

PARK ROAD COMMUNITY PRIMARY MEALS - FROM 26 APRIL 2021

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot dinners served in the dining hall (on 3 weekly cycle)	Week 1	*Pasta Bake served with peas/sweetcorn *Assorted hot fresh panini, coleslaw, salad and sweetcorn Filled jacket potato Dessert of the day	*Roast turkey, roast & creamed potatoes, stuffing, carrots, broccoli and gravy *Macaroni cheese topped with tomatoes with garlic bread and broccoli Filled jacket potato Dessert of the day	*Chicken korma curry, rice and peas *Sausage, mash and gravy, seasonal vegetables Filled jacket potato Dessert of the day	Oven baked fish stars with chips, peas or baked beans *Cheese Flan with chips, peas or baked beans Filled jacket potato Dessert of the day	*Spaghetti Bolognese, garlic bread and peas Baked gammon with sauté potatoes, baked beans or peas Filled jacket potato Dessert of the day
	Week 2 Starting w/c 26 April 2021	*Pizza, herby diced potatoes, peas or sweetcorn Tortilla boat with mild chilli beef served with rice and sweetcorn Filled jacket potato Dessert of the day	*Roast gammon, roast and creamed potatoes, stuffing, carrots, broccoli and gravy *tomato/mascarpone pasta bake, garlic bread and broccoli Filled jacket potato Dessert of the day	Pasta Carbonara, garlic bread and seasonal vegetables *Assorted hot fresh panini, coleslaw and salad Filled jacket potato Dessert of the day	Battered salmon, chips, peas or baked beans *Chicken poppers diced potatoes with Baked beans/veg Filled jacket potato Dessert of the day	*Chicken Balti and rice *Sausage roll with sauté potatoes and baked beans Filled jacket potato Dessert of the day
	Week 3	Fish finger, creamed potatoes peas or beans *Pasta in tomato sauce with broccoli and garlic bread Filled jacket potato Dessert of the day	*Roast turkey, roast and creamed potatoes, stuffing, carrots, broccoli and gravy Ham and cheese pasta bake with carrots and broccoli Filled jacket potato Dessert of the day	*Chicken Tikka Masala with rice *Assorted hot fresh panini, coleslaw and salad Filled jacket potato Dessert of the day	*Chicken fillet with chips peas or baked beans Battered fish, chips, peas or baked beans Filled jacket potato Dessert of the day	*Pork meatballs in homemade tomato and basil sauce with pasta *Tuna & cheese puffs, herby diced potatoes and peas Filled jacket potato Dessert of the day

*Vegetarian or vegetarian alternatives available. Fresh milk or water, unlimited salad available