

PARK ROAD COMMUNITY PRIMARY MEALS - FROM 8 MARCH 2021

*Vegetarian alternatives available. Fresh milk or water, unlimited salad available

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot dinners served in the dining hall (on 3 weekly cycle)	Week 1 Starting w/c 8 March 2021	*Sausage , mash and gravy, seasonal vegetables Or Filled jacket potato Dessert of the day	*Roast turkey, roast & creamed potatoes, stuffing, carrots, broccoli and gravy Or Filled jacket potato Dessert of the day	*Spaghetti Bolognese, garlic bread Fresh Broccoli Or Filled jacket potato Dessert of the day	*chicken korma curry, rice and peas Or Filled jacket potato Dessert of the day	*Battered fish, chipped potatoes peas or beans Or Filled jacket potato Dessert of the day
	Week 2	Homemade pizza, Wedged potatoes Sweetcorn and salad Or Filled jacket potato Dessert of the day	*Roast turkey roast and creamed potatoes, stuffing, carrots, broccoli and gravy Or Filled jacket potato Dessert of the day	*Pork Meatballs and Tomato Sauce Pasta Bake Or Filled jacket potato Dessert of the day	*Seasoned chicken potato waffle and baked beans Or Filled jacket potato Dessert of the day	*Battered fish, chipped potatoes, peas or beans Or Filled jacket potato Dessert of the day
	Week 3	* tomato/mascarpone pasta bake Fresh broccoli Or Filled jacket potato Dessert of the day	*Roast gammon, roast and creamed potatoes, stuffing, carrots, broccoli and gravy Or Filled jacket potato Dessert of the day	*chicken poppers diced potatoes with Baked beans/veg or Filled jacket potato Dessert of the day	*Homemade chicken Korma curry and rice Or Filled jacket potato Dessert of the day	*Fish finger, chipped potatoes peas or beans Or Filled jacket potato Dessert of the day
Packed Lunches Option		Sandwich of choice, either ham, turkey, tuna or cheese Piece of fruit i.e. apple, tangerine, banana Carrot and Cucumber sticks Juice carton Dessert of the day				