans

Lunchtime Lunchbox

Tuna & Cucumber
Sandwich
Served With
Salad

Cheese Sandwich
Served With
Salad

Chicken Baguette
Served With
Salad

Cheese Wrap
Served With
Salad

Egg Mayo Baguette
Served With
Salad

DESSERTS

Ice Cream With
Mandarins
Or
Fresh Fruit Pot

Natural Yogurt With
Healthy Toppings &
Compote or
Fresh Fruit Pot

Iced Carrot Cake
Or
Fresh Fruit Pot

Natural Yogurt With
Healthy Toppings &
Compote or
Fresh Fruit Pot

Chocolate Beetroot
Brownie
Or
Fresh Fruit Pot

Making lunchtime the highlight of your day



MONDAY

MAIN MEAL

Butternut Squash & Chickpea Korima Served With Rice, Naan Bread Finger & Vegetables

BBQ Chicken Wraps Served With Rice & Vegetables

Beef Bolognese Served With Penne Pasta, Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad

Chicken Sausage Served With Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy

Breaded Fish Fillet Served With Chips, Garden Peas or Baked Beans

TUESDAY

MEAT FREE

Cheese & Tomato Pinwheel Served With Vegetable Rice & Mixed Salad

BBQ Quorn Wraps Served With Rice & Vegetables

Vegetable Bolognese Served With Penne Pasta, Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad

Quorn Sausage Served With Potatoes, Yorkshire Pudding, Carrots & Broccoli & Gravy

Vegan Sausage Roll Served With Chips, Garden Peas or Baked Beans

Lunchtime Lunchbox

Egg Mayo Baguette Served With Salad

Cheese Sandwich Served With Salad

Tuna & Cucumber Sandwich Served With Salad

Cheese Wrap Served With Salad

Chicken Baguette Served With Salad

DESSERTS

Orange Shortbread Or Fresh Fruit Pot

Natural Yogurt With Healthy Toppings & Compote or Fresh Fruit Pot

Apple Sponge Cake Or Fresh Fruit Pot

Natural Yogurt With Healthy Toppings & Compote or Fresh Fruit Pot

Pineapple Upside Down Cake Or Fresh Fruit Pot

Making lunchtime the highlight of your day



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Macaroni Cheese Served With Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad

Beef Chilli Con Carne Served With Rice & Seasonal Vegetable

Sweet and Sour Chicken Served With Noodles and Stir-Fried Vegetables

Roast Turkey Served With Roast Potatoes, Carrots, Cabbage & Gravy

Fish Fingers Served With Chips, Garden Peas or Baked Beans

MEAT FREE

Roasted Vegetable & Bean Pasta Bakes Served With Garlic & Herb Bread, Mixed Salad

Quorn Mince Chilli Con Carne Served With Rice & Seasonal Vegetable

Loaded Half Potato Skin Filled With Cheese & Onions Served With Baked Beans & Salad

Veg Wellington Served With Roast Potatoes, Carrots, Cabbage & Gravy

Vegetable Fingers Served With Chips, Garden Peas or Baked Beans

Lunchtime Lunchbox

Cheese Sandwich Served With Salad

Chicken Baguette Served With Salad

Cheese Wrap Served With Salad

Egg Mayo Baguette Served With Salad

Tuna & Cucumber Sandwich Served With Salad

DESSERTS

Natural Yogurt With Healthy Toppings & Compote or Fresh Fruit Pot

Chocolate Crackerlet Or Fresh Fruit Pot

Fruit Jelly With Peaches Or Fresh Fruit Pot

Natural Yogurt With Healthy Toppings & Compote or Fresh Fruit Pot

Summer Lemon Cake Or Fresh Fruit Pot

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