CON	ARK MUNITY PR	CIMARY S	CHOOL	22 November 2024
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
* Lunch Menu week 1 * Intake 2025 Open Day by appointment	 * 3.15 - 4.15 pm Y1, 2, 3 Performing Arts * 3.15 - 4.15 pm KS2 	* 3.15 - 4.15 pm Y1, 2 Athletics * 3.15 - 4.15 pm Y4	* 3.15 - 4.15 pm Y 4, 5, 6 Choir * 3.15 - 4.15 pm Y1, Y2	* 3.15 - 4.15 pm KS2 Girl's Football

- * 3.15 4.15 pm Y5/6 Baking
- * 3.15 4.15 pm Disney Stars
- * 3.15 4.15 pm Y2/3 Craft Club
 - Persevere, Respect, Collaborate Mrs. Quigley's weekly message:

Gardening

* 3.15 - 4.15 pm

Y5/6 Crochet

Football

Baking

* 3.15 - 4.15 pm Y1, 2

Welcome to the end of what has been a very cold week. The excitement of snow—or as it became ice—filled the school throughout the week, with children making snowmen and ice towers during breaktimes and lunchtimes. The school grounds looked beautiful and the sculptures that managed to withstand the weather looked even more enchanting.

This week, we had the first parents forum meeting with our increased team. Michelle Kilmurray, our Chair of Governors, and I are hoping to work with the group this year around the re-accreditation for the Wellbeing Award which we achieved in 2022. The focus of the discussion was around what we do now, what we can continue to develop and any new ideas that parents might find helpful around a focus of emotional wellbeing and mental health. I have shared the minutes with our group members, and they are also available on our school website if you wish to look in more detail, however, if you have any feedback or suggestions, please do let one of the members in your class know.

The group made some excellent suggestions, a brief summary being:

- * a summary page on the website around the key points of school policy and systems to support mental health and wellbeing
- * use of Seesaw to demonstrate techniques used—such as happy breathing, the My Happy Mind programme resources etc
- * spotlight around different services available in the area that parents may wish to approach
- * further development of the Community Café to have different agencies in attendance

Hockey

Baking

3.15 - 4.15 pm Y3, 4

Throughout the week, we have been focusing on being 'Empathetic Ellie' a character devised by our HPL (High Performance Learning) Pupil Leaders. In assembly at the start of the week, we thought about how to fill our school with kindness and the things we could do to be empathetic. This week I have seen children congratulating each other in learning and play, excellent manners being used with our lunchtime staff and children trying to give friends a confidence boost and supporting them to be brave both in their learning and play. If you do see any instances of being empathetic, please do let me or the class teachers know, as we would love to hear how the children are applying these skills away from school as well.

Please can I also ask for your help. I know the school office sent a plea regarding the size of bookbags. With being a small school, we have limited storage, and last year invested in cupboards for our KS2 children to ensure the corridors were safe spaces to walk. With it now being winter, and children are bringing in warm coats, hats, scarves etc, the cupboards are understandably fuller than they were at the start of the term. There is enough room in the cupboards for coats and accessories, bookbag sized bags and some additional bags, for example if children have a club on a non-PE day or they attend forest school. Please can you therefore help and review the bag size you have, and if it is larger than we ask, use one within the set measurements. This also applies to Reception and KS1, who although don't have cupboards have space within their classrooms to put their belongings, which again is limited in size. Thank you in advance for your help. Measurements are height: 31cm, width: 37cm, depth: 8cm when filled.

I believe the milder weather is returning next week, which I'm sure for some of us will be welcome. Have a wonderful weekend, See you Monday! Mrs Quigley

Calling All Dentists/Oral Hygienists

Reception class are learning about the importance of oral hygiene this half term and it would be great if we could find a dentist or oral hygienist to come in to speak to the class. If you would be able to help, or know someone who would be able to help, we would be very grateful! Please let the school office know via Seesaw or email and they will pass it on to the class.

Gardening Club

Gardening Club have been very busy this half term we have been planting lots of different spring bulbs in our Gardening Club planter and the sensory garden.





We are continuing to look after our strawberry runner planters and we can't wait to see how many strawberries they produce in summer.

We have started to plant some winter vegetable seeds in our polytunnel. The winter lettuce, peas and broad beans have already started to produce shoots and when they are more established, we will plant them into our planters.



Hot Chocolate and Cake

This week, the Midday Assistants have chosen the following children, who have demonstrated good manners and our school values at lunchtimes and they will join Mrs Quigley next week (or as soon after if that is not possible) for hot chocolate and cake:

Evie L		
Eliott C		
₋una C		
James B		
Shravani T		
Megan S		
Matildah D		

Ready for School

There is so much to remember when you are trying to get everyone ready to leave the house in the morning, so we hope these handy hints may help and if you have any tips, please let us know so we can pass them on!

- Create a daily list of things to bring in (bookbag, water bottle, coats, hats, gloves, lunch boxes or check money is on Parentpay for snacks/dinners) and perhaps a weekly timetable with any extras to remember on specific days, such as PE days, clubs, forest school etc
- Get as much ready the night before as you can - involve the children in this and work towards them doing this independently
- Consider if the items are suitable for school does the bag fit the size criteria, is the water bottle suitable for school (no bigger than 500ml and made from an unbreakable material)



Picture News

The Picture News topic for next week is ...

'How can we raise awareness of important issues?'



This year's Earthshot Prize winners have been announced. Prince William, who launched the prize in 2020, closed the award ceremony in Cape Town, South Africa. The Earthshot Prize celebrates and supports people and companies working to provide innovative solutions for climate and environmental issues. The winners include projects to protect animals, handle rubbish and prevent wasted energy.

The Earthshot Prize is an annual event, created in 2020 by Prince William and British wildlife presenter and historian, David Attenborough. Each year, five winners receive £1 million to scale up projects designed to fight different environmental issues. The five Earthshot goals are protect and restore nature, clean our air, revive our oceans, build a waste-free world and fix our climate.

Things to talk about at home:

- * Can you tell someone at home a bit more about the Earthshot Prize?
- Do you believe awards are a good way of raising awareness about important issues?
- Have you ever taken part or contributed to a project with the aim of helping protect and look after the world? Ask others at home whether they have.

Lunchbox Plea

Our Midday staff have asked us to pass on a few messages below.

- Don't forget to provide any cutlery needed if your child has a packed lunch eg spoons for yoghurts, forks for salads etc. The kitchen has limited cutlery available for children who are having school lunches only.
- School is NUT FREE and items such as Kinder Bueno, Nutella and peanut butter are not allowed as there are children with severe allergies in school.
- Please remember that children should not bring chocolate bars to school as a snack or as part of a packed lunch, a small chocolate cake or chocolate biscuit is permitted.

Pledge for Peace Sculptures

We wanted to share our Pledge for Peace sculptures with you. Each year group decided their own theme and message.

You are still able to see some of the sculptures in school, but the weather has not been good for the sculptures this week.



Clockwise from top right are years 4, 2, 1, Reception, 5, 3 and 6.











After School Clubs For Spring 1

Details of the After School clubs on offer for next half term can be found below. All of the clubs will be available to book via Parentpay across next week - there are a lot of clubs so it may take a few days to publish so please bear with us. Club registration will close on Friday 6 December to allow time to create the registers.

The charge per session is **75p** per child per club, **except for** Baking which will be **£1** per session to cover the increasing costs of ingredients and Game Building, which is **£7** per session and by an external provider. The total cost of the club depends on the number of weeks the club is running. Please only sign up if you can attend each week as there will be no refunds if your child is unable to attend a session. There is no charge for Choir but we do ask that your child commits to attending every week. **Please take care when booking as we are unable to refund mistakes**.

If a child can't stay for a club, please remember to let the OFFICE know in advance so that they can update the registers and your child will be able to leave as usual rather than going to the club.

Please make a note of the details below for any of your clubs or take a photograph so you have it available on your phone - you can always look back on the Weekly Updates on our website if you do lose it.

Day	Clubs	Years	Time	Collect from	Dates
Monday	Disney Stars	Various	3.15 - 4.15 pm	Main entrance	by invitation only
	Baking	5, 6	3.15 - 4.15 pm	KS1 Gate	13/1 - 10/2
Tuesday	Performing Arts	R, 1, 2, 3	3.15 - 4.15 pm	Main entrance	14/1 - 11/2
	Cross Country	3, 4, 5, 6	3.15 - 4.15 pm	KS2 Gate	14/1 - 11/2 (not on 21/1)
	Baking	3, 4	3.15 - 4.15 pm	KS1 Gate	14/1 - 11/2
Wednesday	Circuit Station*	R, 1, 2	3.15 - 4.15 pm	Main Entrance	15/1 - 12/2
	Crochet	5, 6	3.15 - 4.15 pm	KS2 Gate	15/1 - 12/2
Thursday	Choir	4, 5, 6	3.15 - 4.15 pm	Main Entrance	16/1 - 13/2
	Baking	R, 1, 2	3.15 - 4.15 pm	KS1 Gate	16/1 - 13/2
	Team Building Games*	R, 1, 2	3.15 - 4.15 pm	KS2 Gate	16/1 - 13/2
Friday	Badminton	3, 4, 5, 6	3.15 - 4.15 pm	KS2 Gate	17/1 - 14/2
	Game Building* (external provider)	Whole school	3.15 - 4.15 pm	Main Entrance	17/1 - 14/2

Circuit Station* - children will rotate through a number of activities set up in the hall and complete a number of circuits **Team Building Games*** - fun team-based games to promote collaboration/working as a team **Game Building*** - see flyer on the next page for details and how to book, £7 per session

make sure you include an emergency contact and who will be picking up your child
without them, they won't be able to stay

Community Pages

Any items shared on these pages are for information only and are not endorsed or vetted by school.

