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Monday	Tuesday	Wednesday	Thursday
<ul style="list-style-type: none"> • 2pm BBC2 Coast 4/11 Western Europe's most dramatic shorelines, telling stories, investigating notable landmarks and exploring natural enigmas that have played an important role in the region's development. This edition focuses on the mysteries of the British Isles. • 7pm Channel5 The World's Most Scenic Railway Journeys: African Safari 2/10 A 500-mile journey across South Africa in a luxury hotel train, which travels between Pretoria and Durban on the coast over the course of three days. The first stop along the way is Nambiti Private Game Reserve, home to rhinos and elephants, before moving on to the country's most famous battlefields and the Drakensberg Mountains. 	<ul style="list-style-type: none"> • 2pm Yesterday Mountain: Life Above The Clouds – Andes 3/3 Life on the longest mountain range in the world, the Andes, home to astonishing hidden worlds, and extraordinary animals and people. • 5.55pm More4 Great Canal Journeys 2/4 Timothy West and Prunella Scales continue their journey and reach the Rochdale Canal - a waterway that was a main artery for the textile industry at the height of the Industrial Revolution. They begin in Sowerby Bridge, West Yorkshire, and head west through Mytholmroyd, before journeying up over the Pennines to the canal summit, more than 600ft above sea level. 	<ul style="list-style-type: none"> • 2pm Yesterday Ganges 1/3 Exploring the story of the river, following its course from the Himalayas to their foothills. The programme reveals its enormous influence on the day-to-day living of a continent, how it has shaped Indian culture and religion and why it attracts a vast array of wildlife including snow leopards, Asiatic brown bears and bearded vultures. • 8pm ITV1 Absolutely India: Mancs in Mumbai Manchester-born brothers Ryan, Adam and Scott Thomas embark on an epic journey to trace their family roots in India, joined by their dad Dougie, whose father was born in Mumbai. 	<ul style="list-style-type: none"> • 2pm Yesterday Ganges 2/3 How the Gangetic Plains, once a wilderness teeming with wildlife, have been transformed into one of the most densely populated places on Earth - and how the region's tigers, lions, cheetahs and other species have been affected by human encroachment on their habitat. • 4pm Yesterday Impossible Railways How some of our greatest railways have challenged engineering's finest minds in their efforts to conquer the planet's waterways, including a tunnel beneath the English Channel.
Friday	Saturday	Sunday	Feature of the Week
<ul style="list-style-type: none"> • 9am BBC2 Natural World 1/8 After being colonised by humans, Puerto Rico's rich natural resources were rapidly exploited for agriculture, industry and urban development. This documentary follows a conservation team fighting to save the most endangered creatures from extinction after they have been pushed to the edge of existence by human encroachment. • 2pm Yesterday Ganges 3/3 The final leg of the river's journey sees it join its tributary the Brahmaputra. As the waters merge, they overspill their banks to fan out into hundreds of smaller rivulets and create the world's largest delta. 	<ul style="list-style-type: none"> • 5pm BBC2 Hugh's Wild West 8/12 Hugh Fearnley-Whittingstall goes in search of wildlife in the West Country and meets some of the region's most dedicated nature lovers. • 8.20pm BBC2 Great Asian Railway Journeys Michael Porfillo's 2,500-mile rail tour of south-east Asia reaches Malaysia. On the island of Penang, he traces the origins of the former British colony in Georgetown, rides one of the world's steepest funicular railways and is enchanted by exotic specimens at Malaysia's first butterfly sanctuary. Travelling on the nation's hi-tech railway network Michael visits its wettest town, Taiping, and learns how the discovery of tin made this land a prized possession for Britain. 	<ul style="list-style-type: none"> • 1pm BBC2 Natural World 14/14 Exploring the London's surprising and secret wildlife, including seals, parakeets, badgers, foxes and even pelicans who have made London their home. • 7.15pm BBC2 Burma with Simon Reeve 1/2 Documentary exploring the country in the aftermath of the recent humanitarian crisis in which thousands of Rohingya Muslims were driven from their homes by the military. Simon visits Burma's Buddhist heartlands, including the ancient capital of Bagan, and meets the city's controversial nationalist monks. While the region affected by the military crackdown is off limits, he is able to visit the world's biggest refugee camp in Bangladesh, and meet people traumatised by the violence. 	<p>Saturday 11am BBC2 Back in Time for the Factory Fifty years ago, 34 per cent of the British population worked in manufacturing. Factories mostly employed women, who made an array of clothes and household items that were sold all over the world. Alex Jones presents this documentary in which a group of modern workers go back in time to learn what life was like for women through the 1960s to the 1980s. They start in a re-creation of 1968, when the bulk of high street clothes were made in the UK. The reality of the production line is a rude awakening for many - long monotonous hours with short breaks and few distractions - a situation made even worse when they open their pay packets.</p> 