

Feedback

Since doing the programme I have tried different ways to diffuse tantrums which ended in both me and my child laughing.

Learning techniques, changing the conversation and working through feelings was good for both of us.

I'm not getting into trouble as much at school and I'm doing pretty good at home too.

I have learnt more in the last hour than I have in the past five years of parenting.

Local **services** for you

BCP Council Family Information Directory (FID)

T. 01202 093131 E. familyinformation@bcpcouncil.gov.uk

BCP Council Children's First Response Team (MASH)

T. 01202 123334 E. childrensfirstresponse@bcpcouncil.gov.uk

SENDiass4BCP: Special Educational Needs support

T. 01202 128181 E. sendiass@bcpcouncil.gov.uk

BCP Council Youth Access Point (YAP) 12-19 years

T. 07880 480602 E. UPinBCP@bcpcouncil.gov.uk

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E: earlyhelpnavigator@bcpcouncil.gov.uk

 BCP Family Information  @BCPFamilyInfo  @bcpfamilyinformation

The school **navigator**

Supporting children, young people and families by providing the right support at the right time.

fid.bcpCouncil.gov.uk

For parents, carers, children and young people: 5 to 19 years



What is a school navigator?

BCP Council navigators work in partnership with schools to support you and your child to achieve their best outcomes.

Your school has a dedicated navigator who you can contact direct, via your school, or be referred to from the school or other agencies. The navigator can signpost to additional services.

What services do navigators offer?

- direct working with children at school
- delivering parenting programmes
- offering one-to-one parenting support
- running targeted group sessions for families
- support to identify and access services
- supporting the relationship between school and families
- providing drop-in sessions



What support do navigators offer?

School navigators are here to provide children, young people and families with personalised support to individual situations. This can include emotional, behavioural and mentoring support and can be offered as follows:

Parenting programmes:

Navigators deliver a range of free parenting programmes, delivered in your child's school and at local family hubs. Your navigator will enrol you on the appropriate parenting programme, which will usually be in group sessions. If you are unsure who your school navigator is then please speak to your school's pastoral care team.

Programmes specifically for children and young people:

Navigators offers one-to-one support and group programmes for children and young people within their school such as '[think bricks](#)' and '[grounded](#)'. Please speak to your school or navigator for further information.

Signposting to additional services:

Navigators can identify your needs, support you with filling out forms and signposting you to specific services relevant to your personal situation.

Targeted sessions:

Targeted sessions can be offered to families, supporting the relationship between school and home. Drop-in sessions are available to your child, or young person, at their school and offer friendly and approachable ways for them to express themselves.

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