

PSHE and RSE LONG TERM PLAN



Park Road
Community Primary School

	Term 1		Term 2		Term 3	
EYFS	PSED development matters		PSED development matters		PSED development matters	
	my Happy mind Meet your brain unit	my Happy mind Celebrate unit	my Happy mind Appreciate unit	my Happy mind Relate unit	my Happy mind Engage unit	
Year 1	Introduction session Family and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Transition
	my Happy mind Meet your brain unit	my Happy mind Celebrate unit	my Happy mind Appreciate unit	my Happy mind Relate unit	my Happy mind Engage unit	
Year 2	Introduction session Family and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Transition
	my Happy mind Meet your brain unit	my Happy mind Celebrate unit	my Happy mind Appreciate unit	my Happy mind Relate unit	my Happy mind Engage unit	
Year 3	Introduction session Family and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Transition
	my Happy mind Meet your brain unit	my Happy mind Celebrate unit	my Happy mind Appreciate unit	my Happy mind Relate unit	my Happy mind Engage unit	
Year 4	Introduction session Family and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Transition
	my Happy mind Meet your brain unit	my Happy mind Celebrate unit	my Happy mind Appreciate unit	my Happy mind Relate unit	my Happy mind Engage unit	
Year 5	Introduction session Family and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Transition
	my Happy mind Meet your brain unit	my Happy mind Celebrate unit	my Happy mind Appreciate unit	my Happy mind Relate unit	my Happy mind Engage unit	
Year 6	Introduction session Family and relationships	Health and Wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Identity Transition
	my Happy mind Meet your brain unit	my Happy mind Celebrate unit	my Happy mind Appreciate unit	my Happy mind Relate unit	my Happy mind Engage unit	