

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal 1	*Homemade Macaroni Cheese	*Roast gammon, roast & creamed potatoes, stuffing, carrots, broccoli and gravy	*Sausage, mash and gravy with seasonal vegetables	*Oven baked fish stars with chips and peas	*Homemade Pasta Bake served with seasonal vegetables
Hot Meal 2	*Vegetarian sausage roll with diced potatoes and baked beans	*Chicken Korma curry served with 50/50 rice	*Hot Tuna Panini served with coleslaw, sweetcorn and salad	*Crumb coated chicken with chips and baked beans	*Homemade Cheese flan with potato wedges, peas or carrots
Jacket Potatoes (JP+)	C – with cheese B - with beans T – with tuna (NOT AVAILABLE ON MONDAYS)				

*Vegetarian or vegetarian option available

Park Road Primary School Menus starting 16 May 2022 with Week 1

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal 1	*Pizza, herby diced potatoes and sweetcorn	*Roast Turkey, roast and creamed potatoes, stuffing, carrots, broccoli and gravy	*Hot cheese and ham panini melt served with salad and coleslaw	*Battered salmon, chips and peas	*Homemade spaghetti bolognese served with peas
Hot Meal 2	*Oven baked Omelette served with diced potatoes, baked beans and fresh spinach	*Chilli beef served with 50/50 rice	*Spicy Quorn served with savoury rice and mixed vegetables	*Chicken goujons, chips with baked beans	*Vegetarian curry served with 50/50 rice
Jacket Potatoes (JP+)	C – with cheese B - with beans T – with tuna (NOT AVAILABLE ON MONDAYS)				

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Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal 1	*Homemade tomato pasta bake with seasonal vegetables	*Roast chicken, roast and creamed potatoes, stuffing, carrots, broccoli and gravy	*Chicken Tikka Masala with 50/50 rice	*Chicken fillet with chips, with baked beans	*Pork meatballs in tomato and basil sauce with pasta and peas
Hot Meal 2	*Quorn nuggets served with herby diced potatoes and baked beans	*Fish finger, creamed potato carrots and fine beans	*Vegetarian burger in a bun, baked wedged potatoes and coleslaw	*Battered fish, chips and peas	Hot cheese panini melt served with salad and coleslaw
Jacket Potatoes (JP+)	C – with cheese B - with beans T – with tuna (NOT AVAILABLE ON MONDAYS)				

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