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Monday	Tuesday	Wednesday	Thursday
<ul style="list-style-type: none"> • 2pm Yesterday Wonders of the Monsoon: People of the Monsoon 5/5 In the rice paddies of Assam, India, farmers battle a herd of hungry elephants over their crops, while on the Philippine island of Palawan, near Borneo, people still hunt in the forest and live in caves for part of the year. • 7pm. Channel5 Around the World by Train with Tony Robinson: Arctic Circle 6/6 Tony rides the Arctic Circle Train south to the town of Kiruna, on the edge of Swedish Lapland, which is undergoing a transformation as it's being moved building by building to a whole new area. Tony also gets to see behind the scenes at the famous Ice Hotel, a structure which is rebuilt every year from ice taken from the nearby Torne river. 	<ul style="list-style-type: none"> • 9.55am Sony Movies Action Pompeii 1/2 Drama centred on the lives of a handful of individuals living in Pompeii shortly before the eruption of Mount Vesuvius in 79 AD. • 2pm Yesterday Galapagos: Born of Fire 1/3 High-definition cameras and aerial photography techniques are used to explore the archipelago, which is rich in wildlife and made famous by Charles Darwin's On the Origin of the Species. This programme focuses on the geological history of the islands through the evidence of volcanic eruptions and examines what makes it unique. Tilda Swinton narrates. 	<ul style="list-style-type: none"> • 2pm Yesterday Galapagos: Islands that Changed the World 2/3 How species that have successfully evolved to suit the environment - tortoise shells have changed shape, flowers have turned yellow to attract bees & finches have become warblers. • 5pm 5Star Killer Weather: Nature Fights Back 2/8 An explorer was almost burned to death when acid rain caused by an erupting volcano fell on him & burned through his gear & clothing. • 8pm ITV1 Absolutely India: Mancs in Mumbai Brothers Ryan, Adam & Scott Thomas embark on a journey to trace their family roots in India. The brothers are on the trail of a very special cousin, before exploring one of Mumbai's most vibrant neighbourhoods. 	<ul style="list-style-type: none"> • 2pm Yesterday Galapagos: Forces of Change 3/3 An insight into how creatures adapt to the islands' extremes of weather, including iguanas that climb more than 1,000 metres to lay eggs, fish forced to rely on the shade provided by mangroves, and seals that survive on exposed shorelines by taking shelter in lava grottos. • 8.05pm C4 Spring at Jimmy's Farm A small camera crew follows Jimmy Doherty and his team during these difficult times as they 280 acres of land on his Suffolk farm and care for a wide variety of animals, from sheep and pigs to camels and meerkats.
Friday	Saturday	Sunday	Feature of the Week
<ul style="list-style-type: none"> • 2pm Yesterday Mountain: Life at the Extreme 1/3 The extraordinary animals and people who make their homes in mountain ranges around the world, beginning with the Rockies. • 8pm Channel5 The World's Most Scenic Railway Journeys: African Safari 2/10 A 500-mile journey across South Africa in a luxury hotel train, which travels between Pretoria and Durban on the coast over the course of three days. The first stop along the way is Nambiti Private Game Reserve, home to rhinos and elephants, before moving on to the country's most famous battlefields and the Drakensberg Mountains. 	<ul style="list-style-type: none"> • 1.50pm BBC2 Hugh's Wild West 8/12 Hugh Fearnley-Whittingstall extensive wildlife tour continues as he visits Dorset, where the mild climate has provided all kinds of creatures with ideal habitat conditions. • 7.50pm Channel5 How the Victorians Built Britain Michael Buerk narrates a documentary looking at landmark concepts and structures from the Victorian era that transformed the nation, examining sewers, bridges and trains, including London's underground. The programme also looks at advancements in hospitals and surgery, the ships that changed trading pathways for ever, and holidays. 	<ul style="list-style-type: none"> • 12noon Dave Expedition with Steve Backshall: Arctic Frozen Frontier 7/10 Steve and his team of explorers head to Greenland in the Arctic. Kayaking the world's largest fjord, they dodge giant icebergs and hungry polar bears. • 7.15pm BBC2 Mediterranean with Simon Reeve 4/4 The final leg of the journey takes in Morocco, where Simon visits a land borders between Africa and the European Union, and the coast of Spain, taking in the scale of the country's fruit and vegetable industry. He discovers why tourists are actively discouraged from visiting Corsica and goes diving in waters that have the highest fish population in the Mediterranean. 	<p>Saturday 6.25pm BBC1 Eurovision: Come Together With Eurovision 2020 unable to go ahead as planned, Graham Norton gives viewers the chance to vote for their all-time favourite Eurovision song from an eclectic shortlist, selected by a panel of experts. Graham also chats to James Newman, who was due to represent the UK in Rotterdam this year. There are previews of some of the other most talked-about acts who were due to take to the stage this year, and Eurovision fans and recreate classic moments in their homes. Get your face paints and flags out!</p> 