



PARK ROAD

COMMUNITY PRIMARY SCHOOL

WEEKLY UPDATE



10
October
2025



Next Week in School at a Glance

Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
<ul style="list-style-type: none">* School Open Day (by appointment)* Lunch Menu week 1* 3.15 - 4.15 pm Kids with Bricks (Lego) Y1-6* 3.15 - 4.15 pm Baking Y5, 6	<ul style="list-style-type: none">* 3.15 - 4.15 pm Performing Arts Y1, 2, 3* 3.15 - 4.15 pm Choir Y4, 5, 6* 3.15 - 4.15 pm Baking Y3, 4	<ul style="list-style-type: none">* 3.15 - 4.15 pm Crochet Y6* 3.15 - 4.15 pm Gardening Y4, 5* 4.30 pm Y1 Parents Reading Workshop	<ul style="list-style-type: none">* 3.15 - 4.15 pm Cross Country Y4, 5, 6* 3.15 - 4.15 pm Baking Y1, 2	<ul style="list-style-type: none">* PFA Non Uniform Day

Unique Individuals Learning Together

Mrs. Quigley's weekly message:

Today, our school was transformed into a *sea of sunshine* as pupils and staff dressed in yellow to mark Hello Yellow Day, raising awareness for children's mental health. The bright colours brought happy vibes throughout the building, and the energy was simply infectious! Children took part in a range of activities focused on mental health and wellbeing, learning how to support themselves and others through kindness, mindfulness and positive thinking. From gratitude circles to creative expression, it was wonderful to see pupils engaging so thoughtfully and joyfully. Thank you for helping us make it such a special day.

We'll be sending out Parents' Evening booking information shortly. This year, we're using a new system, but you'll still book your appointment via the email notification sent to the first contact on record. If you need a separate appointment or have any issues, please contact the school office and they'll be happy to assist.

We're excited to welcome families to our Open Day this Monday! Our Year 6 pupils have been working incredibly hard preparing to give guided tours to all parents booked in. Their pride in our school really shines through and we know they'll do a fantastic job.

A huge thank you for your continued support in sharing our social media posts—it's made a real difference in helping us reach new families. We've also started posting more about what's happening across the school, beyond what you see on Seesaw. If you're not following us yet, please check out our Facebook and Instagram pages to stay in the loop.

- Year 1 Reading & Phonics Workshop – Wednesday at 4:30 pm. We hope to see many of you there!
- Community Café – Join us on Thursday 23 October, straight after school for a warm drink and a chat.
- Harvest Donations – Mrs Wilkinson is still collecting for our Harvest appeal. The donation trolley is on the playground morning and afternoon—thank you for your generosity!

Thanks as always for your support and enthusiasm. It's what makes our school community so special.

See you Monday at 8:35 am.

Mrs Quigley

Picture News

The Picture News topic for next week is ...

'What makes a good peacekeeper?'



This year marks the 80th anniversary of the United Nations (UN), an international organisation founded after the Second World War in 1945, to help countries work together and prevent future conflicts. Today, 193 nations are members and work on issues like peacekeeping, human rights, health and climate change. Leaders and communities around the world are reflecting on how important working together is in solving global problems.

When the UN was set up in 1945, leaders promised to work together so the world would not repeat the same mistakes. Speakers at the 80th anniversary celebration, said the world faces problems today, like wars in Gaza and Ukraine and rising hatred online. They explained that countries must choose the right path and show that we are stronger when we work together.

Things to talk about at home:

- * Why do you think the countries made the decision to work together?
- * What problems today do you believe countries need to solve together? Ask others at home what they think.
- * Come up with different ways we can be 'peacekeepers' in our own families, schools or communities.

Hot Chocolate and Cake

Well done to the following children chosen this week for demonstrating good manners and our school values at lunchtime:

Reception	Amelia R
Year 1	Ted C
Year 2	Rhylee H
Year 3	Luna C
Year 4	Tommy H
Year 5	George McA
Year 6	Lexi SC

Parents Evening - Important Information

We are trialling a new Parents Evening system and will be sending out invitations next week to the [first contact with parental responsibility](#) that you provided to us. Please could you let us know by Monday 13 October if you have changed your email address.

If you have parental responsibility, are not the first contact and would like a separate appointment, please contact the school office so that we can make arrangements for you.

Chicken/Guinea Pig Rota

Please could you let us know if you would be able to help to look after our chickens and guinea pigs at the weekends or over the holidays. If you have a spare day or weekend up to the beginning of January, please could you let us know and we will be in touch.

The role involves letting the chickens out in the morning, cleaning the coop and topping up water and food, checking the guinea pigs have enough food/water and returning later to lock the chickens away as it gets dark. If the chickens lay any eggs, you are welcome to keep them.

PFA Non-Uniform Friday 17 October

On Friday 17 October, we have a non uniform day for a £1 donation to the PFA. The payment has been set up on your child's Parentpay account and will be paid directly into the PFA's bank account. If for any reason you are unable to access Parentpay, it is possible to send your donation in to the school office.

Please remember that clothes should be appropriate for school (no cropped tops etc) and the weather (don't forget coats or waterproofs!). We also ask that sensible shoes are worn (no heeleys or sandals) and, finally, with health and safety in mind, children should not wear jewellery.

Important Safeguarding Notice: Children's "Spy" Books

We want to make you aware of a recent issue affecting some popular children's books by Andrew Cope, including the Spy Dogs, Spy Cats, and Spy Pups series.

Some editions of these books include a printed web address at the back. This link used to go to the author's website, but the domain is no longer under his control. It has since been taken over by another party and now leads to inappropriate adult content.

The publisher, Puffin, has paused sales and distribution of the books and is working with schools, libraries, and retailers to remove copies from circulation. They have stressed that the website has no connection to the author or publisher.

What this means for you:

- * If your child has any Spy Dog, Spy Cat or Spy Pups books at home, please check the back for website links and make sure they do not try to visit the site.
- * It is safe for children to continue reading the stories themselves — the concern is only with the outdated link.

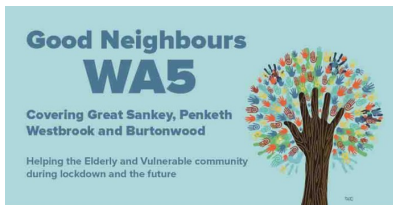
We recommend talking with your child about the importance of not following web addresses in books without checking with an adult first.



Harvest Festival Collection

Just a reminder that we are still collecting for our Harvest Festival. Donations can be handed to teachers or popped in the trolley on the playground.

Tinned rice pudding	Custard
Tinned potatoes	Instant potato
Cream crackers	Tinned Fruit
Tinned meats (hot)	Fish/meat paste
Corned beef	Cat food
Angel Delight	Jelly
Long life milk	Selection boxes
Pasta	Tins of biscuits
Chocolates/Sweets	Shortbread
Pasta sauces	Cereal and Oatmeal
Tinned vegetables	Tinned fish
Rice	Tinned puddings
Soup and stew	Christmas food
Nut butters	Baby food and formula
Beans (canned or dry)	



Young Minds Parent Helpline



Is your child going through a tough time?

No matter what your child is going through, we're with you

Call our Parents Helpline on 0808 802 5544 or visit [youngminds.org.uk/parents-helpline](https://www.youngminds.org.uk/parents-helpline)

Wear yellow this World Mental Health Day and raise money to show young people that they're not alone with their mental health.

#HelloYellow

M&S | YOUNGMINDS

Clubs - Autumn 2 - please read carefully

Details of the after school clubs on offer for after half term can be found below. With the exception of the Kids with Bricks club which is booked through an outside provider, the clubs will be available to book via Parentpay. The office staff will publish the clubs from Monday (please bear with us as we fit this into the working day) and registration will close on Friday 24 October to allow time to create the registers, although the clubs are popular with limited availability and are often booked up within a couple of days.

The costs of the clubs have increased slightly and for clubs where we need to purchase resources, such as Crochet and Baking clubs, the cost is higher to cover the cost of materials. The total cost of the club depends on the number of weeks the club is running, prices per session start at £1.25.

Choir is not available to book this time, as the sign up last time covered the full term.

Please only sign up if you can attend each week as there will be no refunds if your child is unable to attend a session and **please take care when booking as we are unable to refund mistakes**. School pays a fee for every transaction (both payment to us and for refunds)

IMPORTANT SAFEGUARDING REQUEST: If a child can't stay for a club, please remember to let the **OFFICE (not the teaching staff)** know in advance so that the registers can be updated and your child will be able to leave as usual rather than going to the club. The office must follow up any child not attending a club (where they haven't been notified in advance) to ensure they are safe and it could delay them identifying a serious safeguarding issue if they have a lot of children to follow up.

Finally, please make a note of the clubs you book and the details below as a reminder (perhaps take a photograph so you have it available on your phone) - you can always look on the Weekly Updates on Seesaw or our website if you do lose it.

All clubs run from 3.15 - 4.15 pm.

Day	Clubs	Years	Collect from	Dates	Details
Mon	Kids with Bricks (Lego)	1 - 6	KS2 Gate	10/11 - 1/12	£4.79 per session, 4 sessions, book via www.kidswithbricks.com
	Baking	3, 4	KS1 Gate	10/11 - 1/12	£2.00 per session, 4 sessions
Tue	Performing Arts	1, 2, 3	Main entrance	11/11 - 2/12	£1.25 per session, 4 sessions
	Baking	1, 2	KS1 Gate	11/11 - 2/12	£2.00 per session, 4 sessions
Wed	Crochet	6	KS2 Gate	12/11 - 3/12	£1.75 per session, 4 sessions
	Hockey	3, 4, 5, 6	Main entrance	12/11 - 3/12	£3 per session, 4 sessions
	Gardening	2, 3	KS1 Gate	12/11 - 3/12	£1.25 per session, 4 sessions
Thu	Baking	5, 6	Main Entrance	13/11 - 4/12	£2.00 per session, 4 sessions

10 Top Tips for Parents and Educators

DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



The National College®

Community Pages

Any items shared on these pages are for information only and are not endorsed or vetted by school.

"Family Life Matters"

ST JOSEPH'S FAMILY CENTRE CHRISTMAS APPEAL 2025

Can you support in raising funds or collecting food to provide local families with hampers and vouchers this Christmas?

We need donations of staple food items
tea bags - cereal - tinned food - cooking sauces
pasta - rice - sweet and savoury snacks
as well as Christmas treats
chocolates - puddings - crackers - biscuits

Donations for vouchers can be made using the QR code below or directly at the Centre.



9 Museum Street
Warrington WA1 1JA
01925 635448
contact@sjfc.org.uk

If you're a business wanting to support us, get in touch to see how you can help!



Cheshire Police
ALERT



Action Fraud
National Fraud & Cyber Crime Reporting Centre
0300 123 2040

New Scam Alert: Protect yourself from payment diversion fraud when buying a new property

City of London Police and Action Fraud, the national reporting centre for fraud and cybercrime, are urging the public to remain vigilant following a rise in payment diversion fraud - commonly known as conveyancing fraud. This type of fraud often involves criminals impersonating solicitors or estate agents to intercept large financial transfers during property transactions.

Between 1 April 2024 and 31 March 2025, 143 cases of conveyancing fraud were reported to Action Fraud, resulting in £11.7 million in losses. The vast majority involved residential property transactions, accounting for 140 reports and £10.97 million in losses, with an average loss of £78,393 per case.

What is conveyancing fraud or payment diversion fraud?

Conveyancing fraud, also referred to as lawyer or solicitor impersonation fraud, occurs when criminals gain access to email chains between property buyers, sellers, solicitors, and estate agents. Once inside, they impersonate a trusted party and send convincing messages requesting that funds, such as deposits or final payments, be transferred to bank accounts under their control.

These scams are often timed to coincide with the final stages of a transaction, when large sums are expected to be moved quickly. Fraudsters apply pressure, claiming urgency, and convincing victims that delays could jeopardise the deal.

This type of fraud isn't limited to home purchases - it has also been reported in rental agreements and probate transactions, where funds are transferred as part of estate settlements. Fraudsters will often use hacked or spoofed email accounts so that their messages can appear highly authentic. Victims may not realise they've been deceived until the money is gone.

How to protect yourself from conveyancing fraud:

- Receiving bank details securely: always get your solicitor's bank details in-person or over the phone at the start of the conveyancing process, and request that any changes to these details be communicated with you in-person, by phone call, or by letter.
- Email or texts asking you to change bank details: if you receive a message that feels suspicious, such as a request from your solicitor asking you to amend payment information, STOP! Think fraud. Contact your solicitor directly, over the phone or in-person, and verify that the request was genuine.
- Prioritise your email security: you should use three random words to create a strong and separate password for your email account. Enable two-step verification to add an extra level of security.

What to do if you are a victim of conveyancing fraud:

- If you have made a payment: inform your bank as soon as possible, they can help you prevent any further losses.
- Report: if you become the victim of conveyancing fraud, call your bank immediately using the number on the back of your bank card and report it to Action Fraud online at <http://actionfraud.police.uk> or by calling 0300 123 2040. If you're in Scotland, you can report it to Police Scotland on 101.

You could be targeted again: fraudsters sometimes re-establish contact with previous victims claiming that they can help them recover lost money, this is just a secondary scam. Hang up on any callers that claim they can get your money back for you.

Fully Funded School Support Course



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Fully Funded Course

Aspire Education

www.studysmartuk.online

We are looking to fill 150+ School Support vacancies in local schools (e.g. SEN Support, Behaviour Mentors, 1-1 Classroom Support, Cover Supervisors etc). These roles are available in both full time and part time positions.

Please go to our website address given above, or scan the QR code for more information.

This is a 6 week course, full time, intensive course, with online guided learning sessions within school hours.
If you are earning less than £23,500 per annum or are in receipt of any benefits, you will be eligible for a fully funded place with us.



FamilyFirst

FREE | AUTUMN 2025

ESCAPE THE COLD: EUROPE'S BEST WINTER SUN SPOTS FOR FAMILIES

Netmums' advice: HOW TO AVOID FESTIVE BURNOUT

XMAS GIFT GUIDE: THIS YEAR'S MUST-HAVE TOYS

DANI DYER
talks twins, starting school and bedtime routines

OTI MABUSE

on becoming a mother, the importance of family and pursuing your passions

Proud to partner with **netmums**

Building a happier, healthier family lifestyle

<https://familyfirst.co.uk/issue4-25>

Community Pages

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LATCHFORD GIANTS UNDER 9'S / YEAR 5

RECRUITING • RECRUITING • RECRUITING • RECRUITING • RECRUITING

**FANCY GIVING RUGBY LEAGUE A GO?
COME DOWN TO GIANTS U9'S AND GIVE IT A TRY!
NO EXPERIENCE NECESSARY, ALL ABILITIES WELCOME.**

- YEAR 5 AGED CHILDREN
- TRAINING ON THURSDAYS, 6PM - 7PM @ VICTORIA PARK, WARRINGTON
- FRIENDLY & WELCOMING CHILDREN
- EXPERIENCED & DEDICATED COACHING STAFF
- FAMILY FRIENDLY CLUB
#ONETEAM

**CONTACT OUR HEAD COACH FOR MORE DETAILS
TRISTAN KEDDIE : 07342186376**

Dunky's
Day Nurseries & Forest School

October Half Term Holiday Club
@ Gulliver's World

**27TH - 31ST
OCTOBER 2025**

**TO BOOK SESSIONS PLEASE
CALL 01925 594680**