



PARK ROAD

COMMUNITY PRIMARY SCHOOL



2 October
2026

WEEKLY UPDATE



Next Week in School at a Glance

Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
* Lunch Menu Week 3 * 3.15-4.15pm KS2 Cross Country * 3.15-4.15pm Y1/Y2 Baking * 3.15-4.15pm Y3/Y4 Forest school	* 8.15am Happiness Heroes/Animal Welfare & Sports Crew meetings * 3.15-4.15pm Y1/Y2/Y3 Performing Arts * 3.15-4.15pm Y4/Y5/Y6 Choir * 3.15 - 4.15pm Y1/Y2 Forest School	* 3.15 - 4.15pm Y6 Crochet * 3.15 - 4.15pm Y3/4 Gardening * 4.30 – 5.30pm Rec/Y1 Phonics/Reading Workshop	* 8.15am Innov8 & HPL Meetings * 3.15 - 4.15pm Forest School Y5/6 * 3.15 - 4.15pm Multisports Y1-3	* Hello Yellow – World Mental Health Day

Unique Individuals Learning Together

Mrs. Quigley's weekly message

The end of another wonderful week has come, and the weeks really do seem to be flying by. Everyone is now fully settled back into school and there is a real buzz of learning throughout the building. Classrooms are busy, children are engaged and it is lovely to see such enthusiasm for learning across the school.

This week, Mrs Wilkinson, supported by our Head Boy and Head Girl, has launched our Harvest Collection in aid of WA5 Good Neighbours. A list of the items being collected can be found later in this newsletter. If you are able to donate, we would be extremely grateful for your support. Alongside our newly elected Innov8 Team, who will begin their work next week by organising a whole school assembly, we are looking forward to welcoming representatives from Good Neighbours into school in a couple of weeks' time. They will share information about the valuable work they do within our community.

I am also delighted to share that this week our Head Boy and Head Girl finalised the designs for the first phase of our new Reception and Key Stage 1 trim trail. After considering ideas from pupils, they selected a range of exciting equipment, including hanging ropes, a pole twister, slalom bars and several other features. We are currently waiting for confirmation of an installation date, but we are hopeful that work will be completed within the next month or so. Following this, they will be meeting with the PFA to discuss the next stages of our playground development plans, having already gathered ideas from every class on how we can make playtimes even better for all children.

Next Friday, Mrs Oakes has arranged for us to take part in World Mental Health Day by celebrating Hello Yellow. Children are invited to come to school wearing yellow. This could be a full yellow outfit or simply a yellow accessory worn with an outfit that makes them feel happy. Throughout the day, children will take part in a range of activities designed to promote positive mental health, help them understand ways to look after their wellbeing and know when and how to ask for help when they need it.

Finally, a huge thank you for all the likes, comments and shares on our social media pages. Your support really does help us celebrate the wonderful things happening in school and share them with the wider community. Our first Open Day will take place on Monday 12th October and places are filling up quickly. Any support you can give in promoting the school to friends, family and prospective parents is greatly appreciated.

Have a lovely weekend, and I look forward to seeing everyone on Monday morning at 8:35am. Mrs Quigley

Picture News

The Picture News topic for next week is ...

'Who should decide what we have for school lunch?'



The government has announced plans to make food served in schools across England healthier from September 2027. Under the proposed rules, schools would serve more fruit, vegetables and fibre-rich foods, while deep-fried foods and foods containing lots of fat, sugar or salt would be restricted. Schools would still offer familiar meals, but they would use healthier ingredients and cooking methods.

Things to talk about at home:

- * Who usually decides what your family eats at home? Do you take turns? Does everyone help choose meals?
- * What are some of the things you think are important to consider when choosing what we eat?
- * If you could suggest one new school meal, what would it be?

Hot Chocolate and Cake

Well done to the following children chosen this week:

Reception	Esme B
Year 1	Ida E
Year 2	Ted C
Year 3	Maggie C
Year 4	Anya C
Year 5	Eesa S
Year 6	Benjamin McG

If a child is unable to attend their Hot Chocolate and Cake event because of an approved absence, we will provide a 'carry out' pack so they can enjoy it at home at their leisure!

School Photographs - Important please read

The photographer will be in school on the morning of Wednesday 14 October. Every child will receive an individual photo and, if you would like a sibling photograph, please email or send a Seesaw message to the office to request this by Tuesday 6 October (this will allow our office staff to have everything in place for the photograph day to run smoothly). There is the possibility to have pre-school aged child(ren) photographed with your Park Road child(ren) before the start of school. If this would be of interest to you, please let the office know and they will be in touch with the arrangements.

Hello Yellow

On Friday 9 October, Park Road will be taking part in **Hello Yellow**, in recognition of World Mental Health Day. Children can come to school in their own clothes, wearing something yellow - it could be socks, a bobble, a t-shirt with a bit of yellow on. Details of Hello Yellow are below and donations can be made on their website www.youngminds.org.uk/support-us/fundraising/helloyellow/

Join us this Hello Yellow!

9 October 2026

Wear yellow and say hello as we celebrate 10 years of standing out, starting conversations and raising funds – so no young person feels alone with their mental health.

There are days when all of us struggle with how we are feeling. Things can get tough, and it can be difficult knowing how to cope. For so many young people, when this happens, they don't always get the help they need, when they need it. They don't know where to turn, who to talk to, or even if anyone else feels the same.

But we can change this. By taking part in Hello Yellow you're starting a conversation about mental health wherever you are. And by funding our support – you're ensuring we can be there to pick it up where you left off.

Stand out, wear yellow on 9 October and donate what you can. Together we can support young people's mental health, when they need it – no matter what.



Park Road

Community Primary School

At Park Road, we have many ways you can contact us to provide feedback, pass on important information, or raise a concern. We recognise it can sometimes be hard to know who best to speak to. Below are some examples of 'What to do if.....'

Who should I contact?	
I need to speak to someone about my child's learning or wellbeing .	Contact the Class Teacher - You can contact the teacher directly via messages on Seesaw to pass on information or book in a telephone call/meeting. - Class teachers are available on the playground, or via the class door, at the end of the day. - Parents Evening and Meet the Teacher events run 3 times per year.
I have a question about if my child can attend school as they are feeling unwell .	Contact the Office: - You can message the office via Seesaw or ring for advice. - You can also check our website, where we have advice regarding when your child can and can't attend school.
We are planning a holiday during term time, who do I contact?	Contact the Office: Notify the office of any planned absence at least 2 weeks before. This can be sent in writing via Seesaw.
Who do I tell if my child isn't staying for a club?	Contact the Office: You can message the office via Seesaw or email and they will inform the class and update the registers. This message is very important for Safeguarding reasons.
I want to give some feedback about an event in school.	Contact the Office: - You can message the office and it will be passed to the relevant member of staff. Contact the Organiser: - If you know the event organiser, you can contact them directly via Seesaw.
I want to pass a message on in the morning to my child's class teacher.	Contact the Class Teacher via Seesaw OR Pass your message to the member of staff on the gate who will share with the class staff when they have locked up.
I have something to share and I'm not sure who to speak to .	Class teachers and class staff at Park Road are very supportive and will always try their best to help. However, in some cases, you may wish to speak directly to Mrs Quigley who can help to direct your query or provide support. You can do this via the gates most mornings, a telephone call to the office or a Seesaw message. If Mrs Quigley is not available, you may also wish to speak to another senior leader.
Senior Leaders in Park Road	Headteacher: Mrs Quigley Deputy Headteacher: Mrs Ignatius (Y3 Teacher) maternity cover Mrs Akinyemi (Maternity Leave) SENDCo: Mrs Elstob (Y1 Teacher) maternity cover Mrs Anderson-Mills (maternity leave) Senior Teachers: Mrs Roberts (KS2 Leader/Y5 Teacher)

Harvest Festival Collection

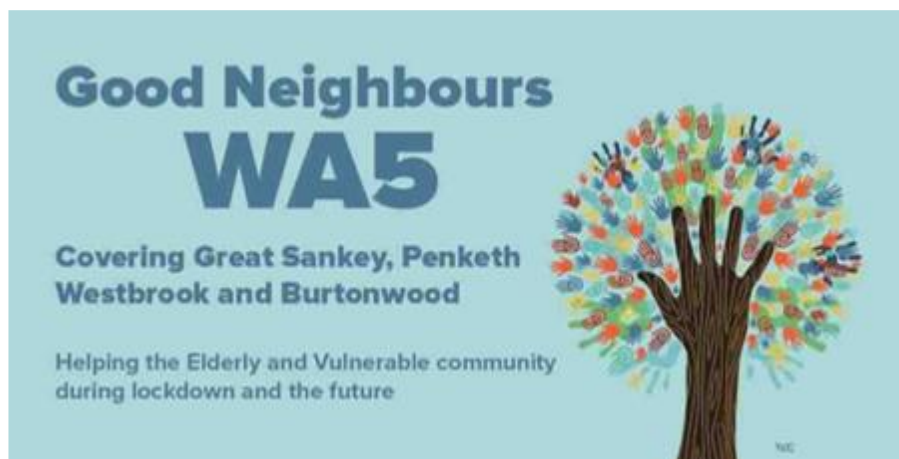
Thank you to everybody who has donated so far for our Harvest Festival. The items collected will be donated to our local Foodbank, who will provide hampers to vulnerable adults/families in the WA5 area. With the current economic climate, the demand on the Foodbank is very high so any help you may be able to give would be very much appreciated.

Items such as:

Tinned rice pudding	Custard
Tinned potatoes	Instant potato
Cream crackers	Tinned Fruit
Tinned meats (hot)	Fish/meat paste
Corned beef	Cat food
Angel Delight	Jelly
Long life milk	Selection boxes
Pasta	Tins of biscuits
Chocolates/Sweets	Shortbread
Pasta sauces	Cereal and Oatmeal
Tinned vegetables	Tinned fish
Rice	Tinned puddings
Soup and stew	Christmas food
Nut butters	Baby food and formula
Beans (canned or dry)	

Please **check any “use by” dates** and please remember that the Good Neighbours WA5 need time to sort and distribute the items, so food with a longer shelf would be perfect. They appreciate all donations, particularly healthier options (for example, low sodium, whole grains and fruit in 100% juice).

Donations can be given to the adult on the gates in the morning or placed in the trolley on the playground for those who access it in the mornings and for everyone after school



What Parents & Educators Need to Know about DISCORD

AGE RESTRICTION
13+
(with a 17+ app rating on app stores)

WHAT ARE THE RISKS?

A CHANNEL FOR EVERYTHING

While Discord is strongly associated with video games, it also hosts communities for almost anything you can imagine, such as books, music, influencers, cooking and sport. Some large servers focus on popular games like Minecraft or Fortnite, but many are private, invite-only spaces where friends or communities with shared interests can chat across phones, computers, and gaming consoles.

REAL-LIFE DISTRACTION

Like many social platforms, Discord can become a real time-sink. Although it does not rely on endless scrolling in the same way as some apps, constant messages, group chats, and voice channels can keep young people engaged for long periods, especially in larger servers. As Discord is closely linked to gaming, it may also increase the time they spend playing games.

STRANGER DANGER

Users can choose to stay within private servers with only people they know, but joining public servers will most likely bring them into contact with strangers. Many users are just friendly enthusiasts, yet others could have harmful intentions, including grooming, extortion, or radicalisation. In these types of environments, anyone can claim to be another teenager, which can make it harder for young people to judge who is safe to talk to.

A HARASSMENT RISK

There is also a risk from people a young person already knows in the real world. Bullying in the real world can continue online, and Discord servers can make this feel more intimidating, especially if someone uses anonymous or multiple accounts to carry out threatening behaviours. Because Discord works across computers, phones, and gaming consoles, unwanted contact can follow young people into online spaces that should feel safe and private.

INAPPROPRIATE CONTENT

This huge amount of choice can help young people "find their tribe", especially when they have niche interests. However, because users can create servers around almost any topic, younger users may still encounter unsuitable or distressing content. Even in spaces linked to child-friendly games, Discord cannot directly control every conversation, image, or video shared by other users.

A MONEY DRAIN

Discord is free to use, but users can still spend real-world money on it. This may include Discord 'Nitro', a monthly subscription that unlocks customisation features and larger media uploads, or purchases through the 'Shop' for profile cosmetics and game-related items. Small purchases can add up quickly, especially if spending controls are not in place.

Advice for Parents & Educators

USE FAMILY CENTRE

Parents and carers should make use of Discord's 'Family Centre', which gives an overview of a younger user's activity while respecting their privacy. Messages are not shared, but adults can view an activity feed and receive weekly email summaries. Discord says this is designed to support conversations about online behaviour, rather than be about constant monitoring.

CHECK, TALK, REPORT

Review Discord's privacy settings together, including who can send them friend requests or private messages. Use this as a chance to talk to them about strangers, privacy, and personal information, making sure young people know to question suspicious behaviour, such as requests to keep conversations secret. Show them how to block and report these kinds of users and reassure them that asking for help will not get them into trouble.

MANAGE TIME ONLINE

Agree clear expectations around when and how Discord can be used, especially during homework, bedtime, and family time. Encourage young people to turn off unnecessary notifications and leave servers that feel overwhelming. If Discord is mainly used alongside gaming, discuss healthy limits for both activities so that schoolwork, sleep, and offline friendships are not affected.

REVIEW SPENDING CONTROLS

Talk openly about paid features such as Discord Nitro, profile cosmetics, and in-game purchases. Make sure the young people in your care understand that digital items still cost real money. Check payment settings on the device they use, avoid storing card details where possible, and consider adding approval requirements for purchases, particularly for younger or more impulsive users.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard, and The New Statesman.



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Community Pages

Any items shared on these pages are for information only and are not endorsed or vetted by school.



The Parish of
St Joseph's

Together in Faith,
Growing in Love

wish to invite all Year 4 Baptised children
who wish to make their

First Holy Communion

A SPECIAL JOURNEY OF FAITH



WELCOME MASS
A welcome Mass is to be held at St Joseph's Church on
Sunday 18th October at 8:30am.



STAY AFTER MASS
Following the Welcome Mass, children and their families
are invited to remain in church to receive further information
about the First Holy Communion preparation programme.



PREPARATION SESSIONS
Preparation sessions will take place throughout the year,
supporting the children as they grow in faith and prepare
to receive the Sacrament of First Holy Communion.
Children are expected to attend all preparation sessions
as part of their journey towards First Holy Communion.



FIRST HOLY COMMUNION
First Holy Communion will be held on
Saturday 1st May at 10:00am
for children from St Vincent's, St Joseph's and
other schools within the area.

*"Let the children
come to me."*
Mark 10:14

KNOW HIM
LOVE HIM
FOLLOW HIM



Holiday Club

at Dunkys Day Nursery &
Forest School

Forest School Adventures

Monday 26th October
to Friday 30th October

8-5pm

Explore
Learn
Grow






Bushcraft Skills


Nature Exploration


Outdoor Play


Forest Crafts


Wildlife Discovery


Den Building

To find out more call
Lauren on 01925 594680
or email gullivers@dunkysdaynursery.co.uk

OCTOBER HALF TERM HOLIDAY CLUB

AT DUNKYS GULLIVER'S

MONDAY 26TH OCTOBER – FRIDAY 30TH OCTOBER

DATE	DAY	AM ACTIVITY	PM ACTIVITY
26 th October	MONDAY	 MAGIC WANDS Create your very own magical wand using craft and natural materials.	 POTION MAKING Head into the mud kitchen and create spooky magical potions using natural ingredients.
27 th October	TUESDAY	 APPLE BIRD FEEDERS Make bird feeders using apples and natural materials before hanging them up for the birds.	 SPIDER WEB ESCAPE Use physical skills to manoeuvre over, under and around ropes placed between the trees. Can you escape the spider's web?
28 th October	WEDNESDAY	 SPIDER WEBS Use sticks and string to create your own giant spider webs while developing creativity and fine motor skills.	 HEDGEHOG HIBERNATION Learn about hedgehogs and create cosy hedgehog houses using natural materials.
29 th October	THURSDAY	 CONKER COMPETITION Enjoy a classic autumn activity and compete in our conker competition.	 PUMPKIN CARVING Get creative and spooky by carving and decorating your own Halloween pumpkin.
30 th October	FRIDAY	 ROOM ON THE BROOM DAY Make your very own magical broom using natural materials, inspired by <i>Room on the Broom</i>.	 HALLOWEEN PARTY! Come dressed up and enjoy a day full of spooky activities, Halloween games, fun and a special party tea! COME DRESSED UP!



THROUGHOUT THE WEEK



OUTDOOR LEARNING & PHYSICAL SKILLS



CREATIVITY & IMAGINATION



FINE MOTOR SKILLS & COORDINATION



PROBLEM-SOLVING & EXPLORATION



UNDERSTANDING OF NATURE & WILDLIFE



TEAMWORK & COMMUNICATION



SEASONAL & AUTUMNAL AWARENESS



CONFIDENCE, INDEPENDENCE & FUN!