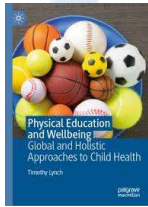




Physical Education - Physical education provides cognitive content and instruction designed to develop motor skills, knowledge, and behaviors for physical activity and physical fitness. Physical education can provide students with the ability and confidence to be physically active for a lifetime.

Career pathways: Teacher, Physiotherapist, Lecturer, Sports Coach, Lifeguard, Sports Development Officer, Strength and Conditioning Coach, Fitness Instructor



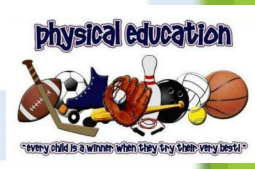
|   |  |                   |
|---|--|-------------------|
| Spring Term (1)   | Spring Term (2)  | Summer Term (1)   |
| Basketball/Yoga<br>(Creating healthy and active futures)    | Team Games<br>(Creating healthy and active futures)    | GCSE Examinations |
| Autumn Term (2)   | Autumn Term (1)  |                   |
| Football/Badminton<br>(Creating healthy and active futures) | Fitness Training (Creating healthy and active futures) |                   |

YEAR  
**11**

End of year examinations

|   |   |   |
|---|---|---|
| Spring Term (2)   | Summer Term (1)   | Summer Term (2)   |
| Cricket/Ball Skills<br>(Striving and thriving in PE)<br>BTEC Students - Unit 6<br>Leading Sports Activities | Athletics<br>(Striving and thriving in PE)<br>BTEC Students - Unit 2<br>Practical Sports Performance    | Rounders/Softball<br>(Striving and thriving in PE)<br>BTEC Students - Unit 2<br>Practical Sports Performance  |
| Spring Term (1)   | Autumn Term (2)   | Autumn Term (1)   |
| Fitness Training<br>(Striving and thriving in PE)<br>BTEC Students - Unit 6<br>Leading Sports Activities    | Basketball<br>(Striving and thriving in PE)<br>BTEC Students - Unit 1<br>Fitness for Sport and Exercise | Football/Netball<br>(Striving and thriving in PE)<br>BTEC Students - Unit 1<br>Fitness for Sport and Exercise |
| Spring Term (2)   | Summer Term (1)   | Summer Term (2)   |
| Cricket/Ball Skills<br>(Developing skills and embedding knowledge)  | Athletics<br>(Developing skills and embedding knowledge)  | Rounders/Softball<br>(Developing skills and embedding knowledge)  |

YEAR  
**10**



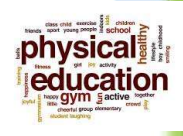
|  |   |   |
|--|---|---|
| Spring Term (1)  | Autumn Term (2)   | Autumn Term (1)   |
| Sports Leaders/Fitness Training<br>(Developing skills and embedding knowledge) | Rugby/Basketball<br>(Developing skills and embedding knowledge) | Football/Netball<br>(Developing skills and embedding knowledge) |
| Spring Term (2)  | Summer Term (1)   | Summer Term (2)   |
| Cricket/Ball Skills<br>(Broadening sporting experience)                        | Athletics<br>(Broadening sporting experience)                   | Rounders/Softball<br>(Broadening sporting experience)           |
| Spring Term (1)  | Autumn Term (2)   | Autumn Term (1)   |
| Sports Leaders/Fitness Training<br>(Broadening sporting experience)            | Rugby/Basketball<br>(Broadening sporting experience)            | Football/Netball<br>(Broadening sporting experience)            |

YEAR  
**9**



|   |  |   |
|---|--|---|
| Spring Term (2)   | Summer Term (1)  | Summer Term (2)   |
| Cricket/Ball Skills<br>(Creating a positive environment for Physical Education)             | Athletics<br>(Creating a positive environment for Physical Education)        | Rounders/Softball<br>(Creating a positive environment for Physical Education) |
| Spring Term (1)   | Autumn Term (2)  | Autumn Term (1)   |
| Sports Leaders/Fitness Training<br>(Creating a positive environment for Physical Education) | Rugby/Basketball<br>(Creating a positive environment for Physical Education) | Football/Netball<br>(Creating a positive environment for Physical Education)  |

YEAR  
**8**



YEAR  
**7**

Your SUBJECT Parkfield journey starts here... SATs Parkfield induction days