



Parents Forum: 19th November 2024

Focus: Wellbeing Award Re-accreditation

Discussion Point

Action

Brief introduction from Mrs Quigley and Michelle Kilmurray about the Wellbeing Award. Shared that it's an award that helps you focus on ensuring that good mental health and emotional wellbeing is at the heart of the culture and ethos of the school.

It's a whole school approach and includes members of the community.

Promotes emotional wellbeing and positive mental health across the whole school community.

Mrs Quigley and Michelle shared that they felt that school did this well, but as with anything there are always developments to be made.

Discussion Point 1:

What works well now?

- Parents asked to gather feedback from parents.
- MK shared she felt lunchtimes worked well as the zones ensured children always had something to do.
- Parents discussed My Happy Mind as a programme and how they found Seesaw updates about this helpful
- Discussed availability to both class staff and also HT – easy to get in touch and seek support.

Parents to ask class parents for feedback regarding anything that works well and anything they wouldn't want to see change.

Discussion Point 2:

What can we develop?

- Discussion about potentially having a termly newsletter focused on MH. (Concern was raised about it getting lost in the busy times and there's already a lot to read/process)
- Overview for what we offer as a school made more parent friendly.
- Overview of how to use the My Happy Mind app and what parents can use it for.
- Provide links/signpost to support agencies that parents can access without school referral
- Develop community café to have visitors from different agencies. Either a focused service or a market place type approach
- Further use of seesaw to share approaches used in school that can be replicated or used at home

Mrs Quigley and MK to review suggestions for website

Mrs Quigley to share Seesaw suggestion with class teachers

Mrs Quigley to begin to investigate the development of the community café with the other members of the Change Team (Mrs Wilkinson, Mrs Oakes, Mrs Robinson)

Parent to gather feedback for any other developments or support for the ones suggested.

Discussion Point 3:

Parents Change Team

Mrs Quigley explained that as part of this work, school are looking for 2 parents from this group to join the Change Team. They will work with the other members of the team looking at some aspects of the award in more detail. They will also need to be available on re-accreditation day to meet with the verifier (November 2025) for around 40 minutes.

Parents to consider if they can commit to this and let Mrs Quigley know directly.