

Next Week in School at a Glance				
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
* SCHOOL CLOSED (EASTER MONDAY)	* Lunch Menu week 1 * School reopens * Year 4/5 Swimming * 3.15 - 4.15 pm R,1,2,3 Performing Arts	* NO Y4 Gardening * 3.15 - 4.15 pm Y5/6 Crochet	* 3.15 - 4.15 pm Y4, 5, 6 Choir	* Own Clothes Day for Vikings

School Value: Respect HPL Value: Agile

Mrs. Quigley's weekly message:

The end of term has arrived, and what a wonderful end it has been! Over the last 2 weeks we have been wowed by all of our classes in their showcases; children shared learning through drama, dance, gymnastics and music, each one being individual and demonstrating the talents we have across school. I would like to say a huge well done to every single one of the children for being so brave, so creative and spreading joy each day with their performance.

On Tuesday, some of our Year 5 children went to the Parr Hall and performed as part of the PAN. They took the audience on a journey through decades demonstrating different dances from each period of time. They were absolutely amazing and were the performance of the night for me! Well done to the children, and also a big thank you to Miss Shirley, Mrs Thomas and Miss Harding for working with the children on this. Pictures from the night are later in the update.

Throughout today we have come together as a school community as part of the Big Dig. The school grounds look wonderful and are ready for enrichment next half term. Well done to our Eco Warriors and Mr Finch for coming up with such a great idea, as well as raising money to buy a portion of the rainforest. Thank you to everyone who contributed to this. The team has raised a whopping £126.21 so far! Well done team - we wanted to share some photographs on the next page!

Today is a day for celebration as Mrs Oakes, Mrs Robinson and the Happiness Heroes have worked hard this year with the continuation of myHappymind. As part of their role, they applied for the Bronze Accrediation and I am delighted to announce that they have been successful. Well done to the team, Mrs Oakes and Mrs Robinson. Everyone in school really enjoys myHappymind and the developments you have been working on.

Finally, an advance notice. On the Thursday 8 May, it will be 80 years since VE Day. As a school we would like to mark this, and so are planning a VE DAY celebration afternoon for the children. Carol will be making a special pudding as part of hot dinners, and the children will be able to celebrate in style in an afternoon bonanza. On this day, children may come in 1940s style clothing or red, white and blue. As we get nearer to the date, we will share more details.

As we enter the Easter break, I would like to thank you for your ongoing support. I hope the sun continues to shine, that you all enjoy some rest and relaxation time and we will see you on Tuesday 23 April - gates open at 8:35 am.

Mrs Quigley











Picture News

The Picture News topic for next week is ...

'What qualities should a positive Role model have?'



Ex-England football manager, Sir Gareth Southgate, has shared his thoughts on young people and his fears that many are spending too much time online, gaming and using social media. He stated how important it is for young people to have positive role models beyond social media influencers. Drawing on his own experiences during a talk for the BBC, he said the UK needs to do more to encourage young people - particularly young men - to make the right choices in life and not be afraid of failure.

A role model is someone who inspires us to be our best selves by what they do or how they treat others. A positive role model might show kindness, honesty, bravery, patience or lots of other things.

Things to talk about at home:

- * Who are your role models? What qualities do they have? Ask someone at home about their role models.
- * Do you think anyone can be a role model?
- Taking into consideration what Sir Gareth Southgate said, do you feel it is important to have role models who aren't online influencers? Why?

PFA's Frozen Friday

Frozen Friday's are back! The PFA will be selling ice lollies from the children's kitchen in the playground after school every Friday starting from Friday 25 April.

If you would be able

to support this by volunteering, please could you sign up at

the following link - up to 3 volunteers are needed each week and you can sign up for as many weeks as you can!

https://www.volunteersignup.org/PBDLP

Note from school:

This is the first event that the PFA have asked for volunteers since being unable to run events because of insufficient numbers, it would be great if we could show them that we are willing to support their events!

Year 5 PAN Performance Photographs

Photographs were not allowed during the performance and we will share some of the official photographs when we receive them. In the meantime, here are the photographs of Year 5 enjoying their time at the Parr Hall.





ONLINE SAFETY

Navigating the online world safely is difficult enough for adults and it is even more complicated when it comes to our children. We want to help by providing you with information that we think may be useful to you, either now or for the future. We have chosen a couple of topics for this week and will share further information each week, we hope you find it useful. We highly recommend using Warrington Safeguarding Partnership's fantastic new website to keep your child safe online https://warrington.onlinesafetyhub.uk/.





Instagram remains one of the world's most popular social media platforms, especially among teens – with around 70% of 13 to 17-year-olds using it. Owned by Meta, Instagram allows users to share photos and videos, create interactive 'stories', broadcast live, send private messages and follow others. With regular updates and new features, it's essential for parents and educators to stay informed about how children are using the app - and what the risks are.



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EXCESSIVE SCREEN TIME

Instagram's design encourages prolonged use through endless scrolling of trending content and generating a fear of missing out (FOMO). Children can quickly lose track of time browsing posts from friends, influencers, and strangers, which may disrupt their day-to-day activities.

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AI CHATBOT CONCERNS

Meta's AI, which is available on Instagram, allows users to chat with an in-app chatbot. While often helpful, it can blur boundaries for young users, who may ask for or read content that is inappropriate or see it as a real friend or confidant. Privacy issues also arise, as conversations may not be as secure or private as children assume.

RISKS OF GOING LIVE

The livestream feature allows real-time broadcasting to followers – or anyone, if the account is public. This increases the chance of unwanted contact from strangers and pressure to act in ways that gain attention, including engaging in inappropriate behaviour. Viewers may also post offensive or harmful comments during live sessions.

THREADS INTEGRATION

Threads is Instagram's sister app for public, text-based conversations. Posts from Threads appear in users' Instagram feeds and can lead children to view, share, and comment on public conversations with strangers. The content may not always be age-appropriate and can be misleading or false.

SCHEDULED MESSAGING

nstagram's newer ability to schedule direct messages means that children could receive messages late at hight or early in the morning.
This can disrupt their sleep or keep them
preoccupied before the school day even begins

EXCLUSION AND LOW SELF-WORTH

Feeling left out online can have a real emotional impact. Being left out of photos, receiving fewer likes, being unfollowed, or being ignored in chats and comments can leave children feeling excluded, which often hurts as much as in real life. There is a risk this can lead to reduced esteem and a sense of not belonging.

Advice for Parents & Educators

USE INSTAGRAM'S SUPERVISION TOOLS

Instagram's built-in Family Centre lets parents monitor how much time their child spends on the app. Specialised 'teen accounts' are private by default and offer controls on who can message them. Make sure that children use their real age when registering their account to ensure they have these protections.

OPEN UP THE CONVERSATION

Talk regularly to the children in your care about what they enjoy on Instagram – and what makes them uncomfortable. Encourage honest chats about filters, body image, and online approval. Reassure them that they don't need to edit their appearance or chase 'likes' to feel valued.

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

SET BOUNDARIES FOR THREADS AND AI

Parental controls on instagram also apply to Threads. These allow parents to monitor time spent in the app, check follower lists and adjust exposure to sensitive content. Discuss Al features, too, therefore helping children understand that chatbots aren't real people and should be used with care.

BE MEDIA-SAVVY WITH INFLUENCERS

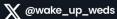
Parents should follow a few of the influencers their child watches, so they can better understand the content they're seeing. Use this as a springboard to talk about the difference between genuine recommendations and paid promotion and how online personalities can shape opinions and behaviour.

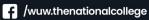
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Spring Plant Sale



Warrington West Scouts are selling high quality bedding plants and hanging baskets again for delivery later in May. Orders must be received by them no later than Sunday 4 May 2025 and the link is below.

https://www.warringtonwestscouts.org.uk/shop/

School has purchased plants from Warrington West Scouts for years and can vouch for their quality. Not only that, but it also supports a really good cause, our local scouting groups.















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LFC Foundation PDP Football Camps

LFC Foundation have been delivering LFC Foundation Football Camps for many years and participants absolutely love them.

For £25 for a full day, LFCF PDP Goalkeeper Technical GK Camp offers players with Technical GK Sessions & Strength & Conditioning Sessions with S&C Coach & lots of chances to put new found knowledge to the test as a GK in Attacking/Finishing Sessions & in Small Sided Games throughout the day.

For £20 for a full day, LFCF PDP Football Technical will provide players with Technical Football Sessions & Strength & Conditioning Sessions with S&C Coach & lots of chances to put new found knowledge to the test in Attacking/Finishing Sessions & in Small Sided Games throughout the day.

Timings on each day: 10am-3pm. Keep checking booking website as they add more events over next few week onto system.

Football Camp Booking Link:

Week 1

@ Helsby Sports Monday 7th April

@ Halewood Leisure Tuesday 8th April

@ Sutton Leisure Wednesday 9th April

@ Netherton Activity Centre
Thursday 10th April

@ Dunes Southport Friday 11th April

Week 2

@ Netherton Activity Centre Monday 14th April

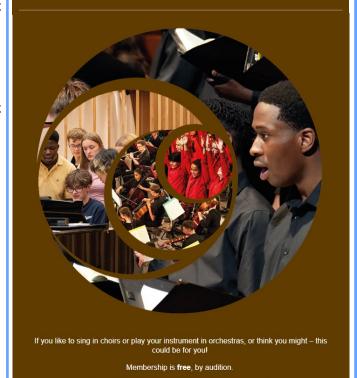
@ Halewood Leisure Tuesday 15th April

@ Sutton Leisure Wednesday 16th April

Potential for Wirral Camp Thursday 17th April (Check Site for Details)

HALLÉ

We're recruiting for our Youth Orchestra and Choirs for the 2025-26 season!



For more information, please visit https://halle.co.uk/project/youth-ensembles-recruitment/

Deadline for applications Fri 9 May 25.

All About Family Magazine

Please see below the link for the Spring 2025 edition of the All About Family magazine with advice on internet safety, phonics, books, first aid, healthy eating, Snapchat -Instagram-WhatsApp Advice, family law plus more.....



www.allabout-family.co.uk/nw-magazine/

Family First Magazine

Please see below the link for the Spring 2025 edition of the Family First magazine.

https://familyfirst.co.uk/issue2-25





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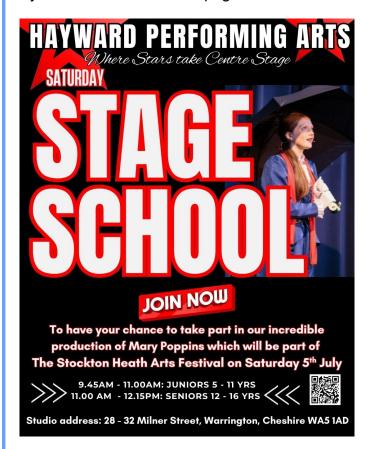








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DAY1:
INTRO FUN
DRIBLING ACTIVITIES
INVASION GAMES
FOOT CRICKET
FOOT TENNIS

DAY 2: INFLATABLE PITCH DAY OR TALENT ID TOURNAMENT DAY DAY 3: INFLATABLE PITCH DAY OR TALENT ID TOURNAMENT DAY DAY 4:
WEEK AWARDS
CERTIFICATES
PASSING ACTIVITIES
CHILDREN'S CHOICE
FOOT GOLF

FAMILY MINDFUL MOMENT

Wednesday 9th April 12.30 - 13.30

The Engine Rooms, Birchwood Park





Meet us by the panda for a short walk and a mindful exercise.

Make the most of half-term with a mindful family walk. Enjoy fresh air, beautiful scenery, and quality time together.

FLOURISHING FAMILIES FREE TASTER

Wednesday 16th April 12.30 - 13.30 The Engine Rooms, Birchwood Park



Flourishing Families is designed to improve well being for both parents and children. We will cover a range of topics through play, with mindfulness at the core of each area.

Join us for our free taster session to deepen the bond between you and you child.

SCAN THE QR CODE TO SECURE YOUR SPACE

