



# PARK ROAD

COMMUNITY PRIMARY SCHOOL



# WEEKLY UPDATE

7  
February  
2025



### Next Week in School at a Glance

Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
* Lunch Menu week 3 * <b>NO</b> Y5/6 Baking * 3.15 - 4.15 pm Disney Stars	* 3.15 - 4.15 pm Rec Y1, 2, 3 Performing Arts ( <b>last one</b> ) 4pm Parents Performance * 3.15 - 4.15 pm KS2 Cross Country ( <b>last one</b> ) * <b>NO</b> Y3, 4 Baking	* 3.15 - 4.15 pm Rec, Y1, 2 Circuit Station ( <b>last one</b> ) * 3.15 - 4.15 pm Y5/6 Crochet ( <b>last one</b> )	* HPL visit in school * 3.15 - 4.15 pm Y 4, 5, 6 Choir * 3.15 - 4.15 pm Rec, Y1, 2 Team Building Games ( <b>last one</b> ) * <b>NO</b> Rec, Y1, 2 Baking	* 3.15 - 4.15 pm KS2 Badminton ( <b>last one</b> ) * 3.15 - 4.15 pm whole school Game Building (external provider) ( <b>last one</b> ) * Break up for half term

School Value: Persevere

HPL Value: Hardworking

### Mrs. Quigley's weekly message:

What a 'Fantastic Friday' and week in Park Road. This week, as part of Children's Mental Health Week, we have focused on our mental health and how we can help ourselves and others to be emotionally well. Each week the children take part in learning through using our mental health learning programme, My Happy Minds, however having further focus and opportunities throughout this week has been a lovely experience for all.

At the start of the week, KS1 enjoyed different activities, such as making worry dolls and sonic the hedgehog yoga, whilst KS2 took part in a workshop about mindfulness delivered by School Link Mental Health Service. On Wednesday we had the fabulous Rock Kidz in school, who delivered workshops and concerts around the theme of self-esteem. I know everyone loved the mantra they taught up, YASBA—You're awesome so be awesome—and I've heard children saying this to each other throughout the remainder of the week.

Our Parent Forum met this week, taking on the role of Wellbeing Champions. There was excellent discussion around what would be supportive for parents both from external professionals and from school. We will be sharing a questionnaire at Parents Evening next half term and would love to have your feedback. One suggestion raised was to put together a help sheet 'Who to contact when....' as sometimes it can be tricky to know who is the best person to speak to. I've attached this on the next pages, but if something is missing, please do let me know and I will update. I hope you find this a helpful resource.

Last week, I shared a link to the HPL questionnaire that we have running. If you haven't managed to yet, but could spare 5 minutes, please do complete this as your feedback helps us to continue moving forward on our journey towards the mindset of #everyonecan.

Finally, thank you for your continued support with movement on and off around the school grounds. I know the start and end of the day can be busy. Can I remind everyone that we ask for your help by ensuring that scooters and bikes are dismantled and walked into the school grounds, phones are not being used, and at the start of the day parents enter and exit via the KS1 gate only. If you are driving to school, please drive slowly and carefully and park mindfully and considerately. By doing this, we ensure everyone is safe.

I hope you all have a lovely weekend—fingers crossed the sun shines! See you Monday, Mrs Quigley

## Picture News

The Picture News topic for next week is ...

'Should we be allowed to travel  
anywhere we like?'



The Nepalese government has announced that, from September, climbers aiming for the world's highest mountain will have to pay just over \$15000 (approximately £12000) during the main climbing season. This is over \$4000 more than the previous permit fee for climbing Mount Everest. There have been concerns that there are too many people climbing the mountain, leaving rubbish and not respecting nature. It is hoped the extra money will go towards protecting the area from tourists.

Responsible tourism is about enjoying travel, while making choices that have a positive impact on the environment, local communities and cultural heritage. Travelling responsibly can include staying in eco-friendly accommodation and respecting wildlife (observing animals from a distance, avoiding feeding them and choosing ethical experiences that don't harm animals).

Things to talk about at home:

- \* Why do you think so many people want to climb Mount Everest? Can you imagine what it feels like to reach the summit?
- \* Can you recall some of the places you have visited as a tourist? These could be close to where you live, or further away. Talk to someone at home - where have they visited?
- \* What do you think are the advantages and disadvantages of tourism?

## Hot Chocolate and Cake

This week, the Midday Assistants have chosen the following children, who have demonstrated good manners and our school values at lunchtimes and they will join Mrs Quigley next week (or as soon after if that is not possible) for hot chocolate and cake:

Reception	George C
Year 1	Scott H
Year 2	Charlotte G
Year 3	Ciara T
Year 4	Jackson L
Year 5	Zoe S
Year 6	Mustafa S

## World Book Day Celebration

As mentioned on the Dates for the Diary that we sent out at the beginning of this academic year, we will be celebrating World Book Day on **Friday 7 March**.



The theme for this year is 'Read Your Way' and we would love children to 'Dress Their Way' ... this could be in their favourite colour, sports kit or outfit, as a character from their favourite book or even to dress as the person they would like to be in the future.

As always, please remember when you are planning your children's outfits that clothes should be appropriate for a day in school (sensible shoes, no earrings etc) .

## Last Call for External Clubs

If you would like to sign up for either of the external clubs on offer next half term - Kids with Bricks (Mondays) or Jam Coding (Fridays), please could you do so by Wednesday next week as we will be closing the registers on Thursday (all other clubs have been closed).

Kids with Bricks registration:

[www.kidswithbricks.com](http://www.kidswithbricks.com)

Jam Coding:

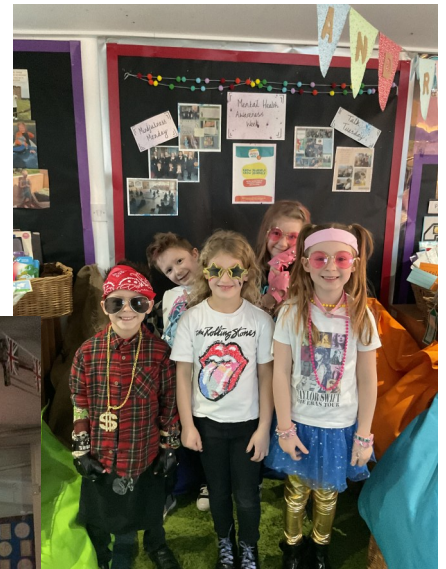
<https://portal.jamcoding.franscape.io/class-overview/4076>

# ROCK KIDZ



On Wednesday Park Road was transformed into a rock concert by Si and Becca from Rock Kidz. Throughout the day, children took part in workshops, around self-esteem, followed by a whole school after party to end the day.

The children were so enthusiastic and I know everyone was keen for them to return again! The costumes and outfits were amazing—everyone definitely showed off their inner rock star!



## Who should I contact?

Following suggestions from the Parent Forum this week, we wanted to share who you can contact about different subjects and the different ways you can contact them. We hope you find it useful.



**Park Road**  
Community Primary School

At Park Road, we have many ways you can contact us to provide feedback, pass on important information, or raise a concern. We recognise it can sometimes be hard to know who best to speak to. Below are some examples of 'What to do if....?'

<b>Who should I contact?</b>	
I need to speak to someone about my child's <b>learning or wellbeing</b> .	<p>Contact the <b>Class Teacher</b></p> <ul style="list-style-type: none"> <li>You can contact the teacher directly via messages on Seesaw to pass on information or book in a telephone call/meeting.</li> <li>Class teachers are available on the playground, or via the class door, at the end of the day.</li> <li>Parents Evening and Meet the Teacher events run 3 times per year.</li> </ul>
I have a question about if my child can attend school as they are feeling <b>unwell</b> .	<p>Contact the <b>Office</b>:</p> <ul style="list-style-type: none"> <li>You can message the office via Seesaw or ring for advice.</li> <li>You can also check our website, where we have advice regarding when your child can and can't attend school.</li> </ul>
We are <b>planning a holiday</b> during term time, who do I contact?	<p>Contact the <b>Office</b>:</p> <ul style="list-style-type: none"> <li>Notify the office of any planned absence at least 2 weeks before. This can be sent in writing via Seesaw.</li> </ul>
I want to give some <b>feedback</b> about an event in school.	<p>Contact the <b>Office</b>:</p> <ul style="list-style-type: none"> <li>You can message the office, and it will be passed to the relevant member of staff.</li> </ul> <p>Contact the <b>Organiser</b>:</p> <ul style="list-style-type: none"> <li>If you know the event organiser, you can contact them directly via Seesaw.</li> </ul>
I want to <b>pass a message</b> on in the morning to my child's class teacher.	<p>Contact the <b>Class Teacher via Seesaw</b> <b>OR</b></p> <ul style="list-style-type: none"> <li>Pass your message to the member of staff on the gate who will share with the class staff when they have locked up.</li> </ul>
I have something to share and <b>I'm not sure who to speak to</b> .	<p><b>Class teachers and class staff</b> at Park Road are very supportive and will always try their best to help. However, in some cases, you may wish to speak directly to Mrs Quigley who can help to direct your query or provide support. You can do this via the gates most mornings, a telephone call into the office, or a Seesaw message. If Mrs Quigley is not available, you may also wish to speak to another senior leader.</p>
<b>Senior Leaders in Park Road</b>	<p><b>Headteacher:</b> Mrs Quigley  <b>Acting Deputy Headteacher:</b> Mrs Roberts (Y1 Teacher)  <b>SENDCo:</b> Mrs Anderson-Mills (Y6 Teacher)  <b>Senior Teacher:</b> Mrs Anderson (Y3 Teacher)</p>

## Community Pages

Any items shared on these pages are for information only and are not endorsed or vetted by school.

### 17th - 20th February Forest Holiday Club



Dunham Massey National Trust

### About CommuniTree



At CommuniTree we facilitate a nurturing and safe environment for children to play, explore and take risks at their own pace and rhythm.

Dates: 17th - 20th February  
Time: 9am - 3.15pm  
Location: Dunham Massey National Trust

Suitable for children Year 1 - Year 6

£42 a day



Follow our  
WhatsApp channel  
to save 10%

### Activities

- Den building
- Tree climbing
- Foraging and cooking
- Story-telling and music
- Crafting with tools
- Woodland unstructured play

### How to book a place

- Pay online via credit/debit card
- Childcare vouchers and tax-free childcare accepted
- Families that are eligible for universal credit could claim back up to 85% of childcare costs

#### For more information:

Visit: [communitree.co.uk/dunham-massey](http://communitree.co.uk/dunham-massey)  
Call: 0800 086 8837  
Email: [info@communitree.co.uk](mailto:info@communitree.co.uk)

### CHAMPION Kids Camp Inspiring young minds through sport

**St.Bedes Juniors**  
Catholic primary  
Widnes  
WA8 6EL

**St.John Fisher**  
Catholic primary  
Widnes  
WA8 0BW

**St.Josephs**  
Catholic Primary  
Great Sankey  
WA5 2AU

**Lunts Heath**  
Primary school  
Widnes  
WA8 9BJ

**St Clements**  
Catholic primary  
Runcorn  
WA7 4NX

Time:  
9:00am  
to 2:45

**February**  
17<sup>th</sup> - 19<sup>th</sup>

**Daily Prizes**  
Ages 4 - 11  
Bring : Lunch, Trainers  
& Water



Check out our social media Facebook and Instagram for pictures and information from other camp venues @Champkidcamp

### CHAMPION Kids Camp Inspiring young minds through sport

#### Timetable

Monday	Tuesday	Wednesday
FREE CHOICE	FREE CHOICE	FREE CHOICE
AXE THROWING	BENCHBALL	ARCHERY
SWEDISH LONGBALL	TENNIS	PENALTY SHOOTOUT
TEAM BUILDING	HOCKEY	DODGEBALL
OLYMPICS	DIAMOND CRICKET	FOOTBALL WORLD CUP

**£20.00 Daily**  
**20% Discount for siblings**

To book please message us on 07547190351  
or on social media @champkidcamp

## Community Pages (cont) ....

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07486 124414

You are invited to the  
**ADHD Support Group Meeting**  
**Wednesday, 12<sup>th</sup> February 2025**  
**7:30-9:00pm**

St Oswald's Social Club, Padgate Lane, WA1 3LE

### Our Aim

The aim of the group is to provide help and support to anyone affected by ADHD/ADD and associated conditions.

We don't claim to be experts, just families that have come together to support each other.

You do not need to have a confirmed diagnosis, and this is NOT something we can help with, but we are here to listen and share our experiences.

### Working Together

The group is predominately led by parents. Members can be involved as little or as much as they would like.

Confidentiality is paramount so parents and carers can share their problems - this is sometimes half the battle. Being understood is the other.

We also encourage you to tell us what is missing within your support network.

### Our February Meeting

This month we have invited  
**Clare Gillen,**  
who will provide information about

## **ADDvanced Solutions**

Who they are and what they offer.  
Learn about the workshops,  
training sessions and community  
network groups they run.

### Your friendly support group

Join the group and.....

- *Meet your Committee*
- *Meet new friends*
- *We can listen and support you*
- *Meet professionals and gain valuable knowledge*



*There is a small charge of £1 to cover the cost of refreshments.*

**Facebook: @AdhdWarrington**

*The ADHD Support Group is adults only (for now) and we look forward to seeing you at our meetings. If you would like to contact us, please call 07486 124414*