

| Week 1                | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|-----------------------|--|--|---|--|---|
| Hot Meal 1            | *Homemade Macaroni Cheese                                      | *Roast gammon, roast & creamed potatoes, stuffing, carrots, broccoli and gravy | *Sausage, mash and gravy with seasonal vegetables | *Oven baked fish stars with chips and peas       | *Spaghetti Bolognese served with peas                     |
| Hot Meal 2            | *Vegetarian sausage roll with savoury potatoes and baked beans | *Cajun chicken served with pasta, carrots and broccoli                         |   | *Crumb coated chicken with chips and baked beans | *Homemade Cheese flan with potato wedges, peas or carrots |
| Jacket Potatoes (JP+) | C – with cheese<br>T – with tuna<br>B - with beans             |  |   |  |   |

\*Vegetarian or vegetarian option available

Park Road Primary School Menus starting 6 September 2021 with Week 1

| Week 2                | MONDAY   | TUESDAY  | WEDNESDAY                      | THURSDAY                                 | FRIDAY   |
|-----------------------|--|--|--------------------------------|--|--|
| Hot Meal 1            | *Pizza, herby diced potatoes and sweetcorn         | *Roast Turkey, roast and creamed potatoes, stuffing, carrots, broccoli and gravy | *Chicken Korma with 50/50 rice | *Battered salmon, chips and peas         | *Italian chicken with sauté potatoes and seasonal vegetables       |
| Hot Meal 2            |  | *Tomato/mascarpone pasta bake, garlic bread and broccoli                         |                                | *Chicken poppers, chips with baked beans | *Tuna and cheese puffs with sauté potatoes and seasonal vegetables |
| Jacket Potatoes (JP+) | C – with cheese<br>T – with tuna<br>B - with beans |  |                                |  |  |

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| Week 3                | MONDAY   | TUESDAY   | WEDNESDAY                             | THURSDAY                                     | FRIDAY  |
|-----------------------|--|---|---------------------------------------|--|---|
| Hot Meal 1            | *Homemade tomato pasta bake with seasonal vegetables                 | *Roast chicken, roast and creamed potatoes, stuffing, carrots, broccoli and gravy | *Chicken Tikka Masala with 50/50 rice | *Chicken fillet with chips, with baked beans | *Pork meatballs in tomato and basil sauce with pasta and peas |
| Hot Meal 2            | *Crumb coated Quorn served with herby diced potatoes and baked beans | *Homemade cheese and potato pie with carrots and broccoli                         |                                       | *Battered fish, chips and peas               |   |
| Jacket Potatoes (JP+) | C – with cheese<br>T – with tuna<br>B - with beans                   |   |                                       |  |   |

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