

PSHE LONG TERM PLAN



	Term 1		Term 2		Term 3	
Year 1	Relationships	Health and Wellbeing	Relationships	Health and well being	Living in the wider world	Living n the wider world
	My happy mind meet your brain unit	My happy mind Celebrate unit	My happy mind appreciate unit	My happy mind relate unit	My happy mind engage unit	
	What is the same and different about us?	What helps us stay healthy?	Who is special to us?	Who helps to keep us safe?	How can we look after each other and the world?	What can we do with money?
Year 2	Relationships	Relationships	Living in the wider world	Health and wellbeing	Health and Wellbeing	Health and Wellbeing
	My happy mind meet your brain unit	My happy mind Celebrate unit	My happy mind appreciate unit	My happy mind relate unit	My happy mind engage unit	
	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	Relationships	Health and Wellbeing	Health and Wellbeing	Living in the wider world	Relationships	Health and Wellbeing
	My happy mind meet your brain unit	My happy mind Celebrate unit	My happy mind appreciate unit	My happy mind relate unit	My happy mind engage unit	
	How can we be a good friend?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?	What makes a community?	What are families like?	Why should we keep active and sleep well?

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	Term 1		Term 2		Term 3	
Year 4	Health and Wellbeing	Relationships	Health and Wellbeing	Health and wellbeing	Living in the wider world	Health and Wellbeing
	My happy mind meet your brain unit	My happy mind Celebrate unit	My happy mind appreciate unit	My happy mind relate unit	My happy mind engage unit	
	What strengths, skills and interests do we have?	How can friends communicate safely?	How can we manage our feelings?	How can we manage risk in different places?	How can our choices make a difference to others and the environment?	What makes up a person's identity?
Year 5	Health and Wellbeing	Living in the wider world	Health and wellbeing	Relationships	Health and wellbeing	Living in the wider world
	My happy mind meet your brain unit	My happy mind Celebrate unit	My happy mind appreciate unit	My happy mind relate unit	My happy mind engage unit	
	How can we help in an accident or emergency?	What jobs would we like?	How can drugs common to everyday life affect health?	How do we treat each other with respect?	How will we grow and change?	What decisions can people make with money?
Year 6	Health and Wellbeing		Living in the wider world		Relationships	
	My happy mind meet your brain unit	My happy mind Celebrate unit	My happy mind appreciate unit	My happy mind relate unit	My happy mind engage unit	
	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	