



PARK ROAD

COMMUNITY PRIMARY SCHOOL



WEEKLY UPDATE

24
March
2023



Next Week in School at a Glance

Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
<ul style="list-style-type: none"> *Dinner Menu week 1 *Y5 Bikeright *3.15 pm Community Café *3.15 - 4.15 pm Disney Stars *3.15 - 4.15 PFA Board Games club - last one 	<ul style="list-style-type: none"> *8.15 am Innov8 Team Meeting *Y5 Bikeright *3.15 - 4.15 pm KS2 Netball Club- last one *3.15 - 4.15 pm R, Y1, Y2 Performing Arts Club - last one with a performance for parents at 4pm 	<ul style="list-style-type: none"> *8.15 am Eco Warrior Meeting *Y5 Bikeright *Y3 World Museum Trip * Y4 Residential to Tattenhall * 3.15 - 4.15 pm Choir *3.15 - 4.15 pm R,1,2 Foot Golf Club - last one *6 pm Y5 PAN performance at the Parr Hall 	<ul style="list-style-type: none"> * Egg raffle ticket sales during registration * Y5 Bikeright * 2.50 pm Y3 Class Assembly * NO running club * 3.15 - 4.15 pm Y5/6 Crochet Club - last one * 5.30 pm Emotion Coaching Parent Workshop in school 	<ul style="list-style-type: none"> * PFA Break the Rules Day * Y5 Bikeright * Y4 Residential returns from Tattenhall * 3.15 - 4.15 pm KS2 Tennis Club - last one

Value of the half term:

Honesty

Community Café Monday 27 March 3.15 pm

We will be holding our next Community Café on Monday 27 March from 3.15 pm, run by our school's Wellbeing and Happiness Teams. Tea, coffee, juice and cakes will be provided, so why not come along to join us and get to know other people in our school community. We hope the café will offer a time to relax, have a break and socialise.



Following the café, there will be an optional relaxation session lasting 10 - 15 minutes for adults and children. It will be led by Amanda Bedford, a parent, member of the Wellbeing Team and with experience in child mental health.

Warrington Borough Council have created a Schools Link Mental Health Team and our link practitioner, Karen Hennis, will be attending the café with her manager to mingle and chat about the mental health support they can give schools.

Emotion Coaching Workshop - Thursday

Mrs Parkinson is holding an Emotion Coaching parent workshop on Thursday 30 March at 5.30 pm. The session looks at how we can help our children be more aware of their emotions and to manage their own feelings. In turn, Emotion Coaching can equip adults with the skills to respond more consistently to children's behaviour, feel more in control during incidents and create a more positive relationship with the child. It can also help adults regulate their emotions.

If you would like to attend this workshop, it will start at 5.30 pm in school. It would be great if you could let us know if you are coming along to make sure we have enough space and resources available (thank you to everyone who has let us know so far).

Picture News

The Picture News topic is

'How do communities support each other in difficult times?'



Schools in parts of Turkey and Syria have been reopening in the weeks since devastating earthquakes hit, many in the form of makeshift tents. Teachers in the affected areas are making certain children's education continues, despite the difficult circumstances. Many school buildings were affected in the earthquakes at the start of February, leading to all educational institutions nationwide being closed for over two weeks. Although many learning centres have since reopened, lessons have also had to continue in tent schools, set up by volunteers and authorities in the worst affected areas. Many volunteer teachers and members of local communities turned some of the tents they had set up into schools. To do this, they had limited resources and used desks and chairs salvaged from destroyed buildings.

Things to talk about at home:

- * Share your knowledge and understanding of last month's earthquakes in Turkey and Syria
- * Talk about how difficult it may have been for the affected communities there.
- * Thinking about your own community, how do you work together - especially when things are hard?

After School KS2 Running Club Cancelled

Mr Savage is not available for Running Club next week and we have had to cancel it. Refunds have been processed.

Hot Chocolate and Cake

This week's winners are:

Reception	Lottie M-C
Year 1	Charlotte D
Year 2	Jessica H
Year 3	Lauren H
Year 4	Heidi E
Year 5	Mia H
Year 6	Jenson R

Menu Changes from Monday 27 March

From Monday, there will be an amended menu with a reduction of options on a few days, this is due to ongoing food shortages and supply issues. The amended menus can be viewed at the end of the newsletter and online.

Mindfulness in Schools Project

Last Wednesday, it was the funeral of Brianna Ghey from Birchwood High School. Brianna's mum asked for donations at her funeral, and Birchwood High School are fundraising in school alongside this, for the Mindfulness in Schools Project. She would like to use the money collected to train a member of staff in as many Warrington schools as possible in mindfulness practices so as Brianna's legacy can have a lasting impact on the young people of Warrington. The link for donations is as follows:

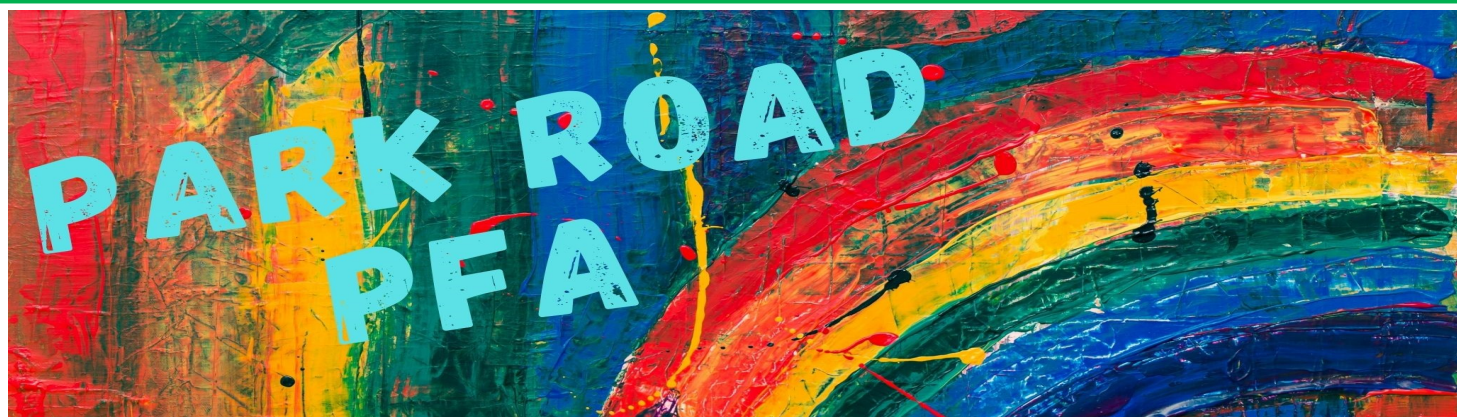
https://briannaghey.muchloved.com/?fbclid=IwAR1X47GhFpIGgBL_Pe3u10MrRICQD-WfxkZTnpXNYMe5SGJwBRz2YvrHRI4

No Nuts Please

Please could we ask that you do not send in any snacks or packed lunch items that contain nuts. We do have children

who have nut allergies and we would like to minimise the risk to them. This includes peanut butter, snack bars and mixed dried fruit/nut mixes ... including Nutella B-ready or other hazelnut chocolate fillings. Thank you for your support.





Break the Rules Day

We are very pleased to announce the options for breaking the rules next Friday (31 March).

If your child would like to wear non uniform for that day, there will be a cost of £1, for any of the other rules that are broken, there is a cost of 20p each. To make it easier for you and to help the PFA track the most popular options to potentially use at another event, we will be sending home a 'Breaking the rules payment sheet' with your child today. Don't worry if you haven't got one, you can always just jot the information onto a piece of paper.

As always, money can easily get lost in school so please could you send in any money in a clearly named, sealed envelope,

Breaking the rules payment sheet:

Please tick options chosen

- 1 wear non uniform (£1)
- 2 wear face paint (+ 20p)
- 3 wear temporary tattoos(+ 20p)
- 4 wear clothes back to front (+ 20p)
- 5 wear glitter in your hair (+ 20p)
- 6 wear colour spray in your hair (+ 20p)
- 7 bring chocolate/sweets for snack (+ 20p)

total enclosed for rules broken:



Colour Run: unfortunately, we only had 1 parent come forward to offer help at this event and it isn't feasible to go ahead with this.

Summer Fair: This year we will hold our Summer Fair after school on Thursday 22 June. More details will be sent out shortly with dates for the bottle and chocolate non-uniform days. The PFA will also be attending the Penketh Carnival and the Great Sankey Fun Day.

Have a lovely weekend

Kelly, PFA Chair (contact details: kellyhpfa@gmail.com)

Community Pages

Warrington Youth Zone

Warrington Youth Zone (WYZ) are starting a Mandarin Chinese language course at the Youth Zone on Sunday evening 23 April 5:30-6:30pm for young people 8 years plus. It is being run by the Chinese Mulan – the local Chinese Charity with whom they have a wonderful partnership. Its now available to book on Warrington Youth Zone Website.



Jireh Church Easter Holiday Club

MEET THE EASTER HOLIDAY CLUB TEAM

SAT 1ST APRIL 1-3PM

WANT TO MEET THE TEAM AND KNOW WHAT WE'RE ABOUT BEFORE OUR HOLIDAY CLUB? COME JOIN OUR DROP-IN

PARENTS STAY AND JOIN IN OUR CRAFTS AND SONGS AND MEET THE VOLUNTEERS

WWW.JIREHCHURCHWARRINGTON.CO.UK
LINGLEY ROAD, GREAT SANKEY, WA5 3PG



JIREH CHURCH

EASTER HOLIDAY CLUB

3RD-6TH APRIL 10AM-12NOON

CRAFTS
PRIZES
STORIES
SNACKS
GAMES
SINGING

FREE FOR ALL PRIMARY SCHOOL AGED CHILDREN



NO REQUIREMENTS TO ATTEND ALL DAYS, WE WOULD LOVE TO SEE YOU FOR ONE, SOME, OR ALL FOUR

WWW.JIREHCHURCHWARRINGTON.CO.UK
LINGLEY ROAD, GREAT SANKEY, WA5 3PG



Forest Holiday Club
Dunham Massey National Trust

CREATIVE OUTDOOR PLAY
Year 1 - Year 6



At CommuniTree, we facilitate a nurturing and safe environment for children to play, explore and take risks at their own pace and rhythm.

Through hands-on outdoor play, children develop confidence, self-esteem and resilience.

Activities at Dunham Massey holiday club:

- Den building
- Tree climbing
- Foraging and cooking
- Visit to the kitchen garden
- Story-telling and music
- Crafting with tools
- Woodland unstructured play

Bank Holiday Offer
£42 per day (Normal price £48)

- Range of childcare vouchers and tax free childcare accepted
- Families that are eligible for universal credit could claim back up to 85% of childcare costs

For more information, please visit:
communitree.co.uk/dunham-massey

communitree.co.uk | 0800 086 8837

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal 1	*Homemade Macaroni Cheese	*Roast gammon, roast & creamed potatoes, stuffing, carrots and swede batons and gravy	*Sausage, mash and gravy with seasonal vegetables	*Oven baked fish fingers with chips and peas	*Homemade Cheese flan with potato wedges, <u>sweetcorn</u> and salad
Hot Meal 2	*Vegetarian sausage <u>roll</u> with diced potatoes and baked beans		*Hot Tuna Panini served with coleslaw, <u>sweetcorn</u> and salad	*Crumb coated chicken with chips and baked beans	
Jacket Potatoes (JP+)	C – with cheese T – with tuna B - with beans				

*Vegetarian or vegetarian option available

Park Road Primary School Menus starting 27 March 2023 with Week 1

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal 1	*Pizza, jacket wedges and sweetcorn	*Roast Turkey, roast and creamed potatoes, stuffing, carrots, broccoli and gravy	Tuna or cheese puffs with diced or jacket wedge potatoes	*Battered salmon, <u>chips</u> and peas	*Homemade spaghetti <u>bolognese</u> served with peas
Hot Meal 2			*Spicy Quorn served with savoury rice and mixed vegetables	*Chicken goujons served with chunky chips and baked beans	
Jacket Potatoes (JP+)	C – with cheese T – with tuna (not available on Mondays) B - with beans				

*Vegetarian or vegetarian option available

Park Road Primary School Menus starting 27 March 2023 with Week 1

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal 1	*Homemade tomato and mascarpone pasta bake with seasonal vegetables	*Roast Turkey, roast and creamed potatoes, stuffing, carrots, <u>cabbage</u> and <u>gravy</u>	*Baguette pizza (pepperoni or cheese) with jacket wedge potatoes	*Chicken fillet with chunky chips, and baked beans	*Pork meatballs in tomato and basil sauce with pasta and peas
Hot Meal 2	*Crumb coated Quorn nuggets served with herby diced potatoes and sweetcorn			*Battered fish, chunky <u>chips</u> and peas	
Jacket Potatoes (JP+)	C – with cheese T – with tuna (not available on Mondays) B - with beans				

*Vegetarian or vegetarian option available

Park Road Primary School Menus starting 27 March 2023 with Week 1